

Bronze was won by
John Zamliana
Khawlhring —
2003BA186 &
Lalruatfela —
2203BA306 in The 37th
Mizoram State Table
Tennis Championship
2022-2023 which was
held at Mizoram Table
Tennis Hall on 29 — 31
March, 2023



Lalengmawia 2003BA243 Was part of the Indian Team in the Hero Intercontinental Cup (9-18 June, 2023 and the SAFF Championship 21 June – 4 July, 2023 Khel ootbal.



The **Domestic Zonal Cricket Duleep Trophy 2023**-2024 was conducted from 28 June – 16 July 2023, Joseph Lalthankhuma 2103BA191 was **selected for the North East Zone Team**.



(HBC Cheerleaders) Lalramngheti, Deborah Lalhriatpuii, Laltlansiami, Evelyn Lalngaihzuali, and Esther Lalhmingmawii participated in the Mizoram Dance Sports & Movement Championship at Dawrpui Multipurpose Hall from the period of 27th -30th June











Lalsangzeli, V Remsangpuii, Lalruatdika, Lalremsanga, Christina Lalchhanchhuahi, Zorempuii participated in the Mizoram Dance Sports & Movement Championship (Hei Raw) at Dawrpui Multipurpose Hall from the period of 27th -30th June 2023



Cartificate Of Representations

This Conference is an asset to

a fembrature. Office data
you scattle designs

MIZORAM BANCE SPORTS & MOVEMENT CHAMMORSHIP FOR THE FEEDO OF

Certificate Of Appreciation







The Freedom Arts Society (FAS) of Govt Hrangbana College held its annual FAS – Show on the 28th of April 2023 wherein the various clubs came together to put up a spectacular evening of entertainment showcasing the various skills of the students of GHBC. The Chief Guest, Angela Zothanpuii, Director, Labour Employment and Skill Development and Entrepreneurship graced the occasion.. Art exhibition showcasing the artistic skills of the students was held and Innovation club put up food and craft stall.

Zunleng cultural club, one of

the best cultural club of Govt Hrangbana College participated and won Third Prize in the MSU Cup 2023 ( Annual Inter-college competition ) - Cheraw dance held during 12 -24 April 2023

(Dr.H. DALZIDINGA) Principal Govt. Hrangbana College Aizawl, Mizoram



\*The college Cultural Club participated and performed vibrant Mizo folk songs and dances in the G20 Meet at Dawrpui Multipurpose Hall, Dawrpui



Literary Evening- Meet the Author programme was organized on 2<sup>nd</sup> March 2023. An Interactive Session with PC Lalremruati, Author of 'I TI THEI'. This Literary Evening was organized by Literature Club and members of the club contributed much in this programme. A Book Exchange session was also made as part of the programme.







Lalhunhlua - awarded Diploma in Sports coaching in Table Tennis November 2021-November 2022 at Sports Authority of India, , Patiala.

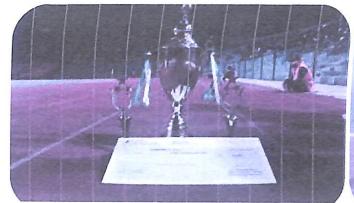
The 37th Mizoram State Table Tennis Championship 2022-2023 was held at Mizoram Table Tennis Hall on 29 – 31 March, 2023 in which our students did very well in Men's Singles.. Gold was won by – Jeho Himnakulhpuingheta – 2103BA168. Silver was also – Alberto Lr Ruata – 2003BA006. Bronze was won by John Principal Zamliana Khawlhring – 2003BA186 & Lalruatfela – 2203BA3866t. Hrangbana College

(Dr.H. ALZIDINGA)
Principal

Ott Hrangbana College

Aizawl, Mizoram

Mizoram Students' Union (MSU) Cup was held during 12 -24 April 2023. Our students did very well and their achievements are as follows: Volleyball (Women)- Silver







Mizoram Students' Union (MSU) Cup was held during 12 -24 April 2023. Our students did very well and their achievements are as follows: Volleyball (Men)- Gold

HRANGA



R.Lalruatkima has participated in Sketching and secured 3<sup>rd</sup> position at the MZU Virthli 2023 organized by Mizoram University Students' Council held during 10<sup>th</sup> - 14<sup>th</sup> April 2023.



Basketball (Men only)- Gold - Mizoram Students' Union (MSU) Cup was held during 12 -24 April 2023.



In the Mizoram Table Tennis Association Season Opening Table Tennis Championship 2023 held on 28-30 June 2023, the Gold medal was won by -Jeho Himnakulhpuingheta-2103BA168 and Silver was won by Alberto Lr Ruata— 2003BA006.



College Debate Team won
the first ever Inter-College
Debate organised by
Adumavar on 29 April 2023
That Dawrpui Multipurpose
\* Hall. Two teams from the AL

Hall. Two teams from the Alziding ingles. Gold was won by College participated in the incipal

Event. Aizawi, Mizoram







David Zoremsanga has participated in **Sketching** and secured **2**<sup>nd</sup> **position at the MZU Virthli 2023** organized by Mizoram University Students' Council held during 10<sup>th</sup> - 14<sup>th</sup> April 2023.





Mizoram Students'
Union (MSU) Cup
was held during
12 -24 April 2023.
Our students did
very well

On 20th – 24<sup>th</sup> March 2023, The 21<sup>st</sup> MZU Sports Meet was held. In this event, our students did very well. We are proud to say that our students had become the overall champion in this University Sports Meet by bagging the following medals: Gold in Cricket, Table tennis (M), Chess, Basketball (M), Volleyball (W), football (W), Football (M).

Silver medals in Table tennis (W), Badminton (M), Badminton (W), Athletics (M), Athletics (W)

Zoramhmangaiha was awarded commendation in the 'Painting Competition: Student' organized by PH

Department Mizoram in celebration of

World Water Day 2023- Accelerating Change-Chak zawka Hmasawn. Govt. Hra

Govt. Hrangbana College Aizawl, Mizoram





University, Amritsar held between 10 - 12

2103BA604 & H. Vanlalfela - 2203BA112

Jan, 2023 Vanlalmuanpuii Ralte -

The Literature Club organized a Winter Fest on 14th February 2023 a Book Exhibition / Bookmark Sale at the College Alumni Arena.

2023, The 21st MZU **Annual Sports Meet** 

MIZORAM UNIVERSITY







er d	ERINICATI		
See is to conside that Alle	(Security)	Findings.	spensod to
- A -	facilité (	in the IF chound	Aprels Ros
		nee 20° de 24° March, 20 George 201 20020 Secretary S Warren	A. Salesia







Yugen- college band of music club won 2<sup>nd</sup>place in the Battle of Bands, held under incandescence, NIT, Silchar in the NIT Thunder-march Band Competition on 17-19 Feb 2023. Band members: Malsawmtluanga, Jonathan V, Lalthansanga Varte, PC Lalthazuala (Best Bassist), Lalchhanchhuaha, R Lalnunkima.







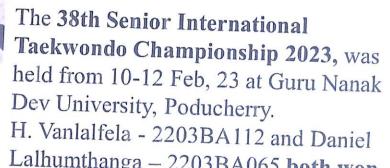




Reliance Foundation Youth Sports

- Aizawl 2022 - CB (College Boys)
was conducted from 31 Nov - 7 Nov,
2022. Our College Team were 1st
Runner's Up while R
Lalnunmawia-2203BA395 received
the Golden Gloves Award

https://www.rfy



Lalhumthanga – 2203BA065 both won Bronze medal in their respective categories.







Four of our women Hockey players participated as part of the Mizoram Univ team and reached semi finals in the All India Inter University Hockey (Women), BHU, Varanasi from 20-24 Dec, 2022. The participants are - Cs Ramsangliani, Lalnunsang, Vanlalfaki and Lalsangzeli, all from the V semestrisingal classes.

Govt. Hrangbana College Aizawl, Mizoram



Lalremsiami - 2003BA340 was selected for the FIH Hockey Women's World Cup Spain and Netherlands https://olympics.com/en/news/fih women-world-cup-hockey-2022-india-squad-ranirampal https://www.fih.hockey/events/worldcup/women/fih-hockey womens-world-cup-spain-and-netherlands-2022-1388 from 1-17 July 2022.

(Dr.H.LALZIDINGA) Principal Govt. Hrangbana College Aizawl.Mizoram

GOVERNMENT OF MIZORAM

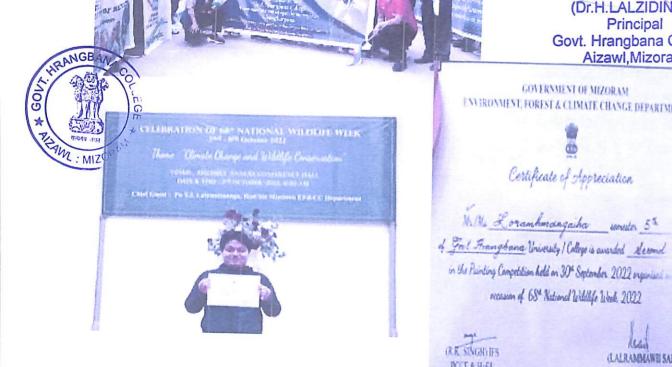
Certificate of Appreciation

M.M. Loranhordagaiha unute 5th

recessor of 65th National Willife White 2022

POCE & Hors

The Mizoram Volleyball Tournament 2022 was held at TNT, Muanna veng and organized by the Mizoram Volleyball Association on 22 Oct 2022. The U-18 college girls team won gold in this event.







Hero Futsal Club Championship was held between 8-19 Feb, 2023 at New Delhi. Vanlalhruaia — 2103BA597 was part of the Mizoram Team that reached

the Semi Finals.

The 72nd Junior National
North East Zonal Basketball
organized by Basketball
Federation of India, (14-17
October, 2022) at Neigrihims,
Shillong, Meghalaya. Our
students-Lawmsangzuala 2003BA397 & Jessai
Malsawmtluanga – 2203BA145
were part of the Gold winning
Mizoram Team.

East Zone Universities for All India University Volleyball Tournament, Kalinga Institute of Social Science, Bhubaneshwar was conducted from 10-13 Dec, 2022. In the MZU Team, eight (8) were form our College. From there on five (5) continued on to Sikkim to be part of the Gold winning Mizoram Team in the North-East Volleyball Invitation, Sikkim (16-18 Dec, 2022)

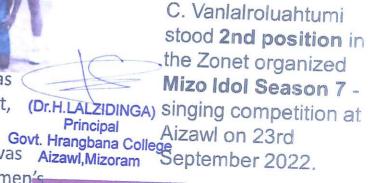


36th National Games was conducted from 5-12 Oct, (Dr.H.LALZIDINGA) 2022, Gujarat. Sarah Principal Govt. Hrangbana Colle Lalthazovi–2103BA545 was Aizawl, Mizoram

part of the Mizoram Women's

Football Team







All Mizoram Inter-College Greenfield Futsal Cup 2022 was held between 8-16 December, 2022. Two Teams from of College won the

### Bronze

In the Under-19 RANGBANA Category Alberto ER Ruata won Gold and Lalruatfela received Bronze in the Mizoram Ranking Table Tennis Championships 2022 was held from 29 Sept - 1







Aug In the Senior category Alberto Lr Ruata -2003BA006 won (Dr.H.LALZIDINGA) Nations Cup, Valencia, Gold, while Lalruatfela -Govt. Hrangbana Collegoain was held from 11-2203BA306 received Aizawi, Mizoram 17 Dec 2022 and Bronze. In the Under-Lalremsiami -19 category 2003BA340 was part of Lalruatfela the Indian Team. 2203BA306 won Gold



Lalremsiami continued her journey to Birmingham, England for the XXII

Commonwealth Games 2022 (28 Jul 2022 – 8

2022) and was part of the Bronze Medallists Team India. The FIH Women's



Taekwondo
Championship 2022,16
– 19 August, 2022 at R
Dengthuama Hall,
Mualpui, Salem Veng,
Aizawl, Mizoram. H.
Vanlalfela - 2203BA112
Gold - Poomsae
individual Gold Poomsae Pair Gold Fight under 68kg

Vanlalmuanpuii Ralte -

2103BA604 Gold -

Poomsae Pair Bronze
Poomsae (individual)
The Mizoram Open Boxing Championship
2023, Sponsored by 42 Assam Rifles was held

from 31 Jan - 3 Feb. 2023. C Lalrinfeli 2203BA042 won **Gold in the 46 kg category.** 

From 11-19 Nov, 2022 East Zone Universities for All India University
Football Tournament, was held at BIT Mesra,
Ranchi. The Mizoram
University (MZU) Team were selected from different
Colleges of Mizoram, ten (10) were form our
College.

Zonet Fight Night
was conducted
during Jan – Feb
2023, and C
Lalrinfeli reached
the Quarter
Finals.





The East Zone Inter University
Table Tennis Tournament 20222023, was conducted between 1922 December, 2022 Guwahati,
Assam, representing MZU, they
won Silver. They are Alberto Lr
Ruata – 2003BA006, John
Zamliana Khawlhring –
2003BA186, Lalruatsanga –
2003BA383, and Jeho
Himnakulhpuingheta 2103BA168





https://www.instagram.com/reel/Cl25439BPqQ/?utm\_source=ig\_web\_copy\_linkJeho

Himnakulhpuingheta 2103BA168 won Gold
in the 16th Memorijal
Mirko Abramovic –
Croatian Table

Tennis Association, Varaždin, Croatia

-6 Nov, 2022)

## North East Olympic Games:

Principal 2103BA577; Caleb Lalnunhlua

Govt. Hrangbana College

Aizawl, Mizoram 2203BA052 — Gold



North East Olympic Games was conducted from 10-16 Nov, 2022 at Shillong, Meghalaya. A number our students were selected to represent Mizoram:



North East Olympic Games: Taekwondo:

Daniel Lalhumthanga -

2203BA065 - Gold;

Vanlalmuanpuii Ralte -

2103BA604 - Bronze;

H. Vanlalfela -

Daniel Lalhumthanga -2203BA065 was the Flag bearer for Team Mizoram. Vanlalhmangaihthangi – 2003BA571 was one the Referees in Taekwondo



cont.

(Dr.H.LALZIDINGA) Principal

Govt. Hrangbana College

North East Olympic Aizawi, Mizoram Games: Basketball:

Vanlalrinchhana 2003BA587 - Gold & MVP

cont...





## 2022 - 2023



North East Olympic Games: Table Tennis: Alberto Lr Ruata – 2003BA006 – 3 Golds, 1 Silver; John Zamliana Khawlhring – 2003BA186 – 2 Golds, 2 Bronze; Lalruatsanga – 2003BA383 – 1 Gold, 1 Silver. cont....

The HBC Choreography Club performed at MIZO DANCE CAMP -Winter ShowCase 2022 held at Vanapa Hall on 15th December

MIZORAM PANCE SPORTS
MOVEME OF AM OF HIS

THE PARTY OF TH

During 15-22 Sept Khelo India East Zone Boxing Championship was held at Guwahati, Assam. C Lalrinfeli 2203BA participated in the 45-48 kg category Boxing (women) at the All India Inter University held at MDU, Rohtak from 27-31 Dec, 2022 was awarded Gold in the 46 kg category.

Lalramdinthara Pachuau - 2103BA327 won Gold in the 4th Invitation Championship Badminton Tournament, Durtlang, Leitan, Aizawl, Mizoram (26 – 30 July, 2022)



(Dr.H.LALZIDINGA)

Principal

Govt. Hrangbana College Aizawl.Mizoram pdf cont.....

North East Olympic Games: Weight Lifting (96 kgs): Laldinpuia Pachuau – 2003BA239 – Silver.

https://meghalaya.gov.in /sites/default/files/press \_release/2nd\_NEOG\_2 022\_Final\_Medal\_Tally.



In the MSU organized
UPSC Challenge Inter
College Quiz Competition
2022, the college Quiz
team won 1st prize
which was held during 25th
August to 14th September
2022. Andy L. Khawbung
was declared and awarded
'Best Quizee'

Zoramnghaka, 5th Semester, has won 1st prize in the Inter-college Yuva Tourism Clubs Handmade Poster Making Competition 2022 for the theme 'Mizo Traditional Practices' organized by Tourism department, Government of Mizoram.

## VALENTINE'S DAY SPECIAL

(ENGLISH and MIZO)



m nurture create

HELIOS & TITAL

AGALAND

SHIP 2022



The Literature Club of our college organized a Love Letter Writing Competition on the occasion of Valentines Day Special. The prize winners were announced on 16th February 2022. The 1st Prize was won by Ryn.H (Rs 500 +book prize). Reuben Lalenkawla took the 2nd Prize (Rs 300+book prize). KImz took the 3rd prize (Rs 200 + book prize) Consolation prize winners were Pu ZoVa and Catherine Lalbiaknungi.

(Dr.H.LALZIDINGA) Principal

Jeho Himnakulhpuinghatal, Mizoram 2103BA168 won Gold in the open Nagaland ping pong championship on 28 - 29 Nov 2022. The four-day event was organized by North East India Academy of Performing Arts (NIAPA). He won gold in Men's Singles. Jeho also received the NIAPA star award 2022.

Four of the college **Table Tennis players (Boys' Team)** represented Mizoram University and they **won Bronze trophy** in the **2nd Khelo India University Games** (KIUG) 2021. Bangaluru on 24th April to 3rd May 2022.





Bronze in The Federation
Internationale de Hockey (FIH)
Pro League 2021/22 /Hockey
Women's World Cup 2022 at
the Hazelaarweg Stadium in
Rotterdam, the Netherlands.
She was among the national
players team.





(a) Joseph Lalthankhuma
Chhakchhuak,also a Mizoram
senior cricket player was
selected by BCCI (Board of
Control for Cricket in India) to
attend National Cricket
Academy (NCA) Camp in
Bangaluru from 18 April to 12
May 2022. -

(b) with him another senior player B. Lalnunfela, were selected to play (i) Sayed Mushtaq Ali Trophy (One day) in Jaipur for 2021-2022 Season (4 Nov to 22 Nov 2021. (ii) Vijay Hazare trophy 2021-2022 season held in Jaipur on 8 to 26 Dec 2021 (iii) Rajni Trophy (for the first 3 matches) of season 2021-2022 held in Kolkatta from 17 Feb to 15 March 2022.

(c) Other student cricketers from Mizoram U-25 category who represented the state are - Naveen Gurung, Lalthakima Khawbung, H. Malsawmzuala and VL Remruatpuia.

The college Volleyball Girls' team won the MSU Cup Volleyball Tournament 2022 held at ITI playground, ITI Veng, Aizawl on 12 - 14 April 2022.



The college cultural club participated in the MSU Cup - Cultural Competition and stood 3rd place in 'Cheraw' and 2nd place in 'Hlado Chham' held at Electric Veng YMA Hall on 14 April 2022.









Joseph Lalthankhuma 1st postion in the 11th Inter
Branch YMA Cricket
Tournament 2022 from 26 April
to 11 May 2022

Joseph Lalthankhuma Chhakchhuak, participated and the team championed in the 1 st

Division screening Tournament in the Mahuma Memorial and he was awarded Man of the

Tournament, Final Man of the Match and Best batsman. It was organized by Board of

Control for Cricket in India and Cricket Association of Mizoram at Suaka Cricket Ground on 31

March 2022



'Youth Parliament Competition for College Students' was held on 22nd April 2022 which was organized by the Assembly Secretariat, Mizoram (to mark the Golden Jubilee of Mizoram Legislative Assembly 1972-2022). won the 3rd place in the competition. Beirapatha Khaila won 'best parliamentarian' title.





Lalsangzeli stood 2nd in 100 (W) the 20th Annual Sports Meet,
Mizoram University, held at Aizawl from 21st to 26th March 2022.



MSU Cup Champion Govt. Hrangbana College

17th April 2012 05 04PM



the college team participated in the Inter-College Debate Competition on 29th March 2022 which was organized by MZP and AMC at Chanmari YMA Hall on 29th March 2022. Beirapatha Khaila,a 4th Semester student won 2nd position in this competition

**ODISHA** 



MSU Sports:
The college
football team
championed
the MSU
Football
Tournament
held at Rajiv
Gandhi
Stadium,
Mualpui, Aizawl
on 16th April
2022.



Four Table tennis players (male) from the college - Alberto LR Ruata, , John Zamliana, Jeho Himnakulhpuingheta and Lalruatsanga represented Mizoram University. The MZU team championed for the first time in the East Zone Inter University Table Tennis Championship 2021 -22, held in Bhubaneswar, Odisha on Feb 25 to 28 2022. The team became an All India University qualifier in this discipline.



ARANGBANA C

MIZORAN 80° Anna	I UNIVERSITY and Sports Meet
Confice	nte of Merit
This is to certify that Miss at	
especialing God Sangara	College, seemed was
declared for in man later)	In the 200 Swanned Speets Meet.
Micosum Hainerstly, hald at . I	Manual from 25" to 26" March, 2012.
	12-2-
Wid Chimelia	SHE MAINTAIN MANAGE BOTTOMY, Sports Books
Thereas fears floats	



K. Zodingliana - 1st in 1500 (M) the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022.

the college Volleyball (Men) team won 1st in the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022.





Michael Lalruatdika. secured /was declared 1st in Chess (Open) in the 20th annual Sports Meet, Mizoram University

2022.

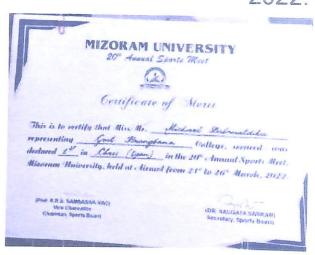
(Dr.H.LALZIDINGA) Principal

Govt. Hrangbana College

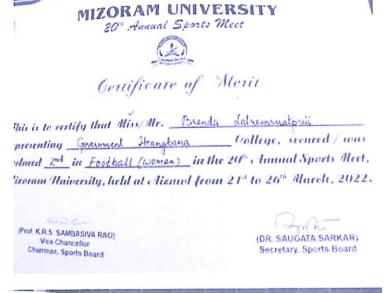
Aizawl, Mizoram

PINE RELE MANAGEMENT WACK

PB Lalhuapzaua was declared 1st in 100 MTR (M) the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022



## Lalremruata - 3rd position in Ist Aizawl Dist Inter club online chess tournament, 18-21 Feb 2022





college Football ( w) team secured/w as declared 2nd in the 20th Annual Sports Meet. Mizoram Universit v, held at Aizawl from 21st to 26th

March

2022.

The



Vanlalduhawmi was declared 1st in 400 MTR (W) the 20th Annual Sports Meet, Mizoram University, held at Aizawl from 21st to 26th March 2022.



This is to certify that Miss Mr	Vantaldulingson
Mixoram University, held at Aire	and from 21" to 26" Musch, 2022.

DR SAUGATA SARKARI Secretary, Sports Source

(Dr.H.LALZIDINGA)
Principal
Govt. Hrangbana College Chairman, Sports Board

Aizawl, Mizoram



Gold in Senior National Basketball championships held in Indore, Madhya Pradesh organized by Basketball Fed of India and Madhya Pradesh Basketball Association. Vanlalrinfela is among the team of Mizoram



Zothansangi won Gold Medal (Women's Singles) in the Mizoram Badminton **Association Official** No. 213573

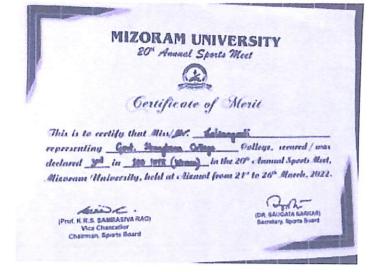
BASKETBALL FEDERATION OF INDIA Certificate of Participation Awanted to LAWMSANGZUALA of MIZORAM DOR 01-10-20. 4 for participation in the 71st Junior National Basketball Championship Men & Wimen Indore, Madhya Pradesh 4th to 10th January, 2022 (Dr.H.LALZIDINGA) Principal Govt. Hrangbana College Aizawl Mizoram

Championship 2022 at Ramhlun

Nicholas Lalmuanpuia and Lawmsangzuala, as team members. represented Mizoram Junior Basketball, and won the 71st Junior National Basketball championships



Women's doubles) in the Mizoram **Badminton Association Official** Championship 2022 held at Ramhlun from 24 to 28 January 2022.



Inter University 2022(East Zone)
held at Kalinga
University,Bhubaneswar,Odisha
From 25th to 28th February
2022(Only Team Event)- Mizoram
University won Gold in Boys Team







Lalramdinthara Pachuau 1st postition -Under-19
Singles and in Doubles
at Mizoram Jr Badminton
Ranking Tournament,
Serchhip, 14-17 Dec 2021

1st postition Women's Singles
and in Doubles at
Mizoram Jr
Badminton
Ranking
Tournament, Aizawl
2021- Lalvenhimi







Jeho Himnakulhpuingheta, won gold in Table Tennis Boy's Final in The 2021\* Khelo India Youth Games at Panchkula, Haryana on 13th June 2022. He represented Mizoram Table Tennis Association.

Lalremsiami was one of the team members from India forAsia cup 2022, (21 to 28 January 2022), Muscat, Oman (3rd place) Bronze medal. India defeated China, 2-0 to win the bronze medal at the 2022 Women's Hockey Asia Cup tournament.



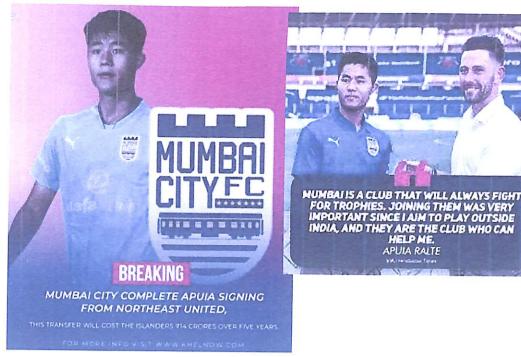


(Dr.H.LALZIDINGA)
Principal
Govt. Hrangbana College
Aizawl,Mizoram

Badminton:

Zothansangi a Mizoram Badminton Association, NO. 1 Ranking in Junior Category from 2016 TO 2020. (1) She won Gold Medal (Women's doubles) in the Mizoram Badminton Association Official Championship 2022 at Ramhlun Indoor Stadium /Bawngkawn YMA Hall from 24 - 28 January 2022





Ealth and Raite

Sports Man of the Year Award, 2021 was given to Lalengmawia in the 1st Annual Mizoram Sports Award 2021 on 11 December 2021

Mumbai city FC signed with Apuia (NEU FC) a record transfer fee (fee paid by one club to another for the transfer of a player) on a 5 year contract (from Aug 13, 2021 to may 31, 2026). It is the biggest transfer in ISL history. The fees paid to NEU FC was Rs 13 crore by Mumbai FC.a

APUIA NAMED EMERGING PLAYER OF THE MONTH FOR DECEMBER 2022!



MIZORAM STATE SPORTS COUNCIL

Lalengmawia was declared Indian
Super League - Emerging Player of
the season (2020-2021) Award and
Emerging Player for the Month for
December 2021

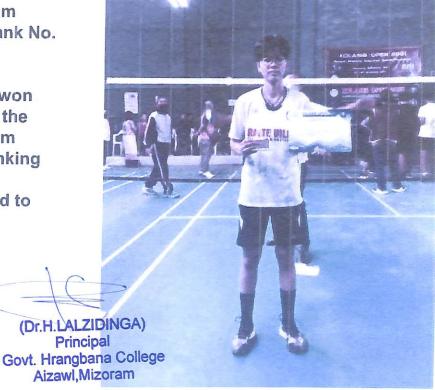
(Dr.H.LALZIDINGA)
Principal
Govt. Hrangbana College

Aizawl, Mizoram



Angela Zonunmawii,stood 3rd position in 'Virtual Folk Dance and singing competition,' (Pi Pu Zai) 2021. (March 28 to 8 Sept 2021) organized by Mark Adv. - Social Welfare & Tribal Affairs Deptt, Govt of Mizoram and Ministry of Tribal Affairs, Govt of India

Lalrinhlui, Mizoram
Badminton Association Rank No.
1 (Womens') 2021.
She won Gold Medal in the
Womens' Singles and also won
Gold in Mixed Doubles at the
Kolasib Open 2021 - Mizoram
Badminton Association Ranking
Tournament, at Hmarveng,
Kolasib, Mizoram from 22nd to
26th November 2021.



Jeho Himnakulhpuingheta has secured 3rd place in Youth Boys Singles (U-19) in the UTT National Ranking Table Tennis Championships - 2021 held at Panchkula (Haryana) from 18th to 22nd October 2021

## 2021-2022

Lalremsiami, a national hockey player who got selected to play in the prestigious :Tokyo Olympic as India Team, 23 July to 8th August 2021 (4th place). She is the first woman player from Mizoram.



Lalengmawia was awarded
Young Achiever of the Year
Organized by Lelte on the 30th Govt. Hrangbana College
Mizoram Music Award on 6th
November 2021 (pic 2:
Lalengmawia's mother receiving

Lalengmawia's mother receiving

(Dr.H.LALZIDINGA)
Principal
ovt. Hrangbana College
ovt. Hrangbana College
Aizawl, Mizoram

Sports Woman of the Year Award,
2021 was given to Lalremsiami in
the 1st Annual Mizoram Sports

Award 2021 on 11 December 2021



ALL INDIA INTER UNIVERSITY - TAEKWANDO CHAMPIONSHIP 2021-22

Lalthlamuanpuia,won silver medal in All India Inter University sports in Taekwando held at Jimmy George Stadium, Trivandrum, Kerela - 14th to 17th March 2022





HIGLINGO TEAM CHESS

Online Open
National
Taekwando
Poomsae
Championship,
2021:
Lalthlamuanpuia
secured Gold
Medal in Black Belt
Under 30 (male)
Category on 16th
August 2021.

(Dr.H.LALZIDINGA)
Principal
Hrangbana College
Aizawl, Mizoram

(AMUANA ROMHUM)



Inter -district volleyball tournament- Lalsangzeli

Hero of the Month
February in Hero Indian
Super
League
(Hero ISL)
2020-21 on
6th March
2021



Lalengmawia was awarded the Indian super League Emerging Player of the League on 13th March 2021



6th semester students of the department of Mizo visited and had cultural activities at the historical sites of Sibuta Lung (Tachhip) on 10 the April 2021

#### 23<sup>rd</sup> MIZORAM STATE WRESTLING CHAMPIONSHIP 2021

and by Mizoram Arm Wrestling Association and by Mizoram State Sport Council)

#### Certificate of Merit

of Symm Symm. participated in 23th Mizoram State Arm Wrestling Championship from 26th - 27th March, 2021 held at Ramhlun Indoor Stadium, Aizawl and secured 25th. Position in 60.52 Kg category.

(Dr.H.LALZIDINGA)
Principal
Govt. Hrangbana College
Aizawt, Mizoram



(PHILIP LAUBIANCHAMA HRAHSEL) General Secretary, MAWA



The MZU Annual **Sports Meet was held** during 17th March-19th March. 2021. Silver Medal -Table Tennis(Women) -Lalthawmmawii





Bronze Medal a)Badminton (Men) -Lalruatpuia



Gold Medal in aTable Tennis(Men) - Badminton (Women) -John Zamliana Khawlhring

Gold Medal in Zothansangi

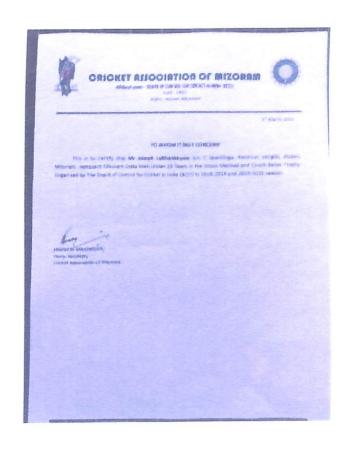












MZU Annual Sports Meet The MZU Annual Sports Meet was held during 17th March-19th Marcah,2021. The College participated in three sports disciplines i.e., Table Tennis (Men and Women), Badminton (Men and Women) and Chess. The College won the following medals:

1.Gold Medal in a)Table Tennis(Men) b)Badminton(Women)

2.Silver Medal in - a) Table Tennis(Women) b)Chess

3.Bronze Medal in a)Badminton (Men)

Mizo U-19 Team in Vinoo Mankad & Kooch Behar Trophy organized by the BCCI in 2018-2019 and 2019-2020 season

Joseph Lalthankhuma,

(Dr.H.LALZIDINGA)
Principal
Govt. Hrangbana College
Aizawl, Mizoram



Lalengmawia
was awarded
ISL-Indian
Super League FANS' GOAL of
the Week on 6th
March 2021.





## Govt. Hrangbana College ONE DAY TABLE TENNIS CHALLENCE

VERVE 1 THE GOIDER BAIL

DETE: 1 12" February, 1021 (11:00em)

Labintone 2" Year
Labratanna, 2" Year
Aberto LR Ruste, 1" Year

Socio-Cultural & Sports Committee & Students' Union, GHBC

Socio-Cultural and Sports
Committee and the Students'
Union GHBC organized a One
Day Table Tennis Challenge on
the 19th of February 2021 which
was held at The Golden Hall.



John
Zamliana
was awarded
1st position
in the
Mizoram
Table Tennis
Ranking
2019-2020 in
(Mens'
Singles) on
25th March
2021





# The college once again participated in the Mizoram Table Tennis Championships Men's singles was won by Alberto LR Ruata on 12 Feb. 2021 inthe 34th Mizoram Table Tennis Championships 2021







Lalengmawia
was awarded
the Indian
Super League
Emerging
Player of the
Month
February 2021
on 13th March
2021



Lalengmawia
was awarded
Indian Football
Awards Young Player
of the Year
Award by (
FIPAI ) on 31
March 2021.



Zawipala len Tualvungi Thlan (Phulpui)



Mizo Typical Village (Falkawn)

Lalengmawia was declared YOUNGEST CAPTAIN OF HERO ISL AWARD for (2020-21) season on 30th Nov 2020 https://sportsmatik.com/

V semester students of Mizo department visited the historical sites of Falkawn and Phulpui explored the cultural art and life of the people on 9th april 2021



Lalenkawla Varte, won First prize at a Local level Debating Competition - organized by Aizawl City College Joint Students' Union on 18th February 2021 at Ignite Studio, Aizawl.

(Dr.H.LALZIDINGA)
Principal
Govt. Hrangbana College

Aizawl, Mizoram



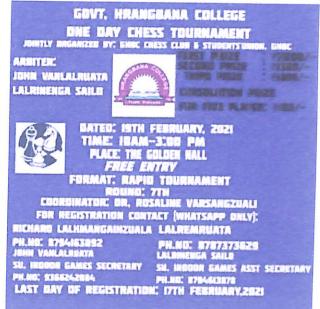
34th Mizoram Table Tennis Championships 2021 Youth Boys' Singles was won by Alberto LR Ruata, on 12 Feb. 2021



## 2020-2021



Lalthlamuanpuia was awarded certificate of appreciation by the Vice Chancellor of Mizoram University in recognition of his outstanding contributions & performances in the International Level Taekwando Championship on 15th Augustang 2020.



GHBC One Day Chess Tournament
The Students' Union in collaboration
with the GHBC Chess Club
organised a One Day Chess
Tournament on the 19th
February,2021.
1 st Prize- lalremruata,2nd Year B.A
2 nd Prize-Timothy
Lalmuansanga,3rd Year B.Com
3 rd Prize-Richard
lalhmangaihzuala,1st Year,B.A



Komas Open Global Online Taekwondo Poomsae Championships September 2020: Lalthlamuanpuia, won Gold in (Senior men's category) which was held in the Chinese TAIPEI from 1st 5th sept 2020.

(Dr.H.LALZIDINGA)
Principal
Govt. Hrangbana College
Aizawl.Mizoram

The college football team won (1st prize) in the MSU Football tournament on March 2020 which was organized by MSU at RJ Stadium Mualpui.

The college team won 1st position in Futsal in the Aizawl City College Joint Students' Union (ACCJSU) ( 2019 - 2020 ) Futsal Cup on 17-7-2020.





☐ K.Lalrinfela participated and won 1st position in High Jump in the Aizawl District Athletics Association organized 1st Aizawl District Under 18 Athletic Meet, held at Rajiv Gandhi Stadium, Aizawl Mizoram from 3rd to 5th March 2020.



K.Lalrinfela participated and won 1st position in 200 Meters Race in the Aizawl District Athletics Association organized 1st Aizawl District Under 18 Athletic Meet, held at Rajiv Gandhi Stadium, Aizawl Mizoram from 3rd to 5th March 2020.

K.Lalrinfela participated and won **2nd position in Long Jump** in the Aizawl
District Athletics
Association organized 1st
Aizawl District Under 18
Athletic Meet, held at Rajiv
Gandhi Stadium, Aizawl
Mizoram from 3rd to 5th
March 2020.

AIZAWL DISTRICT ATH	The second secon
6	
Certificate	e of Merit
This is to C	retify that
of Personal District Under 19 Athletic	participated in the
Aizent Minner for Wen 1 1 1 position (A) (2000MBRIANA) (2000MBRIANA)	m 3° - 5° March 2019





□ K.Lalrinfela participated and won 2nd position in Discuss (Men) in the Aizawl District Athletics Association organized 1st Aizawl District Under 18 Athletic Meet, held at Rajiv Gandhi Stadium, Aizawl Mizoram from 3rd to 5th March 2020.



Lalremsiami
was
declared
/awarded
FIH - Rising
Star of the
Year 2019
on 10
February
2020

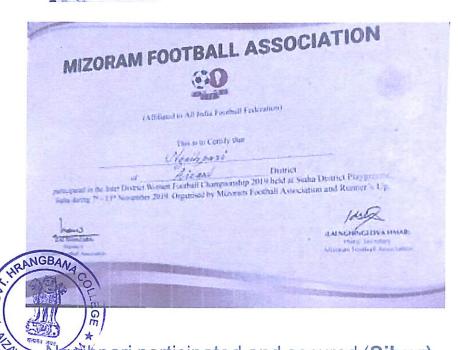


Jenny
Lallawmsangi,
Best Setter
award at
Lalchungnunga
Memoral
Volleyball (w)
Tournament at
Chawngtlai on 3rd
March 2020



□K.Lalrinfela participated and won 1st position in Javelin (Boys) and 1st position in Shotput in the Aizawl District Athletics Association organized 1st Aizawl District Under 18 Athletic Meet, held at Rajiv Gandhi Stadium, Aizawl Mizoram from 3rd to 5th March 2020.





Vanlalfaki secured 2nd position in Hockey (W) event in the Mizoram State Games at Aizawl. Mizoram held during 9th-13th Dec 2019.



Runner's up position as a team member of Aizawl District in the Inter District Women Football Championship 2019, Siaha, during 7th to 13th November

Hmangaihzuali secured First position in 400 m Relay Race (Women) event in the Mizoram State Games at Aizawl. Mizoram held during 9th-13th Dec 2019.

MIZORAM RANKING TABLE TENNIS CHAMPIONSHIPS, 2019

Mizoram Table Termis Association

Serving District Table Termis Association

(D.H.LALZIDINGA)

Principal

Govt. Hrangbana College

Aizawi, Mizoram



John Zamliana secured First position in Youth Boy's Singles event in Mizoram Ranking Table Tennis Championships conducted at New Serchhip Indoor Stadium, Serchhip during 1st -3rd August 2019





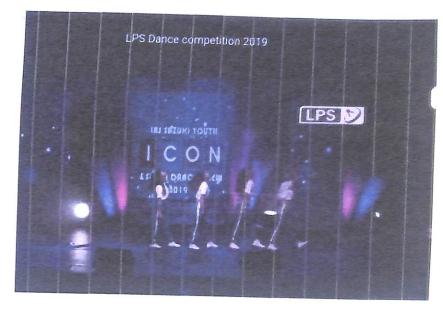
Himnakulhpuingheta Jeho has secured 2nd position in Junior Boys' Singles in the UTT National Ranking Table Tennis Championships 2019 (Central Zone) held at Bhavanagar (Gujarat) from 7th to 14th November

2019.



(Dr.H.LALZIDINGA)
Principal
Govt. Hrangbana College
Aizawl, Mizoram

Vanlalfaki secured **2nd position in Hockey (W)** event in the **Mizoram State Games** organized by Department of Sports & Youth Services, Government of Mizoram at Aizawl, Mizoram held during 9th - 13th December 2019.



The College Dance crew stood 4th place in the LPS SUZUKI YOUTH ICON Dance Competition on 29th October 2019.



☐ C.Lalrinnunga secured 1st position in Hockey (M) event in the Mizoram State Games at Aizawl, Mizoram held during 9th - 13th December 2019.









The college team COMHUB
participated and won
1st, prize in the
Hackathon 2019 on
5-6 Sept 2019 at
Govt Aizawl West
College. Org by
Entrepreneurship
Development Centre
, Planning and
Programme
Implementation
Department, GOM



#### CHRIFTEATE SCPARTICIPATION

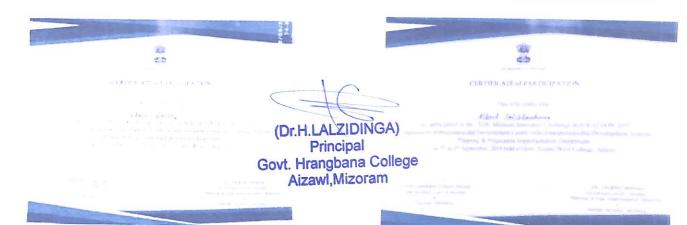
. . . .

the probability of the 10.4 Whater Security Confidence (Sec. 8, 110.0) in Confidence (Sec. 8, 110.0) in Confidence (Security Confidence

The second secon







□ The College Cultural Club participated and won 1st position in the Inter- college Cultural Dance Competition organize by MSU and Ayush at Vanapa Hall during 12th and 13th September 2019.



Zothansangi Khiangte has participated in the event of Junior Mixed Team Championship and secured Semi Finalists position in North East Zone Inter State Badminton Championship, 2019 held at Indoor Badminton Hall, Pulzar Stadium Complex, Gangtok, Sikkim from 19th to 22nd September 2019.





(Dr.H.LALZIDINGA)
Principal
Govt. Hrangbana College
Aizawl, Mizoram

□The college team participated and won 1st, prize in the Hackathon 2019 on 5-6 Sept 2019 at Govt Aizawl West College. Org by Entrepreneurship Development Centre, Planning and Programme Implementation Department, GOM.



□ Zothansangi Khiangte participated in the event of Junior Mixed Team Championship secured Semi Finalists position and Girls Doubles (Open) and secured Semi Finalists position in North East Zone Inter State Badminton Championship, 2019Gangtok, Sikkim from 19th to 22nd September 2019.

MSU CUP INTER-COLLEGE BEAT CONTEST 2019

Alrow!: Misorotti

MSI Car bear Rep End Color 1018

Send Feeline Life Very Arthur 10 September 1919

MIZO STUDENTS' UNION

participated in MSU Cup Inter College Beat Contest 2019 and secured 2nd position, held at Vanapa Hall on 10th September 2019.

CS Ramsangliani and Lalnunsangi were among the Mizoram team to represent Junior Hockey Women's Championship 'A" Division in Kolam, Kerela 2019. They bagged Bronze medal.



□RB Bank Day: On the 37th Bank Day Mizoram Rural Bank invited the College Cultural club to perform traditional dance on 7th September 2019. ○





Aizawi, Mizoram

YONEX - SUNRISE

NORTH EAST ZONE INTER STATE BADMINTON CHAMPION SHIP JULY 25 STATE BADMINTO

## 2019-2020

(Dr.H.LALZIDINGA)

Principal

Lalthafamkimi of No Magic Band has been awarded **Best Vocalist** in the MSU Cup Intercollege Beat Contest 2019





Our college Futsal team participated in the MZP organized Futsal competition and won **2nd place** held on 12 September

2019 at Electric Veng YMA Hall, Aizawl.



VID\_20190801\_113346.mp4

VID\_20190801\_113709.mp4

Mr Lalhmingthanga, the college Principal, opened/inaugurated the College Fitness Centre (gymnasium) inside the college premises on 1st August 2019





GOVT

K.Ngaihpari participated in the XXX Mizoram Open Athletics Meet, RJ Stadium -3rd to 11th June 2019 and secured - 1st position in 4x400 Relay Race, and First position in 200 Metre Race (Women), 1st position in 100 metre Race (women)

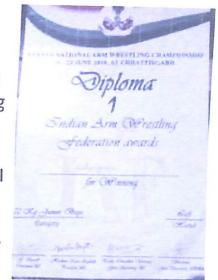
Zothansangi, was awarded 2nd position in the Women's Singles category at the District Badminton Association (DBAAC) Open 2019 (All Mizoram) organized by the District Badminton Association Aizawl (DBAAC), held during 25th - 29th June 2019.



Zothansangi, 2nd position in the Under 19 Girls singles category at the District Badminton Association (DBAAC) Open 2019 (All Mizoram) during 25th-29th June 2019.



Diploma 1 Indian Arm Wrestling federation awards for winning in 50 kg Junior Boys Category (Left Hand) in the XXXXIII **NATIONAL ARM** WRESTLING CHAMPIONSHIP AT CHHATTISGARH on 19-23 June 2019.



19th WTSKF International Karate Championship - Lalnunsangi, 48 kg Juniour, won 3rd place in Kumite event +48KG category Kunior age group - at Panaji Goa, 21-23 May





Sports Meet was held during 11th -15th March 2019. Our college sports students participated in all Indoor Games Mizoram Open disciplines and won Silver in Athletics Meet , RJ

The 17th MZU Inter College

Basketball

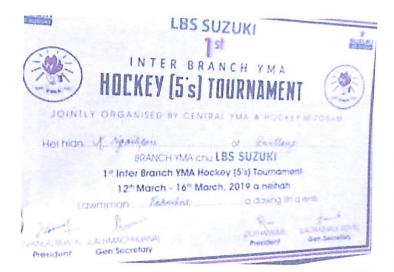
Stadium -3rd to 11th June 2019 and secured First position in 400 metre race (women) and 2nd Position in Long

Jump.



EXX RESURAN OPEN ATTELE (Dr.H.LALZIDINGA) Principal

Avalon Badminton Tournament 2019 Aizawl during 13th April -4th May 2019. Zothansangi secured 1st Runner Up position in the Women's doubles 'A' category.



			A	
F	HRANGTHANMAWII M	EMORIAL MISSION	I VENG OPEN 201	9
	MERII	CERTIFIC	V11:	
		is it to cretify that		
		a Charles		
	Tome.	. Sandante	11.1	
PANA COL	wetabled at the Wangshamman A Maring 17:17 Her 2019, washing has arrived Lea 1	Renoval Moutain Long Chair A Lin Minior Long Sudayerini produce in the 12 January	of her of the consenses of the first of the consenses of	
	The state of the s	Street, Sec. 4, 100 at 15 at 1	NAME AND ADDRESS OF	
# 100 las	\$			. "
AIZAWL: MI				M3-

	IIZORAM UNIV	ERSITY		2
000	Certificate of .			
Micro Mr. 18	This is in contify.	theet		
representing for	. Albanysternis	. Second	ellege,seens	red inves
the Annual Sport	Most Migamin	Howevery.	hold at .	dignool
to supply seeking formation theret		Prot XILL Vice	BASSASNA RA Chanceller Sports Bosse	<b>G</b> )

The 17th MZU Inter College Sports Meet was held during 11th -15th March 2019. Our women TT players

won Bronze medals in Table Tennis (W).



The 17th MZU Inter
College Sports Meet
was held during 11th - Gov
15th March 2019. Our
college sports students
participated in all Indoor
Games disciplines and
won Gold in Table
Tennis (M)







11th -15th March 2019. won **Silver** medals in Volleyball (M) in the 17th MZU Inter College Sports Meet



Acotball Women's League, Jenny Lallawmsangi was one of the team members of Chanmari FC. They won Silver (2nd place)

John Zamliana secured First position in Men's singles and First position in 'Youth Boys' Singles' category. in the MTTA Season Opening **Table Tennis** Championship 2019, conducted at Mizoram Table Tennis Hall. Mission Veng. Aizawl during 5th to 7th June 2019.

MIZORAM TABLE TENNIS ASSOCIATION

Gouglicate of Merit

(Dr.H.LALZIDINGA)

Principal

Govt. Hrangbana College

Aizawl, Mizoram

MIZORAM TABLE TENNIS ASSOCIATION

Certificate of Merit



GHBC Basketball team won 1st position in the state level Inter Varsity
Basketball
Tournament MSU
Cup



The 17th MZU Inter College Sports Meet was held during 5th - 7th March 2019. Our college sports students participated in won: **Gold** in Hockey (W)



won Bronze (3rd Place) in Football (Men) -17th MZU Inter College Sports Meet was held during 5th - 7th March 2019.







# MZU Inter College Sports Meet won Gold in Volleyball (W)





3<sup>rd</sup> place in Literature fest /LitFest2019 (Poetry competition & beat contest) at Pachhunga Univ College, org by Mizoram state legal Authority& Mizoram English Literary Society (MIELS) on 22<sup>nd</sup> March 2019.

Poetry

Lalrinsanga and band Sword
Tune stood the 2nd in MZU
Rock Music Contest alongwith best vocalist and
best guitarist, organized by
Mizoram University at MZU,
Tanhril on 7th May 2019

(Dr.H. LALZIDINGA)

Govt. Hrangbana College
Aizawl, Mizoram
Aizawl, Mizoram
FOOTBALL

participated in all Indoor Games disciplines and won medals as follows: Bronze (3rd Place) in Football (W)

e 17th MZU Inter College Sports Meet was held during 11th -15th March 2019. Our college sports students

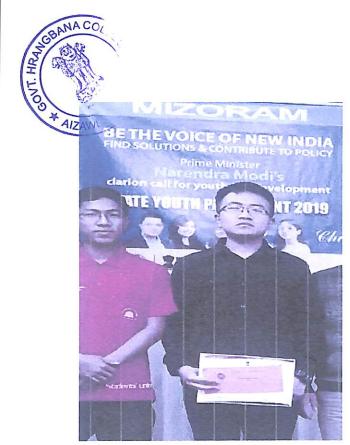




Lalthafamkimi of Euphony band has been awarded the Best Vocalist in Suzuki Burgman Inter-College Beat Contest 2018 held during 3rd & 4th October 2018 which was organized by Govt Hrangbana College

Students' Union.





Elijah LH
Sanga
secured 1st
postion at
the State
Youth
Parliament
2019 held
on 28th
January
2019 at
Pachhunga
University
college.



Enterviewed of Order  From Wards Affering and Sports
Contificate of Sarticipation 3993
The second for the the and assessed to second the
that had North Green half at Them Made and the prime
Sanday Prostrate Sourchast Kapper
EEN. Sports Authority of India DO. Sports Authority of India

K.Lalngaihpari, representing Mizoram team Under-21 in Hockey event in the Khelo Youth Games held at Pune, Maharashtra from 9th January to 20th January 2019





(Dr.H.LALZIDINGA) Principal

Aizawl.Mizoram

The GHBC Cultural Club stood 1st place in Mizo Students' Union (MSU) organized Kulva Cultural Competition 2018,



Lalrinsanga of Zuali Inleng has been awarded the Best Keyboardist in Suzuki Burgman **Inter-College Beat Contest 2018** 

- 3rd & 4th October 2018

The Cultural club has participated in the Zofest 2018, Zirlai Pawl (MZP) at Reiek 4th Dec - 7th Dec 2018.







Kushal Das

The Cultural club
participated and stood
2nd place in the '1st
Mizo Hnahthlak
International Cultural
Festival and
(Dr.H.LALZIDINGA)
Competition'

Principal
Govt. Hrangbana College

Aizawl, Mizoram







PeterLalrinhlua was awarded **Best Player**"**Golden Ball**" while Joel Lalmuanpuia was awarded **Best Scorer** and won the '**Golden Boot**' from Adidas at the Reliance Youth Boys Football on 26 Oct 2018







### 2018 - 2019

Won Silver Medal in Badminton (Women) at the Mizoram University Sports Meet 2019 held during 11th to 15th March 2019

The college cultural club, participated at Virthli 2019 held at MZU, Tanhril on April 2019 and secured 2nd position in the Cultural Dance competition with Bamboo Dance which is also known as Cheraw (Buhzaih).



