

# 2022 - 2023



**North East Olympic Games: Table Tennis:**  
 Alberto Lr Ruata – 2003BA006 – 3 Golds, 1 Silver;  
 John Zamliana Khawhling – 2003BA186 – 2 Golds, 2 Bronze;  
 Lalruatsanga – 2003BA383 – 1 Gold, 1 Silver. cont....



Lalramdinthara Pachuaui - 2103BA327 won Gold in the 4th Invitation Championship Badminton Tournament, Durtlang, Leitan, Aizawl, Mizoram (26 – 30 July, 2022)

**North East Olympic Games: Weight Lifting (96 kgs):** Laldinpuia Pachuaui – 2003BA239 – Silver.

[https://meghalaya.gov.in/sites/default/files/press\\_release/2nd\\_NEOG\\_2022\\_Final\\_Medal\\_Tally.pdf](https://meghalaya.gov.in/sites/default/files/press_release/2nd_NEOG_2022_Final_Medal_Tally.pdf)  
 cont.....



The HBC Choreography Club performed at MIZO DANCE CAMP -Winter ShowCase 2022 held at Vanapa Hall on 15<sup>th</sup> December 2022.



  
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During 15-22 Sept Khelo India East Zone Boxing Championship was held at Guwahati, Assam. C Lalrinfeli 2203BA participated in the 45-48 kg category Boxing (women) at the All India Inter University held at MDU, Rohtak from 27-31 Dec, 2022 was awarded Gold in the 46 kg category.







**Bronze was won by John Zamliana Khawlhiring – 2003BA186 & Lalruatfela – 2203BA306 in The 37th Mizoram State Table Tennis Championship 2022-2023 which was held at Mizoram Table Tennis Hall on 29 – 31 March, 2023**



**Lalengmawia 2003BA243 Was part of the Indian Team in the Hero Intercontinental Cup (9-18 June, 2023 and the SAFF Championship 21 June – 4 July, 2023 Khel 'ootbal.**



**The Domestic Zonal Cricket Duleep Trophy 2023-2024 was conducted from 28 June – 16 July 2023, Joseph Lalthankhuma 2103BA191 was selected for the North East Zone Team.**

  
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(HBC Cheerleaders) Lalramngheti , Deborah Lalhriatpuii, Laltlansiami, Evelyn Lalngaihzuai, and Esther Lalhmingmawii participated in the Mizoram Dance Sports & Movement Championship at Dawrpui Multipurpose Hall from the period of 27<sup>th</sup> -30<sup>th</sup> June





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Lalsangzeli, V Remsangpuii, Lalruatdika, Lalremsanga, Christina Lalchhanchhuahi, Zorempuii participated in the Mizoram Dance Sports & Movement Championship (Hei Raw) at Dawrpui Multipurpose Hall from the period of 27<sup>th</sup> -30<sup>th</sup> June 2023





The Freedom Arts Society (FAS) of Govt Hrangbana College held its annual FAS – Show on the 28th of April 2023 wherein the various clubs came together to put up a spectacular evening of entertainment showcasing the various skills of the students of GHBC. The Chief Guest, Angela Zothanpuii, Director, Labour Employment and Skill Development and Entrepreneurship graced the occasion.. Art exhibition showcasing the artistic skills of the students was held and Innovation club put up food and craft stall.



Zunleng cultural club, one of the best cultural club of Govt Hrangbana College participated and won **Third Prize in the MSU Cup 2023 ( Annual Inter-college competition ) - Cheraw dance** held during 12 -24 April 2023



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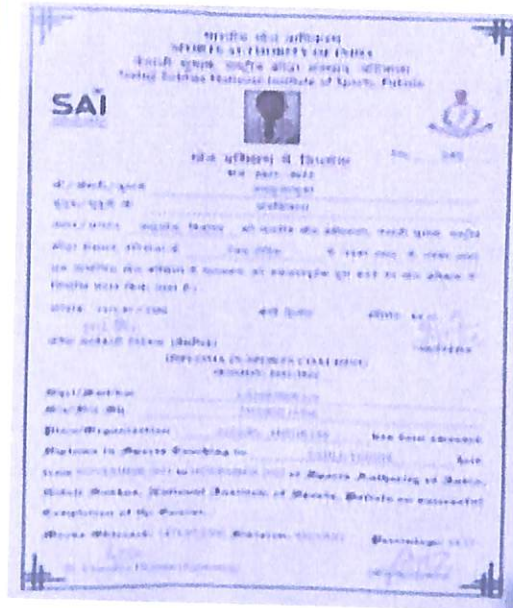
The college Cultural Club participated and performed vibrant Mizo folk songs and dances in the G20 Meet at Dawrpui Multipurpose Hall, Dawrpui



Aizawl, Mizoram, India  
PPG9+J6X, Dawrpui, Aizawl, Mizoram 796001, India  
Lat 23.726501°  
Long 92.716136°  
26/07/23 01:20 PM GMT +05:30



Literary Evening- Meet the Author programme was organized on 2<sup>nd</sup> March 2023. An Interactive Session with PC Lalremruati, Author of 'I TI THEI'. This Literary Evening was organized by Literature Club and members of the club contributed much in this programme. A Book Exchange session was also made as part of the programme.



Lalhunhlua - awarded Diploma in Sports coaching in Table Tennis November 2021-November 2022 at Sports Authority of India, , Patiala.



The 37th Mizoram State Table Tennis Championship 2022-2023 was held at Mizoram Table Tennis Hall on 29 – 31 March, 2023 in which our students did very well in Men's Singles.. Gold was won by - Jeho Himnakulhpuingheta - 2103BA168. Silver was also - Alberto Lr Ruata – 2003BA006. Bronze was won by John Zamliana Khawlhring – 2003BA186 & Lalruatfela – 2203BA106.



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Mizoram Students' Union (MSU) Cup was held during 12 -24 April 2023. Our students did very well and their achievements are as follows : Volleyball (Women)- Silver



Mizoram Students' Union (MSU) Cup was held during 12 -24 April 2023. Our students did very well and their achievements are as follows : Volleyball (Men)- Gold



Between 15-24 April, 2023 the International Kickboxing Training Camp was held at Panchgani, Maharashtra which Lalremruata 2103BA344 participate and was awarded 1st Degree Blackbelt.



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R.Lalruatkima has participated in Sketching and secured 3<sup>rd</sup> position at the MZU Virthli 2023 organized by Mizoram University Students' Council held during 10<sup>th</sup> - 14<sup>th</sup> April 2023





**Basketball (Men only)- Gold - Mizoram Students' Union (MSU) Cup** was held during 12 -24 April 2023.



In the Mizoram Table Tennis Association Season Opening Table Tennis Championship 2023 held on 28-30 June 2023, the Gold medal was won by - Jeho Himnakulhpuingheta-2103BA168 and Silver was won by Alberto Lr Ruata-2003BA006.



College Debate Team won the first ever Inter-College Debate organised by Adumavar on 29 April 2023 at Dawrpui Multipurpose Hall. Two teams from the College participated in the event.



The 37th Mizoram State Table Tennis Championship 2022-2023 was held at Mizoram Table Tennis Hall on 29 – 31 March, 2023 in Men's Singles.. Gold was won by - Jeho Himnakulhpuingheta

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David Zoremsanga has participated in **Sketching** and secured **2<sup>nd</sup> position** at the **MZU Virthli 2023** organized by Mizoram University Students' Council held during 10<sup>th</sup> - 14<sup>th</sup> April 2023 .



On 20<sup>th</sup> – 24<sup>th</sup> March 2023, The 21<sup>st</sup> MZU Sports Meet was held. In this event, our students did very well. We are proud to say that our students had become the overall champion in this University Sports Meet by bagging the following medals: **Gold in Cricket, Table tennis (M), Chess, Basketball (M), Volleyball (W), football (W), Football (M).**

**Silver medals in Table tennis (W), Badminton (M), Badminton (W), Athletics(M), Athletics (W)**

Zoramhmangaiha was awarded commendation in the '**Painting Competition : Student**' organized by PHE Department Mizoram in celebration of **World Water Day 2023- Accelerating Change-Chak zawka Hmasawn.**



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The Literature Club organized a Winter Fest on 14<sup>th</sup> February 2023 a Book Exhibition / Bookmark Sale at the College Alumni Arena.

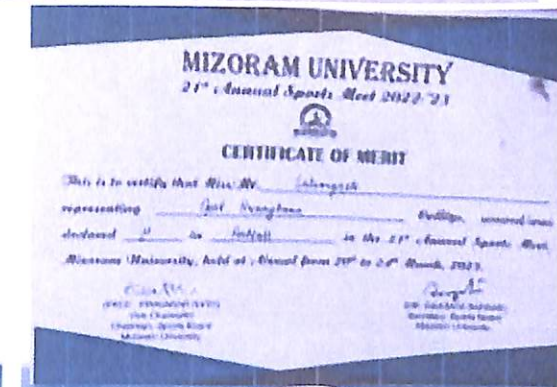
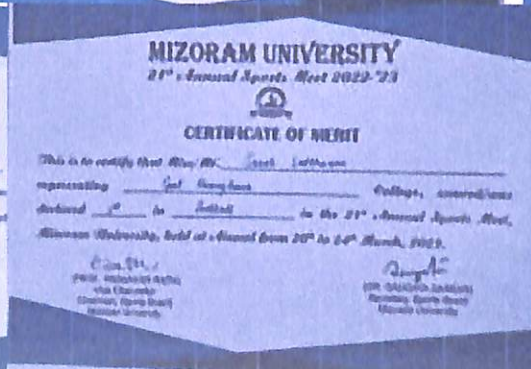


20th – 24<sup>th</sup> March 2023, The 21<sup>st</sup> MZU Annual Sports Meet

At the All India University Taekwondo Championship, Guru Nanak Dev University, Amritsar held between 10 - 12 Jan, 2023 Vanlalmuanpuii Ralte - 2103BA604 & H. Vanlalfela - 2203BA112 won Bronze in the pair category.



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Yugen- college band of music club won 2<sup>nd</sup> place in the Battle of Bands, held under incandescence, NIT, Silchar in the NIT Thunder-march Band Competition on 17-19 Feb 2023. Band members : Malsawmtluanga, Jonathan V, Lalthansanga Varte, PC Lalthazuala ( Best Bassist), Lalchhanchhuaha, R Lalnunkima.



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**Reliance Foundation Youth Sports – Aizawl 2022 –CB (College Boys)** was conducted from 31 Nov –7 Nov, 2022. Our College Team were 1<sup>st</sup> Runner’s Up while R Lalnunmawia–2203BA395 received the **Golden Gloves Award**  
<https://www.rfy>

**The 38th Senior International Taekwondo Championship 2023**, was held from 10-12 Feb, 23 at Guru Nanak Dev University, Poducherry. H. Vanlalfela - 2203BA112 and Daniel Lalthumthanga – 2203BA065 both won **Bronze medal** in their respective categories.



Four of our women Hockey players participated as part of the Mizoram Univ team and reached semi finals in the **All India Inter University Hockey (Women)** , BHU, Varanasi from 20-24 Dec, 2022. The participants are - Cs Ramsangliani, Lalnunsang, Vanlalfaki and Lalsangzeli, all from the V semesters classes.

  
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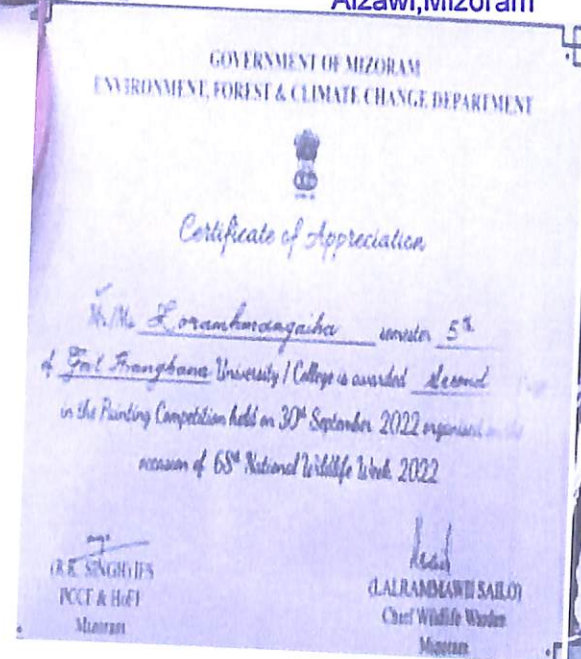
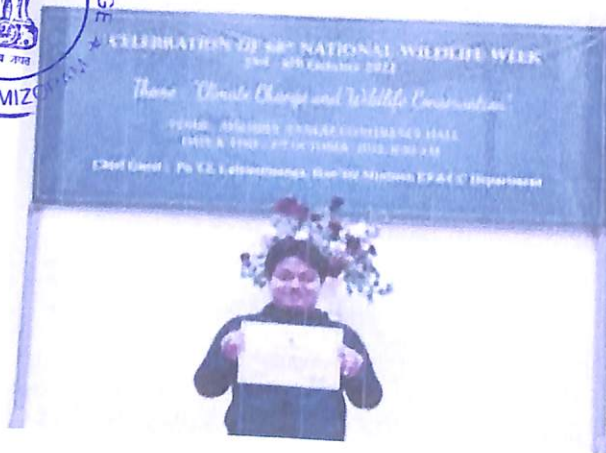


Lalremsiami - 2003BA340 was selected for the FIH Hockey Women's World Cup Spain and Netherlands <https://olympics.com/en/news/fih-women-world-cup-hockey-2022-india-squad-rani-rampal> <https://www.fih.hockey/events/world-cup/women/fih-hockey-womens-world-cup-spain-and-netherlands-2022-1388> from 1-17 July 2022.



  
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The Mizoram Volleyball Tournament 2022 was held at TNT, Muanna veng and organized by the Mizoram Volleyball Association on 22 Oct 2022. The U-18 college girls team won gold in this event.







Hero Futsal Club Championship was held between 8-19 Feb, 2023 at New Delhi. Vanlalhruaia – 2103BA597 was part of the Mizoram Team that reached the Semi Finals.



C. Vanlalroluahtumi stood 2nd position in the Zonet organized Mizo Idol Season 7 - singing competition at Aizawl on 23rd September 2022.

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The 72nd Junior National North East Zonal Basketball organized by Basketball Federation of India, (14-17 October, 2022) at Neigrihims, Shillong, Meghalaya. Our students-Lawmsangzuala - 2003BA397 & Jessai Malsawmtluanga – 2203BA145 were part of the Gold winning Mizoram Team.



36th National Games was conducted from 5-12 Oct, 2022, Gujarat. Sarah Lalthazovi-2103BA545 was part of the Mizoram Women's Football Team

East Zone Universities for All India University Volleyball Tournament, Kalinga Institute of Social Science, Bhubaneshwar was conducted from 10-13 Dec, 2022. In the MZU Team, eight (8) were form our College. From there on five (5) continued on to Sikkim to be part of the Gold winning Mizoram Team in the North-East Volleyball Invitation, Sikkim (16-18 Dec, 2022)

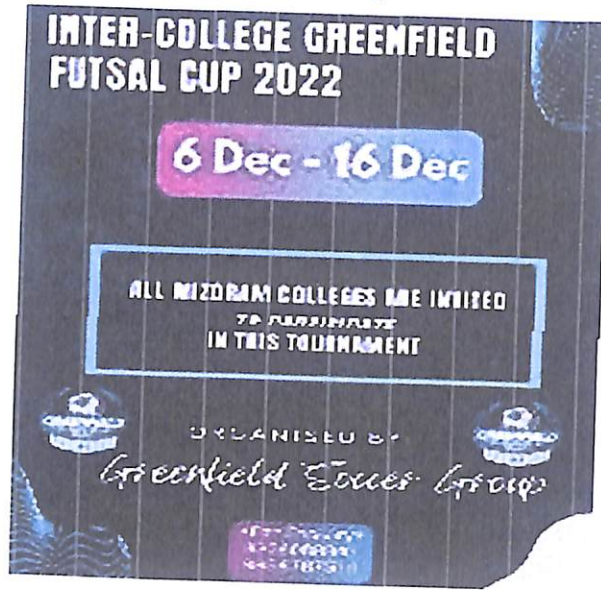




All Mizoram Inter-College Greenfield Futsal Cup 2022 was held between 8- 16 December, 2022. Two Teams from of College won the Bronze



In the Under-19 category Alberto LR Ruata won Gold and Lalruatfela – received Bronze in the Mizoram Ranking Table Tennis Championships 2022 was held from 29 Sept - 1 October 2022



Lalremsiami continued her journey to Birmingham, England for the XXII Commonwealth Games 2022 (28 Jul 2022 – 8 Aug 2022) and was part of the

Bronze Medallists Team India. The FIH Women's Nations Cup, Valencia, Spain was held from 11- 17 Dec 2022 and Lalremsiami – 2003BA340 was part of the Indian Team.

In the Senior category Alberto Lr Ruata – 2003BA006 won Gold, while Lalruatfela – 2203BA306 received Bronze. In the Under-19 category Lalruatfela – 2203BA306 won Gold



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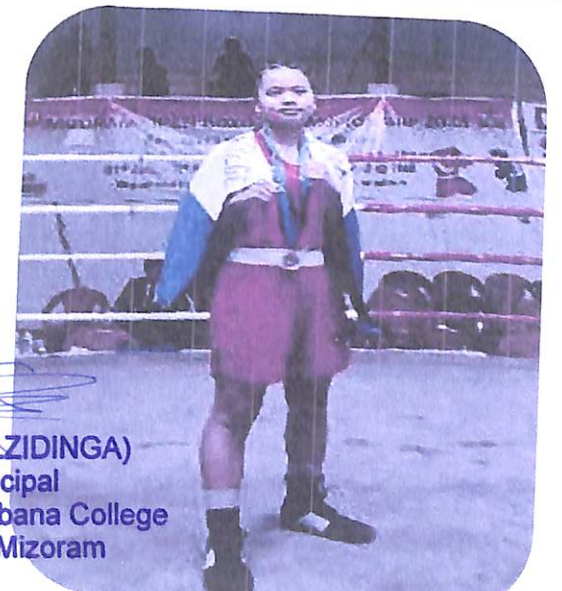


From 11-19 Nov, 2022 East Zone Universities for All India University Football Tournament, was held at BIT Mesra, Ranchi. The Mizoram University (MZU) Team were selected from different Colleges of Mizoram, ten (10) were form our College.

Taekwondo  
 Championship 2022, 16  
 – 19 August, 2022 at R  
 Dengthuama Hall,  
 Mualpui, Salem Veng,  
 Aizawl, Mizoram. H.  
 Vanlalfela - 2203BA112  
**Gold - Poomsae**  
**individual Gold -**  
**Poomsae Pair Gold -**  
 Fight under 68kg  
 Vanlalmuanpuii Ralte -  
 2103BA604 **Gold -**  
**Poomsae Pair Bronze**  
**Poomsae (individual)**  
**The Mizoram Open Boxing Championship**  
**2023**, Sponsored by 42 Assam Rifles was held  
 from 31 Jan – 3 Feb. 2023. C Lalrinfeli  
 2203BA042 won **Gold** in the 46 kg category.



**Zonet Fight Night**  
 was conducted  
 during Jan – Feb  
 2023, and C  
 Lalrinfeli reached  
 the **Quarter**  
**Finals.**



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The East Zone Inter University Table Tennis Tournament 2022-2023, was conducted between 19-22 December, 2022 Guwahati, Assam, representing MZU, they won Silver. They are Alberto Lr Ruata – 2003BA006, John Zamliana Khawlhing – 2003BA186, Lalruatsanga – 2003BA383, and Jeho Himnakulhpuingheta - 2103BA168



[https://www.instagram.com/reel/C125439BPqQ/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/reel/C125439BPqQ/?utm_source=ig_web_copy_link) Jeho

Himnakulhpuingheta - 2103BA168 won Gold in the 16th Memorijal Mirko Abramovic – Croatian Table



Tennis Association, Varaždin, Croatia (4 – 6 Nov, 2022)

North East Olympic Games: Football: Gratus Lalhnehlina – 2103BA125; T Lalmuanawma 2103BA577 ; Caleb Lalnunhlua 2203BA052 – Gold



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**North East Olympic Games** was conducted from 10-16 Nov, 2022 at Shillong, Meghalaya. A number our students were selected to represent Mizoram:



**North East Olympic Games: Taekwondo:**  
 Daniel Lalhumthanga – 2203BA065 – **Gold**;  
 Vanlalmuanpuii Ralte - 2103BA604 – **Bronze**;  
 H. Vanlalfela - 2203BA112 – **Bronze**.

Daniel Lalhumthanga – 2203BA065 was the **Flag bearer** for Team Mizoram. Vanlalmangaihthangi – 2003BA571 was one the **Referees** in Taekwondo



cont..

  
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**North East Olympic Games: Basketball:**  
 Vanlalrinchhana  
 2003BA587 – **Gold & MVP**  
 cont...







Zoramnghaka, 5<sup>th</sup> Semester, has won 1<sup>st</sup> prize in the Inter-college Yuva Tourism Clubs Handmade Poster Making Competition 2022 for the theme 'Mizo Traditional Practices' organized by Tourism department, Government of Mizoram.



In the MSU organized UPSC Challenge Inter College Quiz Competition 2022, the college Quiz team won 1<sup>st</sup> prize which was held during 25<sup>th</sup> August to 14<sup>th</sup> September 2022. Andy L. Khawbung was declared and awarded 'Best Quizee'

**VALENTINE'S DAY SPECIAL**  
(ENGLISH and MIZO)

**LOVE LETTER WRITING COMPETITION RESULTS**

1<sup>st</sup> Prize - Ryn.H (Rs. 500 + book prize)

2<sup>nd</sup> Prize - Reuben Lalenkawla (Rs. 300 + book prize)

3<sup>rd</sup> Prize - Kimz (Rs. 200 + book prize)

Consolation - Pu ZoVa & Catherine Lalbiaknungi

ORGANISED BY THE LITERATURE CLUB, CHB

Note: All writings to be published in book form

The Literature Club of our college organized a Love Letter Writing Competition on the occasion of Valentines Day Special. The prize winners were announced on 16<sup>th</sup> February 2022. The 1<sup>st</sup> Prize was won by Ryn.H (Rs 500 +book prize). Reuben Lalenkawla took the 2<sup>nd</sup> Prize (Rs 300+book prize). Kimz took the 3<sup>rd</sup> prize (Rs 200 + book prize ) Consolation prize winners were Pu ZoVa and Catherine Lalbiaknungi.



  
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Jeho Himnakulhpung won Gold in the open Nagaland ping pong championship on 28 - 29 Nov 2022 . The four-day event was organized by North East India Academy of Performing Arts (NIAPA). He won gold in Men's Singles. Jeho also received the NIAPA star award 2022.



# 2021-2022



Lalremsiami, a national hockey player who got selected to play in the prestigious :Tokyo Olympic as India Team , 23 July to 8th August 2021 (4th place). She is the first woman player from Mizoram.



Lalengmawia was awarded Young Achiever of the Year Organized by Lelte on the 30th Mizoram Music Award on 6th November 2021 (pic 2: Lalengmawia's mother receiving the award for her son)

  
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Sports Woman of the Year Award, 2021 was given to Lalremsiami in the 1st Annual Mizoram Sports Award 2021 on 11 December 2021





**ALL INDIA INTER UNIVERSITY -  
TAEKWANDO CHAMPIONSHIP  
2021-22**  
Lalthlamuanpuia, won silver  
medal in All India Inter  
University sports in  
Taekwondo held at Jimmy  
George Stadium,  
Trivandrum, Kerela - 14th  
to 17th March 2022



**Online Open  
National  
Taekwondo  
Poomsae  
Championship,  
2021 :  
Lalthlamuanpuia  
secured Gold  
Medal in Black Belt  
Under 30 (male)  
Category on 16th  
August 2021.**

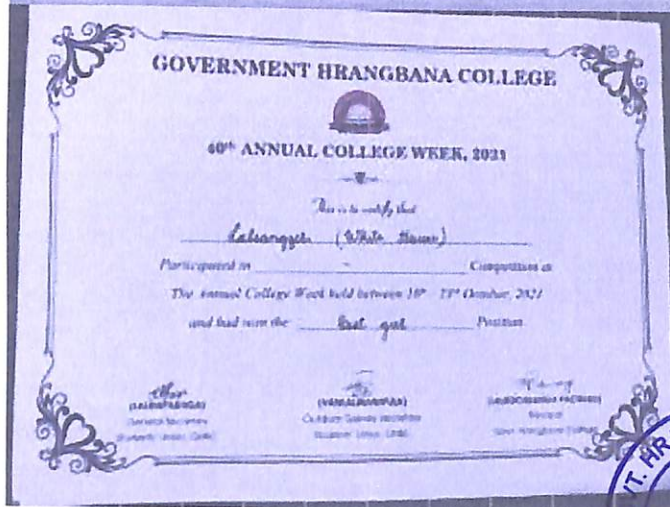
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Angela Zonunmawii, stood 3rd position in 'Virtual Folk Dance and singing competition,' (Pi Pu Zai) 2021. (March 28 to 8 Sept 2021) organized by Mark Adv. - Social Welfare & Tribal Affairs Deptt, Govt of Mizoram and Ministry of Tribal Affairs, Govt of India



Lalrinhlui, Mizoram Badminton Association Rank No. 1 (Womens') 2021. She won Gold Medal in the Womens' Singles and also won Gold in Mixed Doubles at the Kolasib Open 2021 - Mizoram Badminton Association Ranking Tournament, at Hmarveng, Kolasib, Mizoram from 22nd to 26th November 2021.

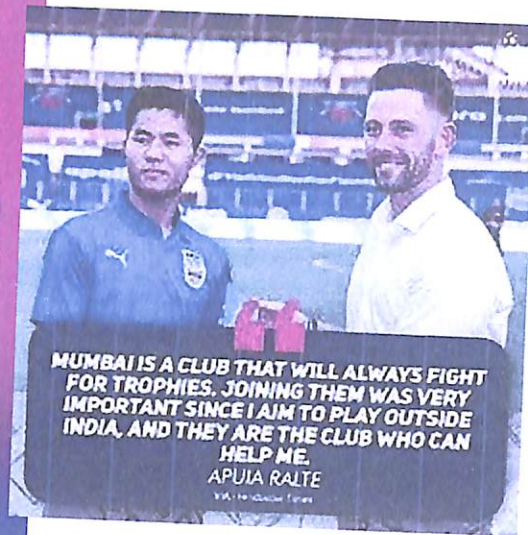


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Jeho Himnakulhpuingheta has secured 3rd place in Youth Boys Singles (U-19) in the UTT National Ranking Table Tennis Championships - 2021 held at Panchkula (Haryana) from 18th to 22nd October 2021





Sports Man of the Year Award, 2021 was given to Lalengmawia in the 1st Annual Mizoram Sports Award 2021 on 11 December 2021



Mumbai city FC signed with Apuia ( NEU FC) a record transfer fee ( fee paid by one club to another for the transfer of a player) on a 5 year contract ( from Aug 13, 2021 to may 31, 2026) . It is the biggest transfer in ISL history. The fees paid to NEU FC was Rs 13 crore by Mumbai FC.a



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Lalengmawia was declared Indian Super League - Emerging Player of the season (2020-2021 ) Award and Emerging Player for the Month for December 2021



Four of the college Table Tennis players (Boys' Team) represented Mizoram University and they won Bronze trophy in the 2nd Khelo India University Games (KIUG) 2021. Bangaluru on 24th April to 3rd May 2022.



Bronze in The Federation Internationale de Hockey (FIH) Pro League 2021/22 /Hockey Women's World Cup 2022 at the Hazelaarweg Stadium in Rotterdam, the Netherlands. She was among the national players team.



(a) Joseph Lalthankhuma Chhakchhuak, also a Mizoram senior cricket player was selected by BCCI (Board of Control for Cricket in India) to attend National Cricket Academy (NCA) Camp in Bangaluru from 18 April to 12 May 2022. -

(b) with him another senior player B. Lalnunfela, were selected to play (i) Sayed Mushtaq Ali Trophy (One day) in Jaipur for 2021-2022 Season ( 4 Nov to 22 Nov 2021. (ii) Vijay Hazare trophy 2021-2022 season held in Jaipur on 8 to 26 Dec 2021 (iii) Rajni Trophy (for the first 3 matches) of season 2021-2022 held in Kolkatta from 17 Feb to 15 March 2022.

(c) Other student cricketers from Mizoram U-25 category who represented the state are - Naveen Gurung, Lalthakima Khawbung, H. Malsawmzuala and VL Remruatpuia.

  
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The college Volleyball Girls' team won the MSU Cup Volleyball Tournament 2022 held at ITI playground, ITI Veng , Aizawl on 12 - 14 April 2022.



The college cultural club participated in the MSU Cup - Cultural Competition and stood 3rd place in 'Cheraw' and 2nd place in 'Hlado Chham' held at Electric Veng YMA Hall on 14 April 2022.



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Joseph Lalthankhuma -  
1st position in the 11th Inter  
Branch YMA Cricket  
Tournament 2022 from 26 April  
to 11 May 2022



Joseph Lalthankhuma Chhakchhuak, participated and the team championed in the 1st Division screening Tournament in the Mahuma Memorial and he was awarded Man of the Tournament, Final Man of the Match and Best batsman. It was organized by Board of Control for Cricket in India and Cricket Association of Mizoram at Suaka Cricket Ground on 31 March 2022.



'Youth Parliament Competition for College Students' was held on 22nd April 2022 which was organized by the Assembly Secretariat, Mizoram (to mark the Golden Jubilee of Mizoram Legislative Assembly 1972-2022). won the 3rd place in the competition . Beirapatha Khaila won 'best parliamentarian' title.



  
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Lalsangzeli stood 2nd in 100 (W) the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022.



MSU Cup Champion Govt. Hrangbana College

17th April 2022, 05:04PM



the college team participated in the Inter-College Debate Competition on 29th March 2022 which was organized by MZP and AMC at Chanmari YMA Hall on 29th March 2022. Beirapatha Khaila, a 4th Semester student won 2nd position in this competition

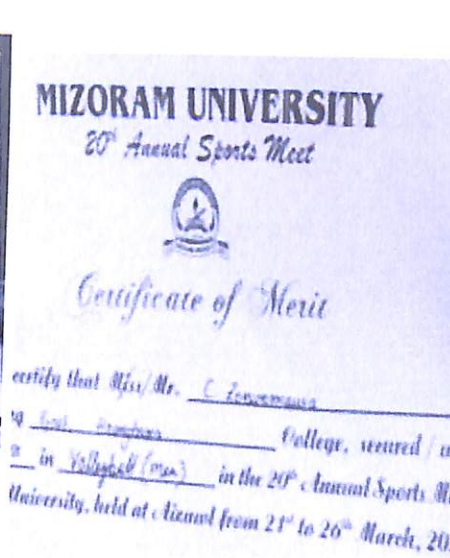
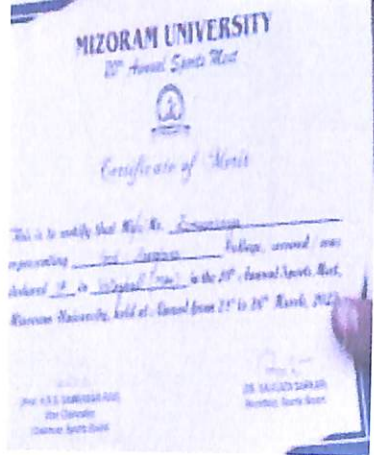


MSU Sports : The college football team championed the MSU Football Tournament held at Rajiv Gandhi Stadium, Mualpui, Aizawl on 16th April 2022.

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Four Table tennis players (male) from the college - Alberto LR Ruata, John Zamliana, Jeho Himnakulhpuingheta and Lalruatsanga represented Mizoram University. The MZU team championed for the first time in the East Zone Inter University Table Tennis Championship 2021 -22, held in Bhubaneswar, Odisha on Feb 25 to 28 2022. The team became an All India University qualifier in this discipline.





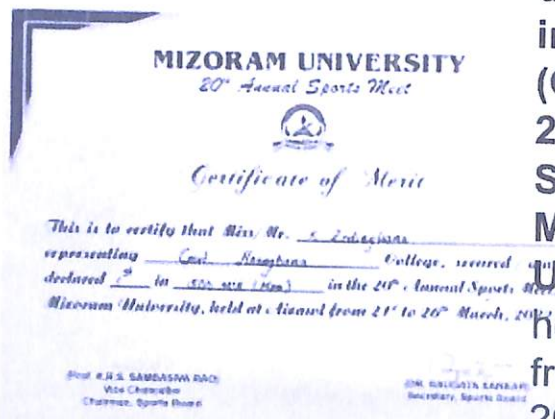
**K. Zodingliana - 1st in 1500 (M) the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022.**



**The college Volleyball (Men) team won 1st in the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022.**

  
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**PB Lalhuapzaua was declared 1st in 100 MTR (M) the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022.**

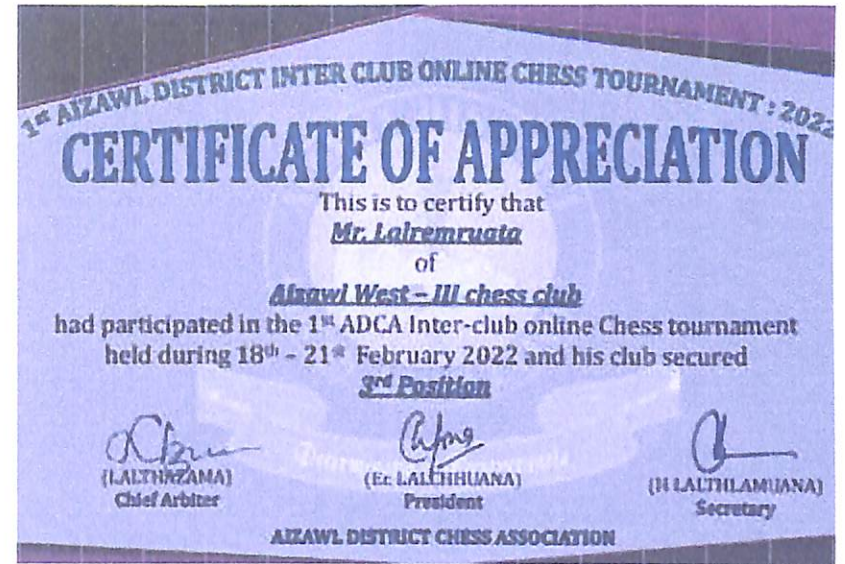


**Michael Lalruatdika, secured /was declared 1st in Chess (Open) in the 20th annual Sports Meet, Mizoram University held at Aizawl from 21st to 26th March 2022.**





# Lalremruata - 3rd position in 1st Aizawl Dist Inter club online chess tournament, 18-21 Feb 2022



The college Football (w) team secured/w as declared 2nd in the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022.



Vanlalduhawmi was declared 1st in 400 MTR (W) the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022.



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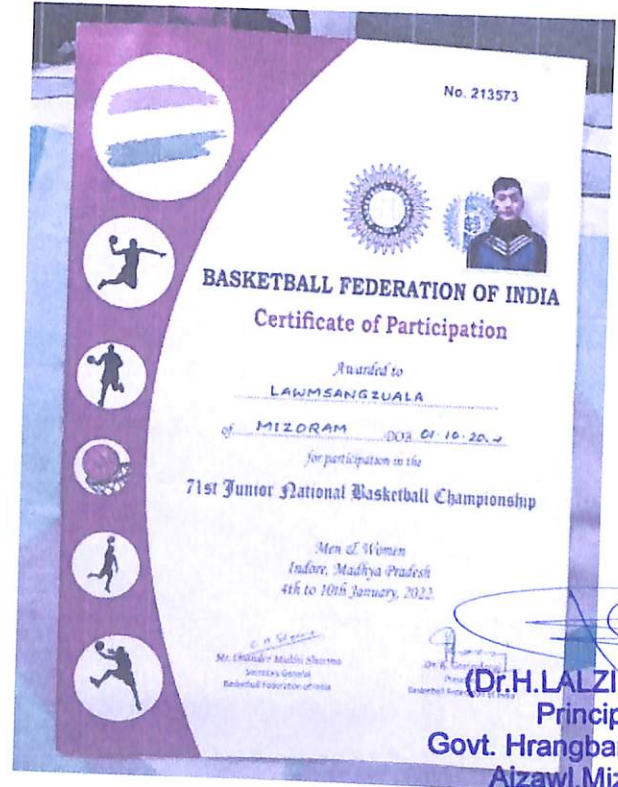
**Gold in Senior National Basketball championships held in Indore, Madhya Pradesh organized by Basketball Fed of India and Madhya Pradesh Basketball Association. Vanlalrinfela is among the team of Mizoram**



**Zothansangi won Gold Medal (Women's Singles) in the Mizoram Badminton Association Official Championship 2022 at Ramhlun**



**Lalrinhlui won Gold Medal (Team - Women's doubles) in the Mizoram Badminton Association Official Championship 2022 held at Ramhlun from 24 to 28 January 2022.**



**Nicholas Lalmuanpuia and Lawmsangzuala, as team members, represented Mizoram Junior Basketball, and won the 71st Junior National Basketball championships**

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Inter University 2022(East Zone)  
held at Kalinga  
University, Bhubaneswar, Odisha  
From 25th to 28th February  
2022(Only Team Event)- Mizoram  
University won Gold in Boys Team



Lalramdinthara Pachuau -  
1st position -Under-19  
Singles and in Doubles  
at Mizoram Jr Badminton  
Ranking Tournament,  
Serchhip, 14-17 Dec 2021



1st position -  
Women's Singles  
and in Doubles at  
Mizoram Jr  
Badminton  
Ranking  
Tournament, Aizawl  
2021- Lalvenhimi



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Jeho Himnakulhpuingheta, won gold in Table Tennis Boy's Final in The 2021\* Khelo India Youth Games at Panchkula, Haryana on 13th June 2022 . He represented Mizoram Table Tennis Association.

Lalremsiami was one of the team members from India for Asia cup 2022, (21 to 28 January 2022), Muscat, Oman ( 3rd place) Bronze medal. India defeated China, 2-0 to win the bronze medal at the 2022 Women's Hockey Asia Cup tournament.



  
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Badminton :  
 Zothansangi a Mizoram Badminton Association, NO. 1 Ranking in Junior Category from 2016 TO 2020. (1) She won Gold Medal (Women's doubles) in the Mizoram Badminton Association Official Championship 2022 at Ramhlun Indoor Stadium /Bawngkawn YMA Hall from 24 - 28 January 2022





Inter -district volleyball tournament- Lalsangzeli

Hero of the Month  
February in  
Hero Indian  
Super  
League  
(Hero ISL)  
2020-21 on  
6th March  
2021

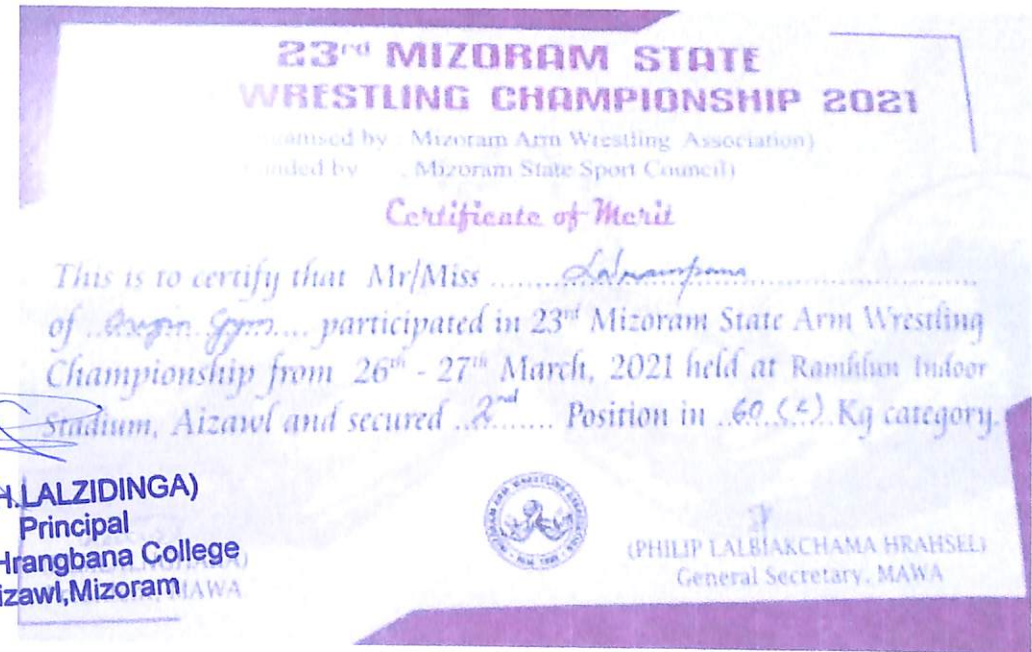


Lalengmawia was awarded the Indian super League Emerging Player of the League on 13th March 2021



Sibuta Lung (Tachhip)

6th semester students of the department of Mizo visited and had **cultural activities** at the historical sites of Sibuta Lung (Tachhip) on 10 the April 2021







The MZU Annual Sports Meet was held during 17th March-19th March, 2021. Silver Medal - Table Tennis(Women) -Lalthawmmawii



Bronze Medal  
a)Badminton (Men) - Lalruatpuia

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Gold Medal in a Table Tennis(Men) - John Zamliaana Khawlhiring

Gold Medal in Badminton (Women) - Zothansangi

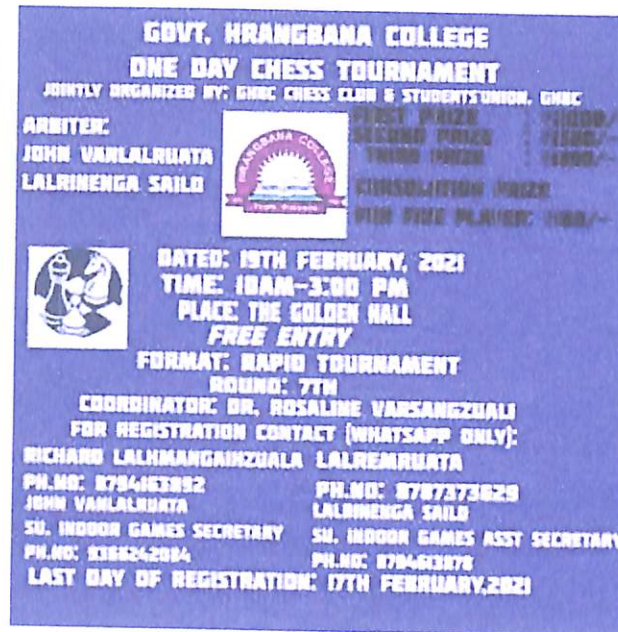




# 2020-2021



Lalthlamuanpuia was awarded certificate of appreciation by the Vice Chancellor of Mizoram University in recognition of his outstanding contributions & performances in the International Level Taekwondo Championship on 15th August 2020.



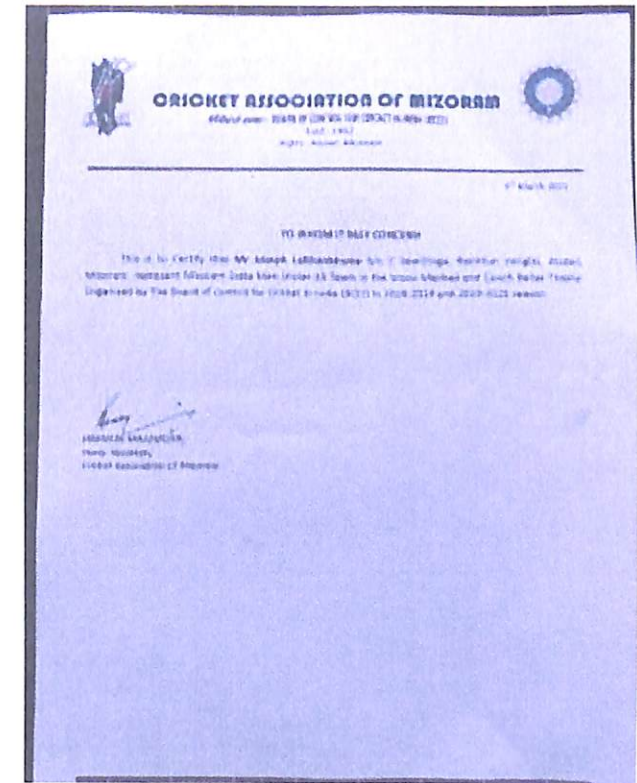
**GHBC One Day Chess Tournament**  
The Students' Union in collaboration with the GHBC Chess Club organised a One Day Chess Tournament on the 19th February, 2021.  
1st Prize- Lalremruata, 2nd Year B.A  
2nd Prize-Timothy Lalmuansanga, 3rd Year B.Com  
3rd Prize-Richard lalmangaihzuala, 1st Year, B.A



**Komas Open Global Online Taekwondo Poomsae Championships September 2020** : Lalthlamuanpuia, won Gold in (Senior men's category) which was held in the Chinese TAIPEI from 1st - 5th sept 2020.

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**MZU Annual Sports Meet** The MZU Annual Sports Meet was held during 17th March-19th March, 2021. The College participated in three sports disciplines i.e., Table Tennis (Men and Women), Badminton (Men and Women) and Chess. The College won the following medals:

1. Gold Medal in a) Table Tennis (Men) b) Badminton (Women)
2. Silver Medal in - a) Table Tennis (Women) b) Chess
3. Bronze Medal in a) Badminton (Men)

Joseph Lalthankhuma,  
Mizo U-19 Team in  
Vinoo Mankad & Kooch  
Behar Trophy organized  
by the BCCI in 2018-  
2019 and 2019-2020  
season



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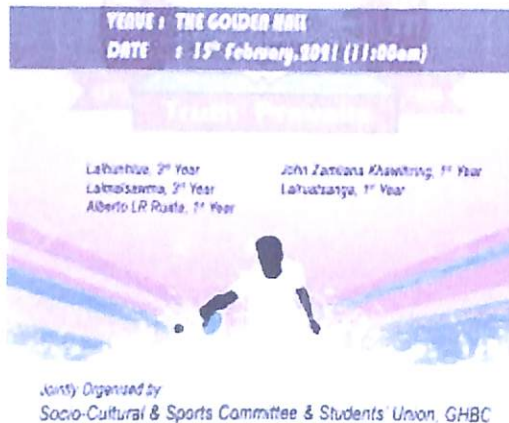




Lalengmawia was awarded ISL-Indian Super League - FANS' GOAL of the Week on 6th March 2021.



**Govt. Hrangbana College**  
**ONE DAY TABLE TENNIS CHALLENGE**

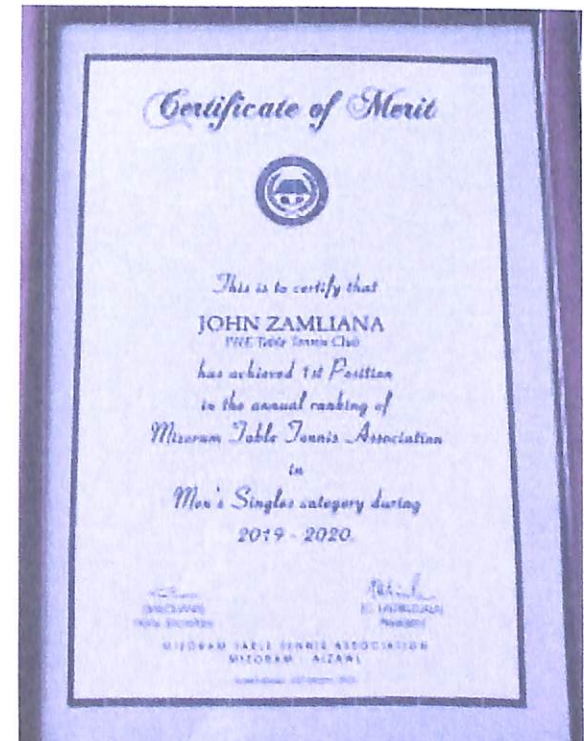


Socio-Cultural and Sports Committee and the Students' Union GHBC organized a One Day Table Tennis Challenge on the 19th of February 2021 which was held at The Golden Hall.



*(Signature)*  
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John Zamliana was awarded 1st position in the Mizoram Table Tennis Ranking 2019-2020 in (Mens' Singles ) on 25th March 2021





The college once again participated in the Mizoram Table Tennis Championships Men's singles was won by Alberto LR Ruata on 12 Feb. 2021 in the 34th Mizoram Table Tennis Championships 2021



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Principal

Govt. Hrangbana College  
Aizawl, Mizoram



Lalengmawia was awarded the Indian Super League Emerging Player of the Month February 2021 on 13th March 2021



Lalengmawia was awarded Indian Football Awards - Young Player of the Year Award by ( FIPAI ) on 31 March 2021.





Zawipala leh Tuavungi Thlan (Phulpui)



Mizo Typical Village (Falkawn)

Lalengmawia was declared **YOUNGEST CAPTAIN OF HERO ISL AWARD** for (2020-21) season on 30th Nov 2020  
<https://sportsmatik.com/>

V semester students of Mizo department visited the historical sites of Falkawn and Phulpui explored the cultural art and life of the people on 9th april 2021



Lalengkawla Varte, won First prize at a Local level Debating Competition - organized by Aizawl City College Joint Students' Union on 18th February 2021 at Ignite Studio, Aizawl.

  
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34th Mizoram Table Tennis Championships 2021  
**Youth Boys' Singles**  
was won by Alberto LR Ruata, on 12 Feb. 2021





# 2019-2020

Lalthafamkimi of No Magic Band has been awarded **Best Vocalist** in the MSU Cup Inter-college Beat Contest 2019



□ Our college Futsal team participated in the MZP organized Futsal competition and won **2nd place** held on 12 September 2019 at Electric Veng YMA Hall, Aizawl.



  
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□ Mr Lalhmingthanga, the college Principal, opened/inaugurated the College Fitness Centre (gymnasium) inside the college premises on 1st August 2019



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K.Ngaihpari participated in the XXX Mizoram Open Athletics Meet , RJ Stadium -3rd to 11th June 2019 and secured - 1st position in 4x400 Relay Race, and First position in 200 Metre Race (Women), 1st position in 100 metre Race (women)



Zothansangi, was awarded 2nd position in the Women's Singles category at the District Badminton Association (DBAAC) Open 2019 (All Mizoram) organized by the District Badminton Association Aizawl (DBAAC), held during 25th - 29th June 2019.



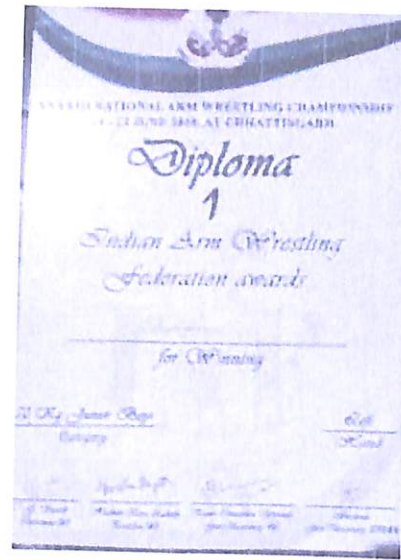
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Aizawl, Mizoram



Zothansangi, 2nd position in the Under 19 Girls singles category at the District Badminton Association (DBAAC) Open 2019 (All Mizoram) during 25th-29th June 2019.



Diploma 1 Indian Arm Wrestling federation awards for winning in 50 kg Junior Boys Category (Left Hand) in the XXXIII NATIONAL ARM WRESTLING CHAMPIONSHIP AT CHHATTISGARH on 19-23 June 2019.



19th WTSKF International Karate Championship - Lalnunsangi, 48 kg Junour, won 3rd place in Kumite event +48KG category Kuniur age group - at Panaji Goa , 21-23 May 2019



The 17th MZU Inter College Sports Meet was held during 11th -15th March 2019. Our college sports students participated in all Indoor Games disciplines and won Silver in Basketball



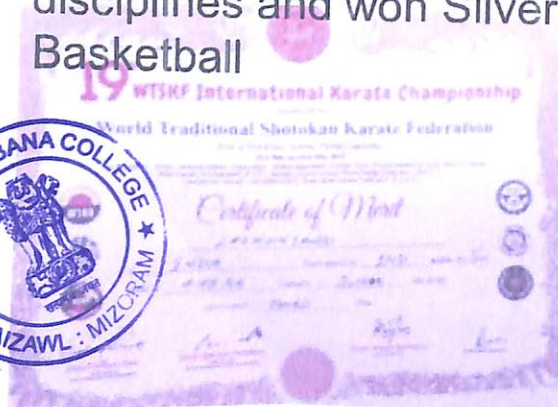
K Ngaihpari - XXX Mizoram Open Athletics Meet , R.J Stadium -3rd to 11th June 2019 and secured **First position in 400 metre race (women)** and **2nd Position in Long Jump.**



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Avalon Badminton Tournament 2019 Aizawl during 13<sup>th</sup> April -4<sup>th</sup> May 2019. Zothansangi secured **1<sup>st</sup> Runner Up position in the Women's doubles 'A' category.**





The college football team won (1st prize) in the MSU Football tournament on March 2020 which was organized by MSU at RJ Stadium Mualpui.

The college team won 1st position in Futsal in the Aizawl City College Joint Students' Union (ACCJSU) ( 2019 - 2020 ) Futsal Cup on 17-7-2020.



  
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□ K.Lalrinfela participated and won **1st position in High Jump** in the Aizawl District Athletics Association organized 1st Aizawl District Under 18 Athletic Meet, held at Rajiv Gandhi Stadium, Aizawl Mizoram from 3rd to 5th March 2020.



K.Lalrinfela participated and won **1st position in 200 Meters Race** in the Aizawl District Athletics Association organized 1st Aizawl District Under 18 Athletic Meet, held at Rajiv Gandhi Stadium, Aizawl Mizoram from 3rd to 5th March 2020.

K.Lalrinfela participated and won **2nd position in Long Jump** in the Aizawl District Athletics Association organized 1st Aizawl District Under 18 Athletic Meet, held at Rajiv Gandhi Stadium, Aizawl Mizoram from 3rd to 5th March 2020.



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Aizawl, Mizoram

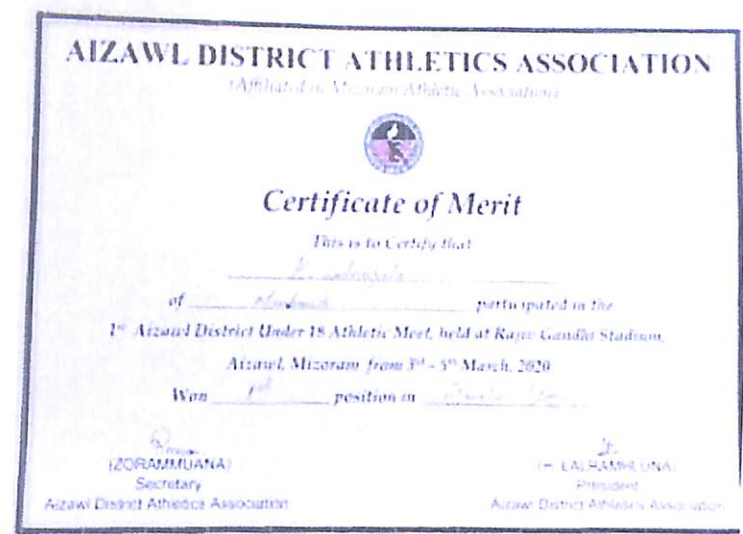


□ K.Lalrinfela participated and won **2nd position in Discuss (Men)** in the Aizawl District Athletics Association organized 1st Aizawl District Under 18 Athletic Meet, held at Rajiv Gandhi Stadium, Aizawl Mizoram from 3rd to 5th March 2020.





Lalremsiami was declared /awarded FIH - Rising Star of the Year 2019 on 10 February 2020



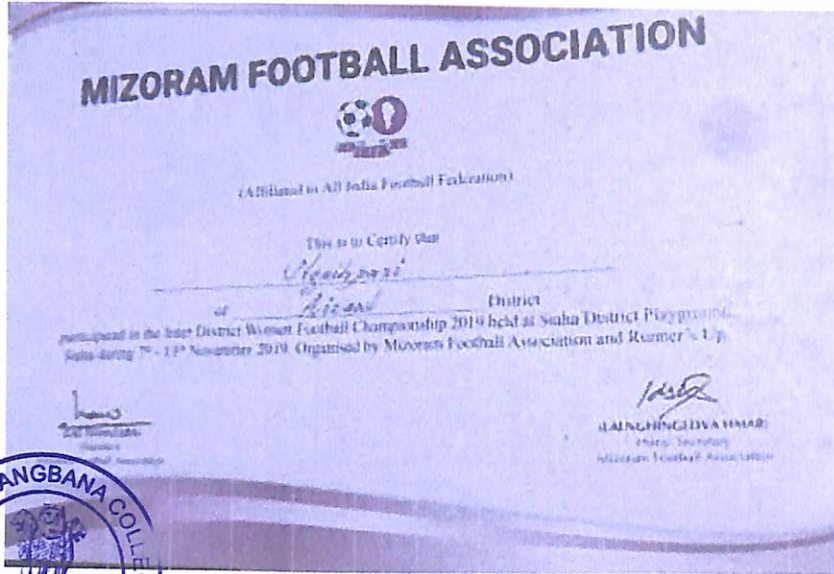
□ K.Lalrinfela participated and won 1st position in Javelin (Boys) and 1st position in Shotput in the Aizawl District Athletics Association organized 1st Aizawl District Under 18 Athletic Meet, held at Rajiv Gandhi Stadium, Aizawl Mizoram from 3rd to 5th March 2020.



Jenny Lallawmsangi, Best Setter award at Lalchungnunga Memorial Volleyball (w) Tournament at Chawngtlai on 3rd March 2020







Ngaihpari participated and secured **(Silver) Runner's up** position as a team member of Aizawl District in the Inter District Women Football Championship 2019, Siaha, during 7th to 13th November

Vanlalfaki secured 2nd position in Hockey (W) event in the Mizoram State Games at Aizawl. Mizoram held during 9th-13th Dec 2019.



John Zamliana secured **First position** in **Youth Boy's Singles** event in **Mizoram Ranking Table Tennis Championships** conducted at New Serchhip Indoor Stadium, Serchhip during 1st -3rd August 2019

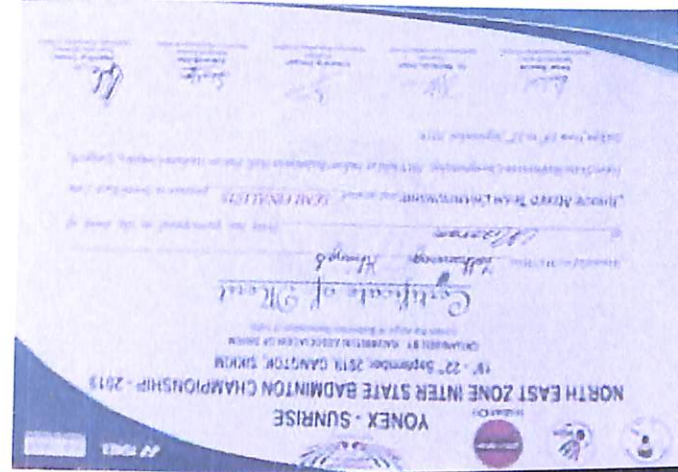


□ Hmangaihzuoli secured **First position** in **400 m Relay Race (Women)** event in the **Mizoram State Games** at Aizawl. Mizoram held during 9th-13th Dec 2019.

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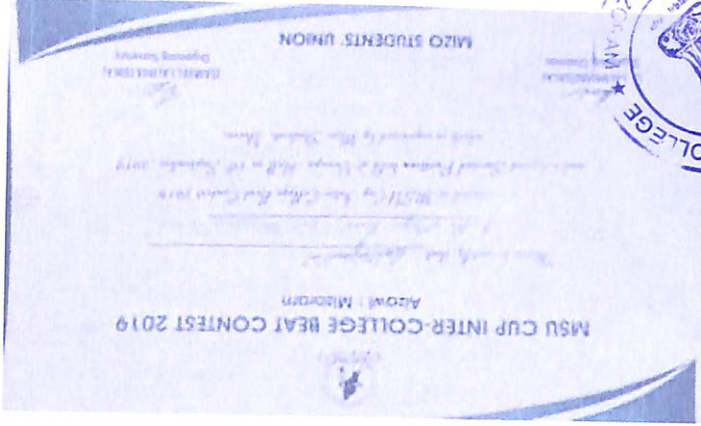






CS Ramsangliani and Lalnunsangi were among the Mizoram team to represent Junior Hockey Women's Championship 'A' Division in Kolum, Kerala 2019. They bagged Bronze medal.

□ Zothansangi Khiangte participated in the event of Junior Mixed Team Championship secured Semi Finalists position and Girls Doubles (Open) and secured Semi Finalists position in North East Zone Inter State Badminton Championship, 2019 Gangtok, Sikkim from 19th to 22nd September 2019.



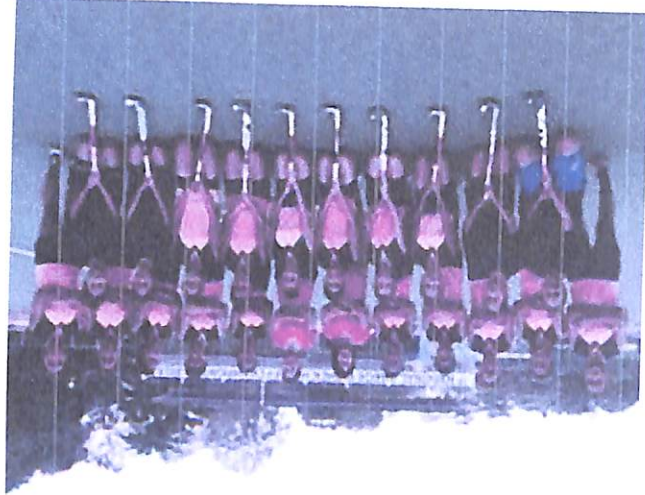
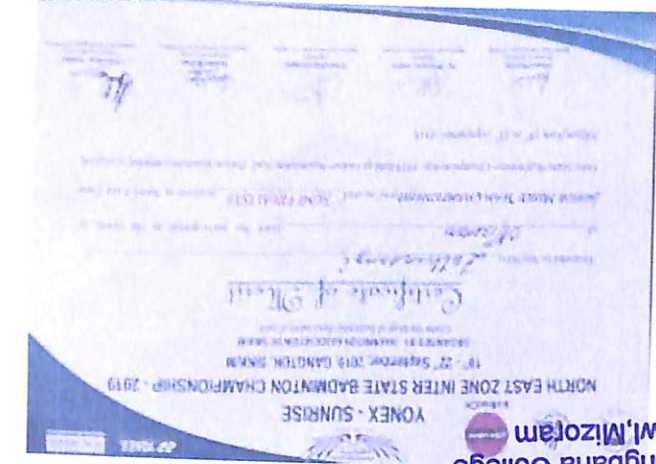
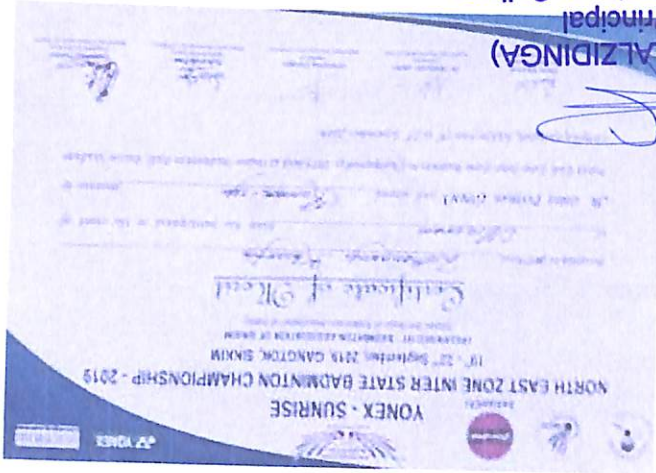
□ arithafamkimi of No Magic Band participated in MSU Cup Inter College Beat Contest 2019 and secured 2nd position, held at Vanapa Hall on 10th September 2019.



□ RB Bank Day : On the 37th Bank Day Mizoram Rural Bank invited the College Cultural club to perform traditional dance on 7th September 2019.



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□ The College Cultural Club participated and won 1st position in the Inter-college Cultural Dance Competition organized by MSU and Ayush at Vanapa Hall during 12th and 13th September 2019.



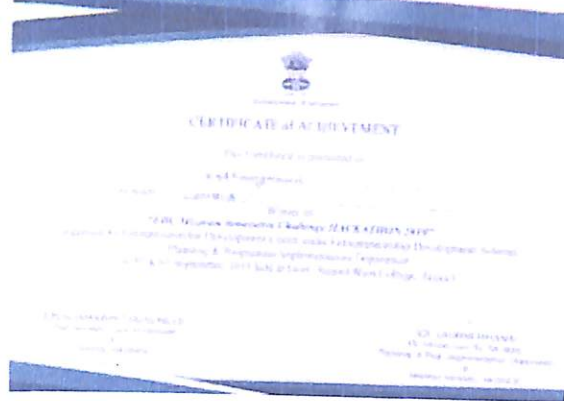
Zothansangi Kiangte has participated in the event of Junior Mixed Team Championship and secured Semi Finalists position in North East Zone Inter State Badminton Championship, 2019 held at Indoor Badminton Hall, Pulzar Stadium Complex, Gangtok, Sikkim from 19th to 22nd September 2019.

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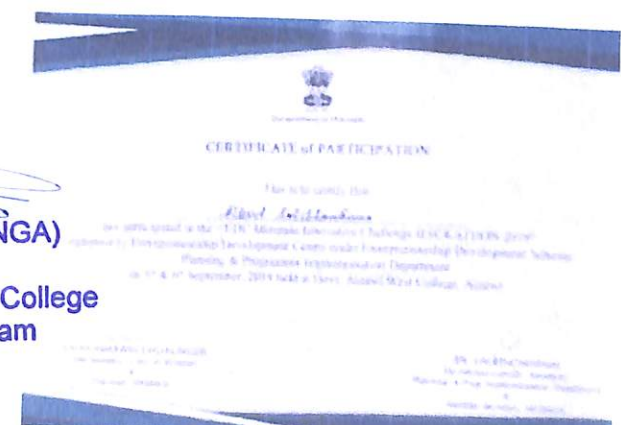
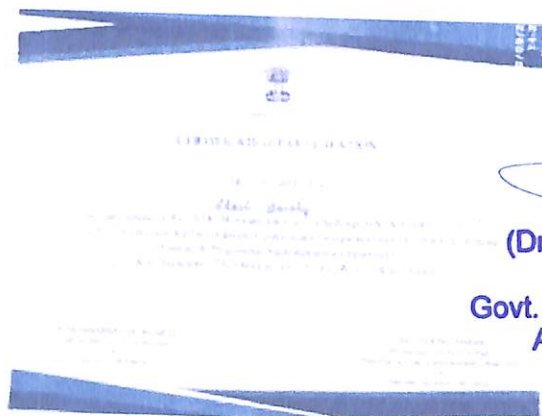
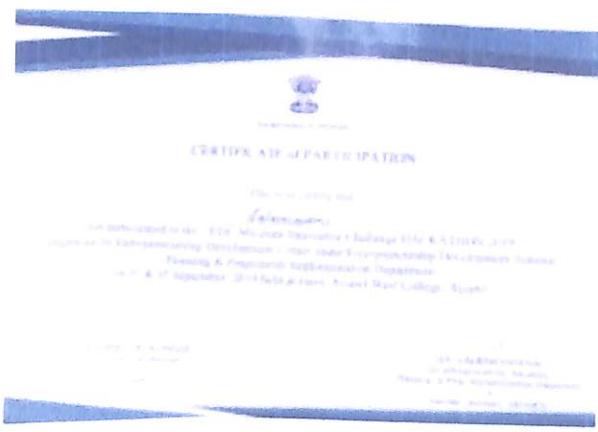
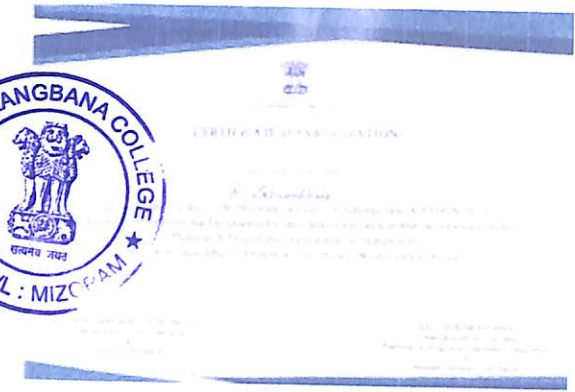
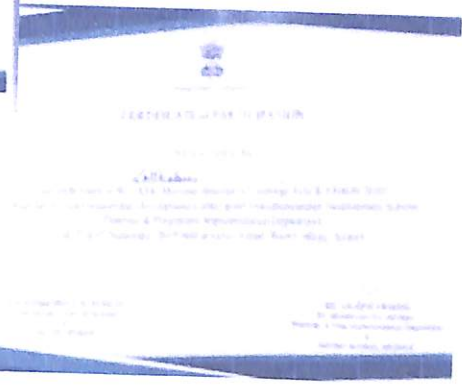
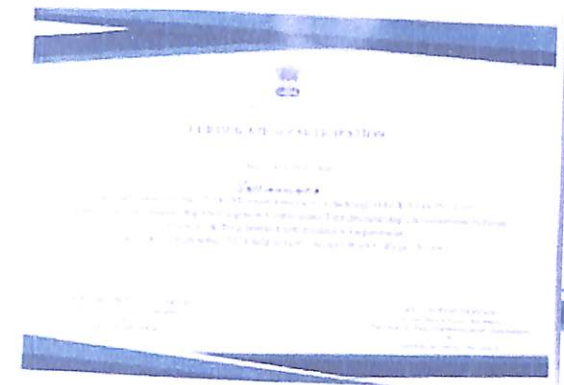


□ The college team participated and won 1st, prize in the Hackathon 2019 on 5-6 Sept 2019 at Govt Aizawl West College. Org by Entrepreneurship Development Centre, Planning and Programme Implementation Department, GOM.



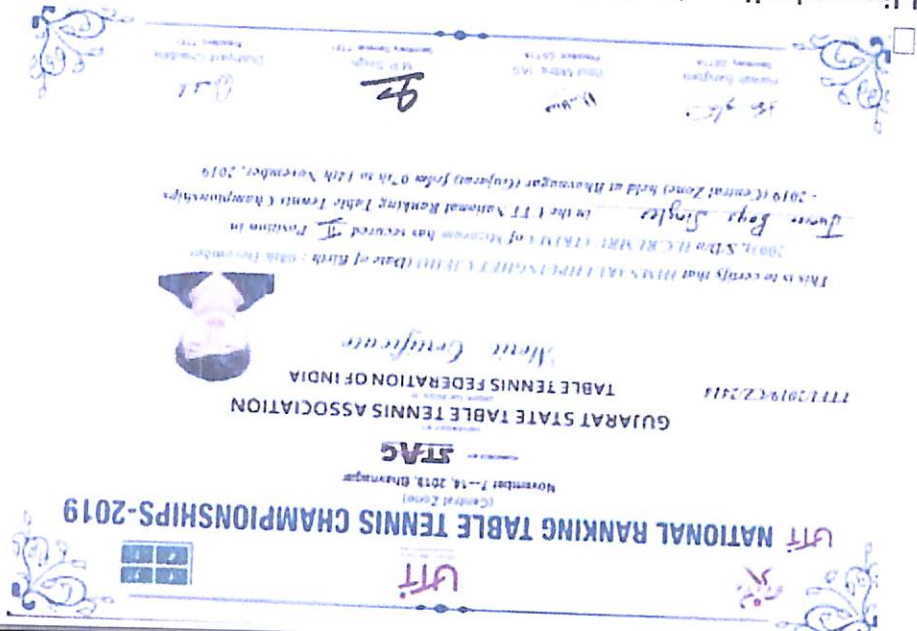


The college team - COMHUB participated and won 1st, prize in the Hackathon 2019 on 5-6 Sept 2019 at Govt Aizawl West College. Org by Entrepreneurship Development Centre , Planning and Programme Implementation Department, GOM



  
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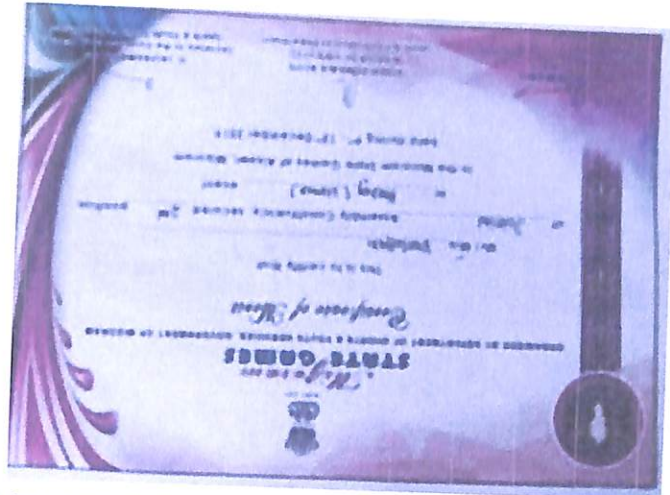




Himnakulhpuingheta Jeho has secured 2nd position in Junior Boys' Singles in the UT National Ranking in Table Tennis Championships 2019 (Central Zone) held at Bhavanagar (Gujarat) from 7th to 14th November 2019.

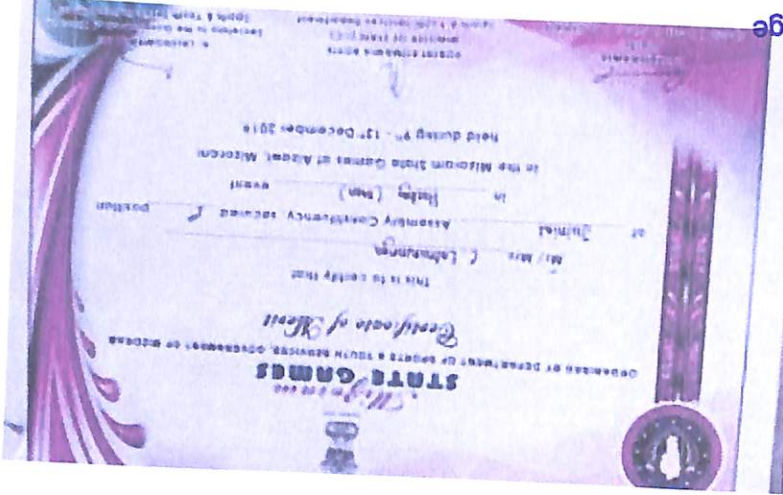


Vanlalraki secured 2nd position in Hockey (W) event in the Mizoram State Games organized by Department of Sports & Youth Services, Government of Mizoram at Aizawl, Mizoram held during 9th - 13th December 2019.



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The College Dance crew stood 4th place in the LPS SUZUKI YOUTH ICON Dance Competition on 29th October 2019.



C. Lalrinunga secured 1st position in Hockey (M) event in the Mizoram State Games at Aizawl, Mizoram held during 9th - 13th December 2019.





**2018 -2019**

Won Silver Medal in Badminton  
(Women) at the Mizoram University  
Sports Meet 2019 held during 11<sup>th</sup> to  
15<sup>th</sup> March 2019

The college cultural club, participated at Virthli  
2019 held at MZU, Tanhril on April 2019 and  
secured 2nd position in the Cultural Dance  
competition with Bamboo Dance which is also  
known as Cheraw (Buhzaih).



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The Cultural club has participated in the Zofest 2018, Zirlai Pawl (MZP) at Reiek 4th Dec - 7th Dec 2018.



The Cultural club participated and stood 2<sup>nd</sup> place in the '1<sup>st</sup> Mizo Hnahthlak International Cultural Festival and Competition'

*(Signature)*  
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 Principal  
 Govt. Hrangbana College  
 Aizawl, Mizoram





Reliance Foundation | YOUTH SPORTS



PeterLalrinhlua was awarded **Best Player** “**Golden Ball**” while Joel Lalmuanpuia was awarded **Best Scorer** and won the ‘**Golden Boot**’ from Adidas at the Reliance Youth Boys Football on 26 Oct 2018



  
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MZU Inter College Sports Meet won Gold in Volleyball (W)



3<sup>rd</sup> place in Literature fest /LitFest2019 ( Poetry competition & beat contest) at Pachhunga Univ College, org by Mizoram state legal Authority & Mizoram English Literary Society (MIELS) on 22<sup>nd</sup> March 2019.



Lalrinsanga and band Sword Tune stood the 2<sup>nd</sup> in MZU Rock Music Contest - alongwith best vocalist and best guitarist, organized by Mizoram University at MZU, Tanhril on 7<sup>th</sup> May 2019



The 17<sup>th</sup> MZU Inter College Sports Meet was held during 11<sup>th</sup> -15<sup>th</sup> March 2019. Our college sports students participated in all Indoor Games disciplines and won medals as follows : Bronze (3<sup>rd</sup> Place) in Football (W)

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Aizawl, Mizoram







Lalthafamkimi of Euphony band has been awarded the Best Vocalist in Suzuki Burgman Inter-College Beat Contest 2018 held during 3rd & 4th October 2018 which was organized by Govt Hrangbana College



Students' Union.



Elijah LH Sanga secured 1st position at the State Youth Parliament 2019 held on 28th January 2019 at Pachhunga University college.

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Principal  
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Aizawl, Mizoram





The GHBC Cultural Club stood 1<sup>st</sup> place in Mizo Students' Union (MSU) organized Kulva Cultural Competition 2018,



K.Lalngaihpari, representing Mizoram team Under-21 in Hockey event in the Khelo Youth Games held at Pune, Maharashtra from 9th January to 20th January 2019



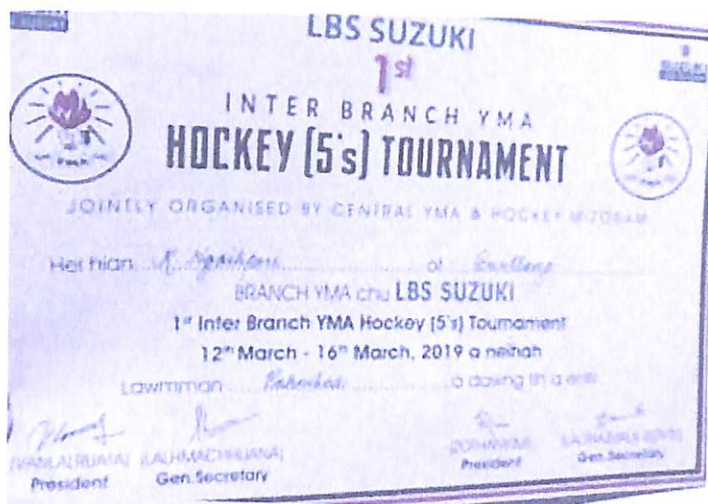
Lalrinsanga of Zuali Inleng has been awarded the Best Keyboardist in Suzuki Burgman Inter-College Beat Contest 2018



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3rd & 4th October 2018






The 17th MZU Inter College Sports Meet was held during 11th -15th March 2019. Our women TT players won **Bronze medals in Table Tennis (W).**



The 17th MZU Inter College Sports Meet was held during 11th - 15th March 2019. Our college sports students participated in all Indoor Games disciplines and won **Gold in Table Tennis (M)**

  
**(Dr. H. LALZIDINGA)**  
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 Aizawl, Mizoram







11th -15th March 2019. won **Silver medals in Volleyball (M)** in the 17th MZU Inter College Sports Meet



6th March 2019, First Mizoram Football Women's League, **Jenny Lalawmsangi** was one of the team members of Chanmari FC. They won **Silver (2nd place)**



John Zamliana secured **First position in Men's singles and First position in 'Youth Boys' Singles' category.**

in the MTTA Season Opening Table Tennis Championship 2019, conducted at Mizoram Table Tennis Hall, Mission Veng, Aizawl during 5<sup>th</sup> to 7<sup>th</sup> June 2019.



(Dr.H.LALZIDINGA)  
Principal  
Govt. Hrangbana College  
Aizawl,Mizoram





GHBC Basketball team won 1<sup>st</sup> position in the state level Inter Varsity Basketball Tournament MSU Cup



The 17th MZU Inter College Sports Meet was held during 5th - 7th March 2019. Our college sports students participated in won : **Gold** in Hockey (W)



won **Bronze (3rd Place)** in **Football (Men)** -17th MZU Inter College Sports Meet was held during 5th - 7th March 2019.

  
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