

INTERNAL QUALITY ASSURANCE CELL
GOVT HRANGBANA COLLEGE
AIZAWL: MIZORAM
SEMINAR- WORKSHOP- WEBINAR
ANNUAL REPORT 2022-2023

1	NAME OF PROGRAM	Personality Development for SU Election Candidates
	Date	26th July 2022 Organized by : Career & Counselling Cell & IQAC, GHBC
	Place	Venue : Conference Hall, GHBC
	Resource Person	1. Dr Lalbiakzuali, Associate Professor & IQAC Coordinator, GHBC 2. Mr Laldampaia, Associate Professor, Dept of History & Prof in Charge of Students Union Elections, GHBC
	No of Participants	21
	Organisers	Career & Counselling Cell & IQAC, Govt Hrangbana College

The Personality Development Program was conducted on 26th July 2022 at the Conference Hall of the institution and was meant specifically for Students Union election candidates. The program aimed to enhance various aspects of the candidates' personalities, allowing them to present themselves in the best possible light and connect with their fellow students on a deeper level. This in turn would contribute to a vibrant and inclusive student community.

The resource persons skilfully encouraged the participants to explore their strengths, weaknesses, goals and personal values. The best ways to express their ideas confidently, engage with different audiences, and actively listen to others were points of focus in the program. Throughout the program, the candidates were also encouraged to network and build good relationships with their fellow candidates, their peers and the teaching and non-teaching staff of the institution.




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2	NAME OF PROGRAM	One Day Workshop on Using E-Resources for Teaching and Research
	Date	29th July 2022
	Place	Conference Hall, GHBC
	Resource Person	Dr. Lallaisangzuali, Deputy Librarian, Central Library, MZU
	No of Participants	48
	Organisers	IQAC & Library Committee, GHBC

This workshop conducted by IQAC & Library Committee of the institution on 29th July 2022 aimed to highlight the benefits, challenges, and best practices of incorporating e-resources into teaching and research activities. It also intended to encourage the participants to explore innovative ways of utilizing electronic resources to enhance the quality and effectiveness of teaching and research.

The resource person has extensive knowledge and personal experience on the subject matter. Her expertise made her an ideal resource person to educate and empower the participants on how to effectively integrate e-resources into their teaching practices. The workshop helped the participants explore innovative instructional methods, digital assessment techniques, and collaborative learning opportunities enabled by e-resources.




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	NAME OF PROGRAM	Intellectual Property Rights Awareness
3	Date	August 2, 2022
	Place	Online via Zoom
	Resource Person	?????
	No of Participants	140
	Organisers	Commerce Department, GHBC & National Intellectual Property Awareness Mission.

The Intellectual Property Rights (IPR) Awareness Programme, held on August 2, 2022, was a significant event organized under the National Intellectual Property Awareness Mission. The programme aimed to promote awareness and understanding of intellectual property rights among participants from various sectors, including academia, industries, startups, and research organizations. The virtual event was conducted via Zoom meeting, allowing easy access for participants from different locations.

Outcome:

The IPR Awareness Programme achieved several positive outcomes: 1. Increased Awareness: Participants gained a better understanding of the significance of intellectual property rights in various industries and sectors. 2. Knowledge Exchange: The event facilitated knowledge sharing and networking among participants, promoting a collaborative approach to managing intellectual property. 3. Encouraged Innovation: The programme emphasized the role of IPR in encouraging innovation and creativity, fostering a culture of innovation in different domains. 4. Promoted Compliance: Participants were educated about the consequences of IP infringement and the benefits of respecting others' intellectual property rights.




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4	NAME OF PROGRAM	One Day Awareness Program on Cyber Security & Emerging Technologies
	Date	11 August 2022
	Place	The Golden Hall, GHBC
	Resource Person	Mr Zingengmawia, System Analyst, NIELIT
	No of Participants	130
	Organisers	Department of commerce in collaboration with ICT Committee, GHBC

Under the project “Capability Building in IECT, including training in Digital Skillsets and Current Industry Demanding Technologies for various sections of society in the NE states”, the Department of Commerce with ICT Committee organized an impactful one day awareness program on “Cybersecurity & Emerging Technologies” on 11 August 2022.

The programme aimed to provide a platform for increasing awareness, in depth discussions and practical learning of cyber security and emerging technologies. Through hands-on activities, the participants gained practical knowledge in threat detection, keeping devices free from attack, keeping websites, accounts, passwords free from cyber-attack. The programme provided information about many applications and software. The programme proved to be a fruitful one in strengthening digital defences and ensuring a safer digital environment.




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5	NAME OF EVENT	One Day Special Lecture on the Development of Mizo Drama
	Date	16th August 2022
	Place	Conference Hall GHBC
	Resource Person	Lalzarzova, Asst. Professor, Mizoram University
	No of Participants	71
	Organisers	Mizo Department Govt. Hrangbana College

One Day Special Lecture on the Development of Mizo Drama was organized by the Department of Mizo, GHBC on the 16th of August 2022. The lecture aimed to arm students of Mizo department, GHBC with a better understanding of the background, origin, development and contemporary practices and trends of Mizo drama. The resource person, Lalzarzova, who is also an Assistant Professor at Mizoram University delivered a thorough and engaging lecture which was followed by a lively round of interaction wherein students posed numerous questions about the topic. The event took place at the Conference Hall of the institution.

OUTCOME The participants are now equipped with

- a better understanding of the origins of Mizo drama.
- a chronological understanding of Mizo drama, helping them situate texts within their historical and socio-cultural contexts.
- a desire to contribute to Mizo drama and enrich the already existing body of plays with works to fit the contemporary scene.




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6	NAME OF EVENT	One Day Seminar on Mizo Cultural Studies
	Date	19 th August 2022
	Place	Conference Hall, GHBC
	Resource Person	Lalsangzuala Assistant Professor Department of Mizo, MZU
	No of Participants	96 (Faculty-11 & Students-85)
	Organisers	Department of Education & Department of Mizo, GHBC

Context: To organize a programme on Mizo Cultural Studies is a great way of exploring and understanding the rich traditions and heritage of the Mizo community. The programme aimed to promote awareness and appreciation of the Mizo culture and traditions and explore the historical, social and artistic extents of Mizo society.

The programme is expected to highlight the contributions of Mizo culture to the larger cultural landscape of the country and its significance today and create more interest in the study and research of the subject matter.

Outcome: The seminar proved to be an enlightening and engaging event. It featured an interactive session, encouraging participants to ask questions and share their knowledge related to the Mizo culture. The resource person addressed the queries posed and skilfully provided answers, fostering a better understanding of the subject matter.

The programme accomplished its objective of creating awareness of the different dimensions of Mizo culture and traditions. The participants gained valuable knowledge of cultural tourism, Mizo art forms and the need to have better documentation of the various aspects of Mizo culture.

The event has the potential to deepen the participants' appreciation and understanding of the beautiful Mizo culture, its traditions and its significance in today's world. The knowledge gained from the event is expected to generate further interest and research in Mizo cultural studies





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7	NAME OF SEMINAR	Sensitization Seminar on Special Education (VI)
	Date	19th August 2022 (1:30 pm)
	Place	Conference Hall, GHBC
	Resource Person	R. Lalhriatpuia, M.A (Hist), M. Ed in Special Education (Visual Impairment) Special Educator at Special Blind School Durtlang
	No of Participants	120
	Organisers	Department of Education in collaboration with Department of Mizo, GHBC

Context: The Department of Education in collaboration with the Department of Mizo jointly organised Sensitization Seminar on Special Education (VI), specifically focusing on visually impaired (VI) individuals with the aim of creating awareness and promoting inclusivity in education for students with visual impairments. The objective of the seminar was to provide comprehensive information about the unique needs and challenges of visually impaired students, as well as to foster understanding and empathy towards their abilities and potential.

Outcome: The seminar provided the participants with in-depth knowledge and understanding of the specific needs and challenges faced by visually impaired students. It provided wealth of information on a range of disabilities, including acquired disabilities, hearing and visual impairments, learning disabilities and issues surrounding mental health.

The participants gained a deeper empathy and understanding of the daily experiences and potential of visually impaired students. This helped dispel misconceptions and stereotypes surrounding visual impairments, fostering a more inclusive mindset.

The increased knowledge, empathy, and collaborations that emerged from the seminar were crucial steps towards fostering a more inclusive society, where visually impaired students can thrive and reach their full potentials.




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8	NAME OF SEMINAR	Seminar on Sensitization of job opportunities for Students
	Date	31 st August 2022
	Place	Conference Hall, GHBC
	Resource Person	Jason Lalzawmpuia John, Dealer Principal, NBE TATA Motors
	No of Participants	50
	Organisers	Department of English & Department of Economics, GHBC

A seminar on Job opportunities for students was jointly organized by Department of English & Department of Economics, Govt Hrangbana College. The resource person, Jason Lalzawmpuia John, Dealer Principal, NBE TATA Motors who has an extensive knowledge and experience presented insightful information about the prospects for young people to find work in numerous sectors.

Outcome: By the end of the session, everyone had a clear understanding of the job search process and the significance of choosing a field that matched their skill set

The seminar provided the participants with fresh inspiration to pursue their future career.



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9	NAME OF PROGRAM	Creating Hope Through Action - World Suicide Prevention Day
	Date	10 th September 2022
	Place	Alumni Arena, GHBC
	Resource Person	Prof Zothanzami
	No of Participants	153
	Organisers	Department of Clinical Psychology, Mizoram University, Centre for Disability Studies (CDS) & Department of Psychology GHBC

On 10th September, 2022, the Department of Psychology GHBC, in collaboration with Department of Clinical Psychology, Mizoram University, Centre for Disability Studies (CDS) organized an awareness programme in regards to World Suicide Prevention Day at Chanmari. The programme was organized to raise awareness about suicide prevention among the students. The theme of WSPD 2022 is "Creating hope through action".

World Suicide Prevention Day was observed by the Department in collaboration with Career and Counseling Cell, Govt. Hrangbana College on 10th September 2021 adopting the shared theme all over the world which was "Creating Hope Through Action", which aims to discuss, inform, and raise awareness for alternatives to suicide. World Suicide Prevention Day is an awareness day that is observed each year on September 10.




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10	NAME OF PROGRAM	Financial & Digital Literacy Campaign
	Date	13 th September, 2022
	Place	Golden Hall, GHBC
	Resource Person	Chief Manager, Mizoram Rural Bank
	No of Participants	140
	Organisers	Mizoram Rural Bank, Aizawl Branch & Department of Commerce and Department of Economics.

One day Seminar on “Financial and Digital Literacy Camp” was organized by Mizoram Rural Bank in collaboration with Department of Commerce and Department of Economics. The Financial and Digital Literacy Seminar aimed to educate the participants on essential financial management skills and digital literacy. The seminar was organized with the primary objective of empowering the participants to make informed financial decisions and embrace digital technology for their benefit.

Introduce basic financial concepts, including budgeting, saving, and debt management.

→Familiarize participants with digital banking and online transactions. →Promote safe and secure digital practices.

→Provide participants with resources and support for financial assistance.

→To educate them about various financial services and tools made available to them by the banking infrastructure.

→Understand need for continuous improvement of digital literacies →Understand importance of Digital Literacies for Employability

→Educating about the Digital banking through Net banking, Mobile banking, NEFT/IMPS, ATM,AEPS, POS and apps in an efficient, quick and safe manner.

Outcome: Educating on Financial Literacy: Through engaging sessions on budgeting, saving, and debt management, participants gain a deeper understanding of their finances. Interactive discussions allowed them to share personal experiences and learn from each other's financial challenges and successes.

• Embracing Digital Technology: Local representatives from financial institutions provided comprehensive insights into digital banking services available to them. The hands-on exercises and demonstrations allowed participants to explore mobile banking apps and conduct mock online transactions. The response was



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overwhelmingly positive, as many attendees expressed their eagerness to embrace digital banking for its convenience and time-saving benefits.

11	NAME OF PROGRAM	Sensitization Program on International Week of Deaf People
	Date	19 th -23 rd September 2022
	Place	Room 402, GHBC
	Resource Person	1. Miss Ramneihmawii, BA, B.Ed, (HI), Special Teacher, Gilead Special School 2. Miss Liansangpuii, BA, B.Ed, (HI), Special Teacher, Gilead Special School
	No of Participants	84
	Organisers	Department of Education, GHBC & Gilead Special School

The Department of Education, GHBC observed International Week of Deaf People by organizing a seminar with Gilead Special School. The students with disability from Gilead Special School shared their time with the students of the Final Year Education Department of the college. The week observed helped convey knowledge about deaf people, not only to extend sympathy to the deaf but to see it as a chance to make a 'difference' in their lives and that the only difference is in the 'means of communication'.

The program was held in compliance with the theme for International week of deaf people 2022 : "Building Inclusive Communities for All" .

The participant are encouraged to help break down communication barriers and encouraged to foster better communication between deaf and hearing individuals. The participants were informed about the fundamental rights of deaf people in terms of equal access to education and modern technologies.



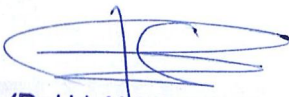

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12	NAME OF SEMINAR	International Day of Peace
	Date	21/09/'22, 2:00PM
	Place	Geography Core Room
	Resource Person	Ms. Ramengmawii, Asst Professor, GHBC
	No of Participants	40
	Organisers	Department of Geography, GHBC

The International Day of Peace 2022 is observed with the aim of building a world where compassion and empathy overcome suspicion and hatred. ® The programme aimed to bring to light the role of every individual in promoting equality and in achieving a just, inclusive, non-violent and harmonious society. The programme helped the participants to explore the negative effects of racism and effective ways to tackle them.

The International Day of Peace ("Peace Day") is observed around the world every year on 21 September. Established in 1981 by unanimous United Nations resolution, Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a Culture of Peace. ® The International Day of Peace 2022 is observed with the aim of building a world where compassion and empathy overcome suspicion and hatred. ® The programme aimed to bring to light the role of every individual in promoting equality and in achieving a just, inclusive, non-violent and harmonious society.




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13	NAME OF SEMINAR	Financing Rural Economy: Role of Primary Agricultural Credit
	Date	23 rd September 2022
	Place	Golden Hall, GHBC
	Resource Person	Ms T Lalmuanpuii, Chairman, Mizoram Cooperative Apex Bank Ltd
	No of Participants	120
	Organisers	Department of Economics & Department of Commerce, GHBC

Realizing that Primary Agricultural Credit Societies play a crucial role in financing the rural economy in India, the Department of Economics and Commerce organized a seminar to create awareness on the role of primary agricultural credits. From the expertise and knowledge shared by the resource person, the participants gained valuable knowledge about banking, finances and loans.




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14	NAME OF SEMINAR	Pursuing Masters/Ph.D in the United States
	Date	27 th September 2022
	Place	Conference Hall GHBC
	Resource Person	1. Christine Sailo 2. Tanu Parashar 3. Manoj Gupta United States – India Educational Foundation (USIEF) and Young Indians Association
	No of Participants	55
	Organisers	United States – India Educational Foundation (USIEF) and Young Indians Association in collaboration with Career Guidance and Campus Placement Cell, Govt. Hrangbana College

United States – India Educational Foundation (USIEF) and Young Indians are on the look- out for young people aspiring to pursue higher studies in the United States. This programme intended to create consciousness among the students the opportunities and benefits of pursuing higher studies in the United States. The programme focused on providing accurate and comprehensive information for aspirants and clearing their doubts and queries.

Context of the Programme

- United States – India Educational Foundation (USIEF) and Young Indians are on the look out for young people aspiring to pursue higher studies in the United States. This programme intended to create consciousness among the students the opportunities and benefits of pursuing higher studies in the United States.
- The programme would focus on providing accurate and comprehensive information for aspirants and clearing their doubts and queries.




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15	NAME OF SEMINAR	Workshop on Career Awareness: Learn, Connect and Achieve Your Goals
	Date	27th September 2022
	Place	Conference Hall, GHBC
	Resource Person	Dr. Saithantluangi Zote, Mizoram Information Service
	No of Participants	74
	Organisers	Dept of Public Administration, GHBC

The workshop aimed at guiding the students to self- assessment, career research and planning. The workshop helped the participants to explore their personality, skills and basic area of interest. The workshop was divided into Part 1 and 2. Part 1 of the workshop helped the participants explore their personality, skills and the 6 basic areas of interest; realistic, investigative, artistic, social, enterprising and conventional. Part 2 of the workshop focused on the overview of the Mizoram Civil Services.

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16	NAME OF SEMINAR	Freedom Fest Talk on Entrepreneurial (MSME) Opportunities for Mizo Youth
	Date	29th September 2022 @ 2 p.m
	Place	The Golden Hall
	Resource Person	Pi Malsawmi, MSME High Power Committee
	No of Participants	210
	Organisers	EKC in collaboration with Department of Commerce & Economics

EKC in collaboration with the Department of Commerce & Economics organised a seminar on 'Entrepreneurial (MSME) opportunities for Mizo Youth' on 29th September 2022 at the Golden Hall, Government Hrangbana College. The program intended to raise the level of awareness of entrepreneurship and self-employment as a career option for women and young people, the funding opportunities for youth entrepreneurship programmes.

CONTEXT

- ∅ The importance of developing youth entrepreneurship policies.
- ∅ The funding opportunities for youth entrepreneurship programmes.
- ∅ The ways in which obstacles to youth entrepreneurship can be addressed using specific programmes, illustrated by a number of inspiring practices.
- ∅ Key aspects of successful youth entrepreneurship programmes.
- ∅ Raise the level of awareness of entrepreneurship and selfemployment as a career option for women and young people.
- ∅ To provide need-based knowledge and practice about competencies and attitudes required for starting and operating a successful enterprise.




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17	NAME OF SEMINAR	Observation of the 153rd Birth Anniversary of Mahatma Gandhi
	Date	30th September, 2022
	Place	Room 402
	Resource Person	1. Mrs Lynda, Associate Prof 2. Ramnunmawii, V Sem 3. Laldampaia V Sem 4. Laldinpuii V Sem
	No of Participants	80
	Organisers	Department of Education, GHBC

The 153rd Gandhi Jayanti was observed by the Department of Education on 30.9.2022 to mark the birth anniversary of Mohandas Karamchand Gandhi. The Department of Education spent this inspirational day by organizing a programme in which some teachers and students gave presentations and a lively resourceful discussion was held on the life and teachings of Mahatma Gandhi. The programme was an enlightening one, increasing awareness among the participants about the contributions made by Gandhi on education, freedom movement and his cleanliness initiatives.

The program served as a platform for motivation to strive for a society that practices non-violence and honesty and to treat any member of the society equally whatever their gender, religion, colour, or caste maybe.

The Department of Education spent this inspirational day by organizing a programme in which some teachers and students gave presentations and a lively resourceful discussion was held on the life and teachings of Mahatma Gandhi. The programme was an enlightening one, increasing awareness among the participants about the contributions made by Gandhi on education, freedom movement and his cleaning initiatives.




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18	NAME OF SEMINAR	Skill Development and Entrepreneurship Awareness Programme under SANKALP
	Date	30th September 2022
	Place	Golden Hall, GHBC
	Resource Person	MS Jordani, Labour Officer, LESDE
	No of Participants	151
	Organisers	Research & Consultancy Cell, IQAC, EKC, Dept of Commerce, Economics and Public Administration, GHBC in Collaboration with The Department of Labour, Employment, Skill Development and Entrepreneurship (LESDE)

It is crucial to emphasize skill development programmes to help the youth discover new talents and knowledge or sharpen their innate skills. Hence there is an imperative need for awareness programmes and for this purpose the seminar was organized.

The participants were introduced to a series of job opportunities available in the national and international market with the specific skills required along with the agencies that can provide such opportunities. The Photography session and Floristry workshop was greatly valued and it undoubtedly brought into light that floristry is not a gender related skill.




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19	NAME OF SEMINAR	Special Lecture on Entrepreneurship
	Date	6 th October,2022
	Place	Psychology Core Room, GHBC
	Resource Person	Mrs. Zubeno Ovung, Psychologist, Entrepreneur & Co-Founder of Hope Centre for Excellence, Nagaland
	No of Participants	50
	Organisers	Dept of Psychology Date and Duration 6 th October,2022 Resource Person Mrs. Zubeno Ovung Sponsorship Institutional

A psychologist and entrepreneur, Mrs. Zubeno Ovung from Nagaland, visited the college and had a special lecture class with the 6th semester students of Psychology on 6th October,2022. The programme created awareness among the students the importance of becoming independent and to channel their creativity into creating something of their own in this competitive world.

OUTCOME

- Students interacted well and asked questions they could benefit from, regarding their further studies.
- The programme created awareness among the students the importance of becoming independent and to channel their creativity into creating something of their own in this competitive world.




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20	NAME OF SEMINAR	World Mental Health Day
	Date	10 th October 2022
	Place	Alumni Arena. GHBC
	Resource Person	Dr. Juliet Lalremmawii, Asso Prof, Department of Psychology
	No of Participants	50
	Organisers	by Dept of Psychology, GHBC

The Department organized a seminar on Mental Health which was followed by inspiring and motivational shows and speeches, songs and recitations to honour World Mental Health Day on 10th October, 2022, at the Alumni Arena in the college, projecting the theme, "It's okay to ask for help, you don't have to fight your battles alone."

OUTCOME

The programme provided better knowledge among the participants about the various mental health issues around the world and to support people in dealing with such health issues

- **Raise Awareness:** The program increased awareness and understanding of mental health issues,

reducing stigma and discrimination associated with mental health conditions.

- **Advocacy:** It advocates for better mental health policies and services, pushing for improved access to

mental health care and support.

- **Education:** The day was an opportunity to educate the participants about different mental health

disorders, their signs, symptoms, and the importance of seeking help early.

- **Support:** The program connected individuals with mental health issues to available resources and


support networks, fostering a sense of community and understanding.

- **Reducing Stigma:** By promoting open conversations about mental health, the program helped in

better realization of the stigma and discrimination faced by people with mental health conditions.

- **Mobilizing Action:** World Mental Health Day encourages individuals, communities, and organizations




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to take action to address mental health needs and promote mental well-being.

21	NAME OF SEMINAR	Seminar on History and Philosophy of Geography
	Date	27 th October 2022
	Place	Geography Core Room, GHBC
	Resource Person	Prof. Benjamin L Saitluanga, Dept. Of Geography &RM, MZU
	No of Participants	35
	Organisers	Department of Geography, GHBC

This programme intended to focus on the theoretical and conceptual foundations of the subject of Geography thereby making the students understand the basic concepts of geography and its development through time.

This programme intended to focus on the theoretical and conceptual foundations of the subject of Geography thereby making the students understand the basic concepts of geography and its development through time. It would be an exploration of key discourses, debates and controversies that shaped the discipline. Placing the thought and practice of Geography within a broader societal perspective would also be one of the key points of the seminar.

OUTCOME:

- The skilful presentation of the speaker enabled the participants to see the discipline in a new, different and broader perspective.
- The participants have been made aware of the different theoretical concepts and how these can be related to various issues today
- They were informed of the different paradigms in geography discipline through time and how geographers have tried to understand the relation between geographical thought and practice.
- The programme was a good convenient platform for planting new and renewed interest of the subject among the participants and it equipped them with a better understanding of the past and future trends of the subject




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22	NAME OF SEMINAR	Legal Awareness on Cyber Crime and Laws
	Date	27th October 2022
	Place	Conference Hall, GHBC
	Resource Person	Ms Ramdinmawii, Advocate & Legal Adviser
	No of Participants	72
	Organisers	Anti-Ragging & Legal Aid Cell, Grievance Redressal Cell, Equal Opportunity Cell, and Internal Complaints Committee, Government Hrangbana College

The primary objective of the seminar was to enhance the participants' understanding of cybercrime and create measures to ensure a safer digital environment. The collaborative efforts of the Anti-Ragging & Legal Aid Cell, Grievance Redressal Cell, Equal Opportunity Cell, and Internal Complaints Committee in organizing this seminar exemplify Government Hrangbana College's commitment to ensuring a secure and inclusive campus environment. The knowledge gained during the seminar is expected to contribute significantly to the participants' digital safety and awareness, thereby fostering a safer digital community in Mizoram.

Key Topics Covered

- 1. Introduction to Cyber Crime: C Ramdinmawii began by explaining the concept of cybercrime and its various forms, such as hacking, phishing, cyberbullying, identity theft, and online fraud. She highlighted the growing prevalence of cybercrime and its devastating effects on individuals and organizations.
- 2. Cyber Laws in India: The resource person elaborated on the existing cyber laws and regulations in India, such as the Information Technology Act, of 2000, and the amendments made to address emerging cyber threats. She emphasized the importance of staying updated with the evolving legal framework to tackle cybercrime effectively.
- 3. Preventive Measures: C Ramdinmawii stressed the significance of taking proactive measures to protect oneself from cyber threats. She offered practical tips for internet safety, including creating strong passwords, enabling two-factor authentication, and being cautious while sharing personal information online.
- 4. Reporting Cyber Crime: The legal adviser explained the process of reporting cybercrime incidents and the role of law enforcement agencies in handling such cases. She encouraged participants to report any cybercrime incidents promptly, ensuring that the perpetrators are brought to justice.
- 5. Digital Footprint and Social Media: The seminar also covered the concept of a digital footprint and its implications on one's online privacy and security. Attendees were made aware of the potential risks associated with social media usage and the need to exercise caution when sharing information on these platforms




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23	NAME OF SEMINAR	Special Lecture on Competitive Exam
	Date	31st October,2022
	Place	Psychology Core Room, GHBC
	Resource Person	1. Lalthasangkima (MF & AS) 2. Vanlalawmpuia Renthlei (MF & AS)
	No of Participants	50
	Organisers	Dept of Psychology, GHBC

The programme focusses on competitive examinations and what measures are needed to be taken in order to succeed. One of the Resource persons of the programme, Lalthasangkima, Officer (MF & AS) is an alum of the Dept of Psychology. Through the lectures of both the resource persons, the participants are expected to gain better knowledge of the various strategies of facing competitive exams, the struggles and challenges that can come on the way, the ways of managing time etc. It would provide insights into ways of managing stress, frustration and desperation as well. Through the experiences shared by the resource persons, it is expected that the participants are motivated and encouraged to face challenges ahead.




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24	NAME OF SEMINAR	Nationwide Intensive E Awareness Program, 2022 Special Emphasis On Digital Banking & Redressal Mechanism
	Date	3rd November, 2022
	Place	Conference Hall, GHBC
	Resource Person	Pu Lalramdinpuia Khiangte, Manager, RBO-SBI, Aizawl
	No of Participants	64
	Organisers	State Bank of India, RBO, Aizawl & Dept of Commerce & Economics, GHBC

The Nationwide Intensive Awareness Programme, 2022, with a special emphasis on Digital Banking and Redressal Mechanism, was organized by the State Bank of India, Regional Business Office (RBO) Aizawl, in collaboration with the Department of Commerce & Economics, Hrangbana College. The programme aimed to enhance awareness among participants about the benefits and usage of digital banking services and educate them about the available redressal mechanisms in case of any issues or grievances. The event took place at the Conference Hall, which provided a conducive environment for learning and interaction.

CONTEXT

1.Nationwide Intensive Awareness Programme: The programme aimed to create awareness among the students about the significance of digital banking services and the need for effective redressal mechanisms in the banking industry.

2.Focus on Digital Banking: With the increasing popularity of digital banking services, the programme aimed to educate participants about the benefits, features, and potential risks associated with digital banking platforms such as mobile banking, internet banking, online payment systems, and digital wallets.

3.Importance of Redressal Mechanism: Recognizing the need for a robust redressal mechanism, the programme highlighted the various avenues available for individuals to address banking-related grievances and seek resolution in a timely and efficient manner.




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25	NAME OF SEMINAR	Legal Awareness- The Rights of Persons With Disabilities
	Date	3 rd November 2022
	Place	Golden Hall, GHBC
	Resource Person	Ms Vanrammawii, Advocate
	No of Participants	120
	Organizers	Equal Opportunity Cell, GHBC & Dept of Political Science Collaboration : Centre for Disability Studies, Mizoram University Campus, NILD Calcutta

The program aims to increase legal awareness regarding the rights and accommodations of persons with disabilities. The resource person Ms Vanrammawii, a disabled advocate on a wheelchair is a distinguished individual who has extensive knowledge and personal experience in advocating disability rights. 2. The programme has the objective of providing a comprehensive overview of the laws and regulations that protect the rights of persons with disabilities, highlighting important acts and policies. Emphasis is needed to be made on the importance of accessible facilities and accommodations for persons with disabilities while providing information on the various accommodations that can be provided to ensure equal participation and inclusion for individuals with different types of disabilities. 3. An in-depth discussion on the rights of persons with disabilities in accessing healthcare and social welfare service - the legal protections and entitlements are also points of focus in the programme.




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26	NAME OF SEMINAR	One day Workshop and Seminar for Domestic Workers
	Date	8th November, 2022
	Place	Conference Hall, GHBC
	Resource Person	Dr. Juliet Lalremmawii Ralte, Asso Prof, Psychology Department GHBC
	No of Participants	80
	Organizers	Dept of Psychology, GHBC & FDWA, Aizawl and Bru Welfare Union In Collaboration with Central for Development Initiatives

A One day training was organized for Domestic workers on 8th November, 2022 at Conference Hall, GHBC, in collaboration with FDWA, Aizawl and Bru Welfare Union India in which around 80 domestic workers from different community attended this training.

OUTCOME

- **Skill Enhancement:** The workshop provided opportunities for domestic workers to enhance their skills and knowledge in various areas, such as housekeeping, childcare, cooking, and time management.
- **Empowerment:** Through informative sessions and interactive discussions, the seminar empowered domestic workers by increasing their awareness of their rights, including labor laws, fair wages, and workplace safety.
- **Confidence Building:** The workshop fostered a supportive and inclusive environment, encouraging domestic workers to share their experiences, challenges, and achievements, thereby boosting their self-confidence.
- **Networking and Community Building:** The seminar facilitated networking among domestic workers, creating a sense of community and solidarity, which can lead to ongoing support and collaboration.
- **Financial Literacy:** Some sessions focused on financial literacy, educating domestic workers on budgeting, saving, and making informed financial decisions.
- **Health and Wellness:** The program included sessions on physical and mental health, offering tips for maintaining a healthy lifestyle despite the demands of their work.
- **Communication Skills:** The Workshop addressed effective communication skills, helping domestic workers improve their ability to communicate with employers and resolve conflicts.
- **Empathy and Understanding:** Employers or representatives from households were invited to participate in parts of the workshop, promoting empathy and understanding between domestic workers and employers.
- **Recognition and Appreciation:** The workshop recognized the valuable contribution of domestic workers to households and society, fostering appreciation for their hard work and dedication.




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27	NAME OF SEMINAR	Entrepreneurial Job Drive
	Date	11th November 2022, 1:30 p.m
	Place	Conference Hall GHBC
	Resource Person	LTL Fela, Manager and Director, Tharthilthlentu
	No of Participants	47
	Organizers	English and Commerce Departments of Govt. Hrangbana College

Seminar on Entrepreneurial Job Drive was organized by the Department of English and Department of Commerce, GHBC in collaboration with Tharthilthlentu (TiLi). The programme aimed to bring about awareness among participants about the trend of entrepreneurship that has caught the youth of today by storm, and the background and ethos of TiLi. The resource person, LTL Fela who is also the Manager and Director of TiLi delivered a PowerPoint presentation and he, along with his business partner Mark Laldusaka, discussed their experiences in the entrepreneurial world. This was followed by a round of interaction wherein students' questions about entrepreneurship were discussed. The event took place at the Conference Hall.




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28	NAME OF SEMINAR	Janjatiya Gaurav Diwas
	Date	15 th November 2022
	Place	Golden Hall, GHBC
	Resource Person	<ol style="list-style-type: none"> 1. Dr.RosalineVarsangzuali Asso. Prof, Dept of History, GHBC 2. Dr.H.Lalzuithangi, Asso Prof, Dept of Pol Sc, GHBC 3. Lalzarzova, Asst Prof, Dept of Mizo, MZU 4. Laltlanmawia, Asst Prof, Dept of Mizo, GHBC
	No of Participants	150
Organizers	Department of Psycho;ogy, Political Science and Public Administration , GHBC & Ministry of Tribal Affairs, National Education Society fof Tribal Students, Govt of India, Directorate of Social Welfare and Tribal Affairs, Govt of Mizoram	

The context of the Janjatiya Gaurav Diwas program is to celebrate and honour the cultural heritage, traditions, and contributions of the tribal communities (Janjatiya) in India. The program aims to recognize and promote the unique identity and rich cultural diversity of these indigenous communities, while also raising awareness about their rights, challenges, and aspirations.

Cultural Revival: Janjatiya Gaurav Diwas can lead to a revival of traditional art forms, practices, and rituals within tribal communities, preserving their cultural heritage for future generations. **Community Empowerment:** The program's celebration can empower tribal communities by strengthening their cultural identity, leading to increased community cohesion and cooperation. **Social Integration:** The program can foster greater social integration between tribal communities and the broader society, promoting mutual respect and understanding



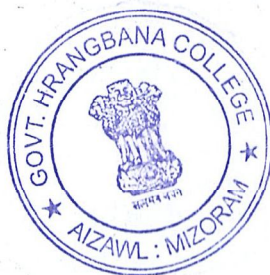

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29	NAME OF SEMINAR	Career Guidance cum Financial Literacy Campaign
	Date	30th November 2022
	Place	Golden Hall, GHBC
	Resource Person	1. Samuel Lalremkima 2. Deepak Kumar
	No of Participants	100
	Organizers	Reserve Bank of India & Career Guidance and Campus Placement Cell, Govt. Hrangbana College

Context : -Career and job prospects in Reserve Bank of India (RBI) and other financial institutions.

-Involvement of RBI in the financial management system and Online payment system

The Resource persons enlightened the audience by providing details of job prospects in RBI and other financial institutions. The participants were motivated and had several questions regarding seeking and applying for jobs in RBI to which the resource persons patiently listened and provided answers. The Resource persons skilfully explained the risk of online payment systems. They warned the audience to be alert and careful and advised them to incorporate the RBI's advice. •Representatives from the RBI donated sum of rupees 40,000, cash receipt books, seal pads, note books etc to the college.




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30	NAME OF SEMINAR	One Day Awareness Programme on Cyber Security & Emerging Technologies
	Date	3 rd February 2023
	Place	Conference Hall, GHBC
	Resource Person	Experts from NIELIT
	No of Participants	119
	Organizers	Dept of Mizo & NIELIT

The program aims to bring experts to explore the intersection of cybersecurity and emerging technologies and raise awareness about the evolving cyber threats and challenges presented by emerging technologies. By exploring the latest threats and promoting best practices, the programme strives to strengthen digital defenses and ensure a safer digital environment for the participants. It would be a platform to discuss legal, ethical, and policy considerations surrounding cyber security and emerging technologies.

The participants engaged in in-depth discussions, examining the impact of technology on privacy, data protection, regulation, etc. Through hands-on activities, the participants gained practical experience in threat detection, incident response, secure coding, and data protection. Through the skill, expertise and knowledge of the experts, the participants gained a rich pool of knowledge and actionable strategies to safeguard digital systems and assets in the face of the evolving cyber threats.




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31	NAME OF SEMINAR	Career Guidance
	Date	24 th February 2023
	Place	Golden Hall, GHBC
	Resource Person	Lawmnakima, Executive Director, ERNST & Young LLP, Bangalore
	No of Participants	150
	Organizers	Career Guidance and Campus Placement Cell in Collaboration with Commerce and Education Department

A Special Lecture on Career Guidance programme was organized by Career Guidance and campus Placement Cell in Collaboration with Commerce and Education Department on 24th February 2023. It was attended by II Semester Education core and elective students. The Resource Person was Lawmnakima, Executive Director, ERNST & YOUNG LLP, Bangalore. Being an executive Director himself in a very prestigious firm, the Resource Person showed light upon the student's career guidance, counselling on the career paths. He gave information on different career opportunities, job roles, skills and qualifications required to succeed in a given field, gave information and enlightened them on the career paths available to them.




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32	NAME OF SEMINAR	Literary Evening - An Interactive Session
	Date	2nd March 2023
	Place	Conference Hall, GHBC
	Resource Person	PC Lalremruati, author of 'I Ti Thei'
	No of Participants	63
	Organizers	Literature Club Govt. Hrangbana College

Literary Evening – An Interactive Session was organized by the Literature Club, GHBC on the 2nd of March 2023. This session also included poetry reading from members of the Literature Club and a book exchange programme. PC Lalremruati, author of 'I Ti Thei' was the special guest. She shared her personal experiences that brought about the publication of her book and this was followed by interaction with the participants. The event took place at the Conference Hall.




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33	NAME OF SEMINAR	Mental health for Athletes
	Date	15 th March 2023
	Place	Hotel Floria
	Resource Person	1.Dr. Juliet Lalremmawii Ralte, Asso Prof, Psychology Department, GHBC 2. Prof. Zothanzami, Psychology Department, GHBC
	No of Participants	30
Organizers	Department of Psychology & TBL Basketball Club	

The main objective of organizing a programme of this kind is to impart knowledge among the players, of the best means of dealing with such stresses and issues. It was a lively and interesting session with the participants sharing their personal experiences. The resource person, Dr. Juliet Lalremmawii stressed the need for working as a one unit to be the winning team. Basketball being a team game requires the participation of the team members in their own roles to enhance each player as a support system in scoring points.




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34	NAME OF SEMINAR	Awareness programme on Wellness and Career Counselling
	Date	16/03/2023
	Place	Conference Hall, GHBC
	Resource Person	Professor Zokaitluangi, Senior Professor of Psychology, Dean, School of Medical and Para Medical sciences, Mizoram University
	No of Participants	84
	Organizers	Department of education, GHBC

The programme was meant to improve overall mental health, career satisfaction, life skills and success. This seminar was attended by VI semester Education core students. Through the expertise of the resource person, the participants gained clarity on career goals, evaluating one's skills and competencies.

The program improved communication and interpersonal skills for the participants with greater self-acceptance and self-esteem and the ability to a better expression and management of emotions and mental health conditions.




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35	NAME OF SEMINAR	Poetry Reading Fest
	Date	21 st March 2023
	Place	Mizo Core Room
	Resource Person	
	No of Participants	79
	Organizers	Department of Mizo, GHBC

The student poets recited poems composed by themselves. The Fest celebrated the diverse voices of the students through their poems. The event led to discovery of new, talented poets and voices among the students and helped them gain recognition and exposure.

The fest contributed to an increased awareness and appreciation of poetry as an art form, highlighting its ability to convey emotions, tell stories, and explore complex subjects. It helped in cultivating a wider appreciation for poetry among the participants and an interest to experience the power of spoken word and literary expression. The performances and stories shared during the program were sources of inspiration and encouragement for the participants.




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36	NAME OF SEMINAR	Two Day International Seminar on A critical Study of the Songs of Valzotea
	Date	28th & 29th March 2023
	Place	Ignite Studio, Khatla, Aizawl
	Resource Person (s)	1.Lalzarzova, Asst Professor, Dept of MZU 2. Dr Ruth Lalremruati, Asst Professor 3. Mai Sokhlei Par, Creative Writer, Myanmar 4. Lalthuamlia, Univ of Manchester, UK 5. Rohmingthanga Ralte, Asst Prof 6. Zalianthanga, Editor, The Tahan Post 7. Vanlaltana Khiangte, Asst Prof, ICFAI
	No of Participants	76
Organizers	Mizo Department, GHBC in collaboration with Research and development Cell, GHBC, Chanmari Branch YMA	

The seminar was a great means of introducing the work of Valzotea, one of the most popular songwriters of the Mizo people and increasing awareness of his contributions to the Mizo music industry.

The two- day seminar proved to be an enlightening and engaging event. The expertise and knowledge of the resource persons immensely facilitated in providing a deeper appreciation and understanding of the songwriter's work among the participants * The presentations of the resource persons explored various aspects of the songwriter's works. including critical analysis and cultural context and comparisons with other artists. This provided an opportunity for sharing knowledge and different interpretations of the songwriter's body of work.




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37	NAME OF SEMINAR	Meet the Poet Organized
	Date	5 th April 2023
	Place	Conference Hall, GHBC
	Resource Person (s)	Mr. Kikon, poet, writer, and politician
	No of Participants	110
	Organizers	Dept. of English Govt. Hrangbana College

The Department of English organized a “Meet the Poet” programme at the Conference Hall, GHBC with Mr. Mmhonlumo Kikon as the Resource Person. Mr. Kikon is a poet, writer, and politician, who with his expertise in poetry genre shared his invaluable experiences with the audience. It was immensely fruitful and gripping to have a few moments with him. Mr. Kikon has three books to his name – all are a collection of poems, and is aiming to publish a non-fictional prose by November this year. One of the reasons the Department invited him was to get our students acquainted with a well-known persona in the literature world.




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38	NAME OF SEMINAR	Personality Development Programme on Interview Skills
	Date	13 th April 2023
	Place	The Golden Hall, GHBC
	Resource Person (s)	Mr. David LF, Owner of D&C Coaching Center
	No of Participants	178
	Organizers	Department of Mizo and Department of English, GHBC

A Personality Development Programme on 'Interview Skills' was jointly organized by the department of Mizo and department of English, on 13th April, 2023 at The Golden Hall. Mr. David LF, Owner of D&C Coaching Center was the Resource person who has a great deal of competence in sharing his expertise amongst the audience. Having had scores of experiences in mainland India, the speech was a productive one, both for students and faculties as well. The programme had 178 participants.




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39	NAME OF SEMINAR	Sustainable Development through Watershed
	Date	27.04.2023
	Place	Conference Hall, GHBC
	Resource Person (s)	1. Jedid Lalhundanga Keivom, Technical Expert, WDCPMKSY 2. Dr. KC Lalmalsawmzauva, Assistant Professor, Dept of Geography & Resource Management, MZU
	No of Participants	65
	Organizers	Dept of Geography, GHBC & Rural Development Department, Govt of Mizoram

Collaborating with the Dept of Rural Development, Govt of Mizoram, the Dept of Geography conducted a seminar on the 27th of April 2023 on Sustainable Development through Watershed with two Resource persons, both specializing in the field. The presentations of the resource persons gave insights into the necessity of adopting conservation farming practices to improve agriculture, controlling grazing of animals to keep the pastures productive. The seminar was a success in creating awareness and refreshing the participants on the need, importance and benefits of watershed management.




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40	NAME OF EVENT	Commerce Conclave & Alumni Meet
	Date	4th May 2023
	Place	The Golden Hall, GHBC
	Resource Person (s)	
	No of Participants	152
	Organizers	Commerce Alumni Association

The event was stimulating and enjoyable and simultaneously profitable as all members shared their views ideate and good numbers of new ideas, information and insights came up. The students sincerely expressed their gratitude to the Head of the department for his guidance and support during their 3 year course and the event was a grand success. The vote of thanks was proposed by Miss Lalhmangaihsangi, Alumni Asst Secretary.





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41	NAME OF EVENT	Seminar on Towards a Proactive and Informed Citizenry-Awareness on RTI Act, 2005 and Mizoram Right to Public Services Act, 2015
	Date	4 th May 2023
	Place	Conference Hall
	Resource Person (s)	Lalramdini, Assistant Director, ATI, Govt of Mizoram
	No of Participants	105
Organizers	Dept of Public Administration, GHBC	

The seminar aimed to empower the participants on Right to Information Act, 2005 and Mizoram Right to Public Services Act, 2015. The Seminar was divided into Part A and B. Part A introduced the participants to the framework, goals and objectives of RTI, procedure for obtaining information, the fee structure, procedure of appeal, service of notice, and order of the appellate authority. Part B delved on the regulations of Mizoram Right to Public Services, and the participants were educated on the liability of government servants to deliver services, powers of appellate authority, penalty, revision and power to remove difficulties.

The seminar proved to be a success in accomplishing its objective of creating awareness of the Acts as means to promote transparency and accountability and to empower individuals in seeking information from government bodies.




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42	NAME OF EVENT	State Level Seminar on Best Practices for Quality Enhancement in Higher Education
	Date	6th & 7th June 2023
	Place	Conference Hall, GHBC
	Resource Person (s)	KEYNOTE SPEAKER : PROF. J. DOUNGEL, NAAC Peer Assessor & Former Director IQAC-MZU Professor, Department of Political Science. Mizoram University RESOURCE PERSONS 1. Pi Lairinsangi Nghinglova IQAC Coordinator Associate Professor (English) Govt. Zirtiri Residential Science College 2. Ms. Rebecca Khiangte IQAC Coordinator Associate Professor (History) Govt. J. Thankima College 3. Dr. Henry Lalmawizuala Associate Professor (English) Pachhunga University College 4. Dr. Lalbiakzuali IQAC Coordinator Associate Professor (Commerce) Govt. Hrangbana College
	No of Participants	85
Organizers	IQAC - Govt. Hrangbana College, in collaboration with National Assessment and Accreditation Council (NAAC)	

The seminars brought together the various IQAC coordinators to share and learn from one another which enrich their respective colleges for initiating best practices that will proactively enhance their institutions. Students are ultimately the end result and the purpose of all activities and therefore it is expected that there will be better enhancement and monitoring of student support and progression through the presentation and discussion.

The NEP2020 prospects are vast and wide and requires continuous learning, the seminar has shed lights on the connectivity between best practices and NEP2020 in particular.




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43	NAME OF EVENT	Awareness Programme For Girls Defence Trainees On Posco Act,2022
	Date	12 th June 2023
	Place	Golden Hall, GHBC
	Resource Person (s)	Vanlalmangaihthangi, Black Belt
	No of Participants	23
	Organizers	Department of Psychology, GHBC

The workshop was intended for girls to make them aware of the programme of Girls Defence Trainees on POSCO Act,2022 The Golden Hall,GHBC.

The training included de-escalation techniques, teaching women how to defuse potentially violent situations before they escalated.

- By raising awareness and promoting adherence to the POSCO Act, the program contributed to a safer society, reducing the prevalence of sexual offenses against girls.

The training included de-escalation techniques, teaching women how to defuse potentially violent situations before they escalated.

- By raising awareness and promoting adherence to the POSCO Act, the program contributed to a safer society, reducing the prevalence of sexual offenses against girls.
- The participants are now equipped with the knowledge that-
 - women who underwent self-defense training developed a higher level of self-confidence, knowing that they had the skills and knowledge to protect themselves if needed.
 - self-defense training empowered women by providing them with practical tools and techniques to respond effectively to potentially dangerous situations.
 - gaining proficiency in various physical self-defense techniques, enable them to defend themselves against physical attacks and escape from dangerous situations..
 - as women gained self-defense skills and knowledge, their fear of potential attacks reduced, leading to an improved sense of security and peace of mind



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44	NAME OF EVENT	NEP Orientation Programme cum Seminar for Undergraduate Teachers in Mizoram
	Date	22 nd June, 2023
	Place	Conference Hall, GHBC
	Resource Person (s)	Mr Joseph Lalzarliana, Department of History and Ethnography, Mizoram University
	No of Participants	90
	Organizers	Department of History GHBC In Collaboration with Department of History and Ethnography, Mizoram University

This Consultation cum Orientation Meeting aimed to provide necessary information to all the college teachers of History subject with regards to NEP 2020, its new syllabus and guidelines. The programme intended to ensure uniformity in teaching -learning method among the college History teachers.

Two representatives of history teachers from every college in Mizoram attended the programme. The panel members discussed about the National Education Policy (NEP), 2020, focussing mainly on 'Curriculum and Credit Framework for Undergraduate Programmes' (CCFUP). The panel members had a detailed discussion of the syllabus structure of major, minor and multidisciplinary course for history subject. It was a successful programme with a lively interaction among all the participants, sharing their ideas and insights.




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45	NAME OF EVENT	Seminar on Intellectual Property Rights
	Date	25 th June 2023
	Place	Conference Hall, Govt. Hrangbana College
	Resource Person (s)	Mr. C. Laltlanzuala, Project Scientist
	No of Participants	130
	Organizers	Intellectual Property Rights Cell, along with the Entrepreneurship Knowledge Cell (EKC)

On 25th June 2023, a seminar event was organized focusing on Intellectual Property Rights (IPR). Orchestrated by The Intellectual Property Rights Cell, along with the Entrepreneurship Knowledge Cell (EKC), Govt. Hrangbana College, and sponsored by MEDMOC under the Entrepreneurship Development Scheme, Government of India. The seminar and workshop proved to be a fertile ground for learning, dialogue, and networking for students, professionals, and experts. This report aims to capture the crux of the proceedings, encapsulating the topics discussed, speakers involved, and the knowledge imparted.




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46	NAME OF EVENT	International Seminar on Research Methodology
	Date	7 Days Seminar -21 st -28 th June 2023
	Place	Conference Hall, GHBC
	Resource Person (s)	1. Dr. Rami Sena Samuelson, Retired Professor, Hollywood CA 2. Dr. Maria L.Sailo, USER EXPERIENCE RESEARCHER, Washington D.C. Area 3. Dr. Cherrie L.Chhange, Professor, East-West University, Chicago 4. Dr. Binod Murmu Asst. Professor, Sido Kanhu Murmu University, Jharkhand 5. Prof. Zothanzami, Professor-Psychology, GHBC 6. Prof. Lalbiakzuali, Professor-Commerce, GHBC 7. Dr. H. Lalzuithangi, Associate Professor, GHBC 8. Dr. Melody Laltanpuui, Asst. Professor, GHBC 9. Ms. Lalhunmawii Chhakchhuak, Asst. Professor, GHBC 10. Mr. Doumuanlal, Asst. Professor, GHBC 11. Mr. Samuel Lalthanliana, Asst. Professor, GHBC 12. Ms. Lalmangaihsangi, Asst. Professor, GHBC 13. Mr. Isaac Laldinmawia, Asst. Professor,
	No of Participants	97
Organizers	IQAC & Dept. of Commerce, GHBC	

Spanning for a period of seven days, IQAC & GHBC in collaboration with Commerce Department, GHBC conducted a seminar on Research Methodology with various Sub Themes such as *Concepts and process of Research Writing, Research ideas/trend in various fields of knowledge, Statistical tools for analysis and interpretation of data, Opportunities and prospects for further research studies, E-resources and tools for research, Contemporary issues for researches in today's world and Using academic research skills for tech companies etc.*

The Seminar provided valuable opportunity to learn from experienced researchers from various fields of knowledge, and from different parts of the globe to gain a wide perspective into the very what, why, where and how of research.




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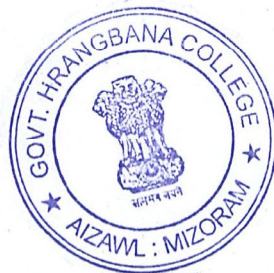
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AIZAWL: MIZORAM

SEMINAR- WORKSHOP- WEBINAR
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1	NAME OF PROGRAM	Seminar on NEP
	Date	25 th August 2021
	Place	Golden Hall, GHBC
	Resource Person	Prof. Lalhmasaii Chuaungo, Dept. of Education & Committee for Implementation of NEP 2020, MZU
	No of Participants	35
	Organisers	Research and Consultancy Cell

The seminar was organised to orient and sensitise the faculty on the impending National Education Policy 2020. The resource person Prof. Lalhmasaii Chuaungo has been involved with the NEP2020 even at the National level and is the key person for preparation of the state in the process of implementation of the NEP2020.

Prof. Lalhmasaii Chuango gave a comprehensive presentation on the policy, the primary objective and its implications on the higher secondary education system. The first session was followed by a discussion, wherein participants discussed as to how best to prepare for the transition, resources required and how best to tackle possible problems. These were clarified by the resource person satisfactorily.




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2	NAME OF PROGRAM	Perspective of Civil Service Aspirants
	Date	25th August, 2021
	Place	Online-Via Zoom
	Resource Person	F. Vanlalrochana , Officer, Mizoram Police Service
	No of Participants	200
	Organisers	Weber Club in collaboration with Research and Consultancy Cell, GHBC

The webinar was led by Lalenkawla, Leader of Weber club of the institution. An interactive session was held after the speech of the Resource person. The webinar aimed at educating the students on ways of utilizing their time even during the pandemic lockdown and make them aware of the various career options, particularly in Civil Service and take necessary steps towards achieving their goals.

The presentation from the resource person was followed by a lively interaction with the participants and the participants' queries and doubts were clarified by the resource person.




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3	NAME OF PROGRAM	Five Day National Webinar on 'Discourse on Triaui
	Date	6th – 10th Sept 2021
	Place	Online-via Zom and YouTube
	Resource Person	<ol style="list-style-type: none"> 1. Dr. H. Laldinmawia, Assistant Professor, Department of Mizo, Pachhunga University College 2. 2. Lalrammawia Ngente, Associate Professor, Department of Mizo, Govt. Johnson College. 3. 3. Zorinsangi, Assistant Professor, Department of English, Govt. Champhai College. 4. 4. R. Lalrinkima, Assistant Professor, Department of Political Science, Govt. Hrangbana College.
	No of Participants	1419 (YouTube-1122 and Zoom-297)
Organisers	English, Department and Literature Club, GHBC.	

The main aim of the webinar was to study and analyse the musical context of Triaui Tracksx , (a very popular youth band of the state) as a contemporary voice of the youth and to explore and study the ideas behind the songs and music of Triaui Tracksx .

The resource persons skilfully explored the songs and music of Triaui Trackx from their studies and perspective and compared the rhythm and patterns of Triaui Trackxs songs with pre-existing music.

Each presentation was very informative and was followed by interactive sessions. The Five-Day webinar proved to be very fruitful in making the participants recognize the different musical styles and the process of the songs and music in new ways and develop an analytical, creative and intuitive understanding of the music and songs of Triaui Trackx.




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4	NAME OF PROGRAM	Creating Hope Through Action- World Suicide Prevention Day
	Date	10 th September 2021
	Place	Online via Zoom Platform
	Resource Person	Dr. C. Lalropuii, Counseling Psychologist and owner of Black Olives Company.
	No of Participants	163
	Organisers	Department of Psychology in collaboration with Career and Counseling Cell, Govt. Hrangbana College

World Suicide Prevention Day was observed by the Department in collaboration with Career and Counselling Cell, Govt. Hrangbana College on 10th September 2021 adopting the shared theme all over the world which was "Creating Hope Through Action", which aimed to discuss, inform, and raise awareness for alternatives to suicide. World Suicide Prevention Day is an awareness day that is observed each year on September 10.

The event was organized through Zoom meeting, 163 participants including faculties, students and their parents attended this event. The resource person for this event was Dr. C. Lalropuii, Counseling Psychologist and owner of Black Olives Company.




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5	NAME OF PROGRAM	Strategies for Civil Service Aspirants
	Date	11th Sept, 2021, 7:00pm
	Place	Online via Zoom and YouTube
	Resource Person	Grace Lalrindiki Pachuau, IAS
	No of Participants	250
	Organisers	Weber Club GHBC in Collaboration with Research and Consultancy Cell, GHBC

The Webinar on Strategies for Civil Service Aspirants organized on 11th September 2021 had the main objective of inspiring the students to pursue a career in Civil Services and also instilling the spirit of learning in students who were in quarantine and attending online classes due to pandemic.

The presentation of the resource person and the interactive session which followed with the speaker helped the students in understanding the dedication and hardwork required to become an IAS Officer. The knowledge and experience shared by the resource person, the challenges and struggles she faced were very motivating and inspiring for the participants. The organizers hoped that the participants now understood the actions needed to take for achieving their goals.




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6	NAME OF PROGRAM	Leadership training for student union leaders
	Date	13TH SEPT 2021
	Place	Zoom. Online
	Resource Person	Dr Lalbiakzuali
	No of Participants	206
	Organisers	CAREER&COUNSELLING CELL WITH IQAC, GHBC

In view of the coming Student Union Election of the college, the organizing committee felt it necessary to enhance the leadership abilities of the student union leaders especially the candidates of the coming SU Election. The training aimed at providing necessary knowledge, skills and tools to leaders to effectively lead and inspire their peers. It would focus on cultivating a culture of teamwork and collaboration and improving public speaking and active listening.

Since ethics and integrity are vital qualities of leadership, the programme would emphasize the importance of ethical decision making, integrity and accountability. The programme would also focus on self awareness and personal growth and would include goal setting, time management and self-care to develop a healthy work-life balance.

Outcome:

The webinar provided the participants , particularly the candidates of the upcoming SU Election valuable insights and techniques to improve their leadership abilities. They learned about effective communication, conflict resolution, decision making and team management.

The participants gained deeper understanding of their own strengths, weaknesses and leadership styles. This knowledge would make them better manage their personal growth and effectively lead others. The webinar was a source of empowerment, equipping the leaders and future SU leaders with necessary leadership skills, ethical values that would help them make a positive impact on their peers, the college and the community




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7	NAME OF PROGRAM	Education Night
	Date	13 th -15 th September 2021 7:30 PM
	Place	Online via Zoom
	Resource Person	1. Prof Lallianzuali Fanai, IASE 2. Dr Laldinliana Varte, Director, Incubation centre, MZU 3. Prof H. Malsawmi, HOD, Department of Education, MZU
	No of Participants	68
	Organisers	Department of Education, MZP

The Education Night was a three-night program which aimed to create awareness among the students about the various jobs that the subject of Education could provide

The first topic '**Career in Education**' was a talk on how much education related careers are important, the various teaching careers with their pay structures and eligibility criteria were highlighted. The resource person, Professor Lallianzuali Fanai, IASE unsparingly talked on all the possible and best opportunities available for the participants for their future endeavour. The second resource person, Dr Laldinliana Varte, talked about **Entrepreneurship** dwelling on the incubation centre existing at the MZU, its functions, how it has been initiated to cater to the entrepreneurial spirit of the youth. The resource person on the third night, Professor H. Malsawmi, with her topic "**Thinking Skills**" enlightened the participants on how equipping oneself with different skills could work for catering to their needs and improving their thought processes.




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8	NAME OF PROGRAM	Three Day International Webinar on 'A Critical Study of the Songs of Laltanpuia Tochwawng
	Date	15th - 21st Sept – 2021
	Place	Online via Zoom and YouTube
	Resource Person	<ol style="list-style-type: none"> 1. Lalsangzuala, Assistant Professor Mizo Department MizoramUniversity 2. Lalzarzova , Resource Person Assistant Professor Mizo Department MizoramUniversity 3. Lalthuamlia, Research Scholar University of Manchester, UK 4. Dr. H. Laldinmawia Assistant Professor, Mizo Department, Pachhunga University College 5. VLC Vanlalhriatrenga Ph.D Scholar, Chicago, Illinois, USA 6. Rev Lalfakawma Ralte D.Th. Final Year, UTC, Bangalore
	No of Participants	39052
	Organisers	Department of Mizo, GHBC, Research & Development Cell, GHBC
Sponsorship	Mizoram Youth Commission, Govt. of Mizoram	

Context of the Webinar:

- The webinar focuses on critically examining the songs of Laltanpuia Tochwawng, an iconic singer-songwriter known for his introspective lyrics and innovative musical style.
- It aims to provide a comprehensive analysis of the songs of Laltanpuia Tochwawng, one of the most influential singer-songwriters of. Participants will delve into the critical study of his lyrics, musical style, and cultural impact.
- Th webinar seeks to explore the critical aspects of Laltanpuia Tochwawng's songs, examining his thought-provoking lyrics and profound cultural significance. It aims to unravel the depth and critical acclaim behind Laltanpuia Tochwawng's songs and music.

Outcome:

- Through the webinar, participants gained a deeper insight into the artist's songwriting techniques, lyrical themes, and musical choices.
- They have developed a comprehensive understanding of how the artist crafts his songs, enabling them to appreciate the artistic nuances and complexities involved in the creative process.
- From the critical analysis of the artist's songs, the attendees developed a heightened appreciation for the artist's lyrical prowess and poetic techniques.




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9	NAME OF PROGRAM	A two Day International Webinar on Inter- Disciplinary Covid19 Pandemic Research
	Date	21st and 22nd September, 2021, 7:30 Pm -9:00 Pm
	Place	Online via Zoom
	Resource Person	<ol style="list-style-type: none"> 1. Keynote Speaker: Revd Prof. Lalsangkima Pachuau, Prof., John Wesley Beeson, Christian Mission & Dean of Advanced Research Programs at the Asbury Theology Seminary, Kentucky, USA. 2. Dr. Malsawmi Pachuau, Asst Prof, Dept of PA, GHBC 3. Dr. Juliet Lalremmawii Ralte and Dr. Zothanzami, Dept of Psychology, GHBC 4. Dr. H. Lalzuthangi, Asso Prof, Dept of Political Science, GHBC 5. V. Lalberkhawpuimawia, Asst Prof, Dept of Mizo, GHBC 6. Dr. Rosaline Varsangzuali and Dr. Robert Lalremtlunga, Dept of History, GHBC 7. Ramengmawii, Asst Prof, Dept of Geography, GHBC 8. Dr. C. Lalrinfeli, Asst Prof, Dept of English, GHBC 9. Dr. Lalhlmpuii, Dept of Education, GHBC 10. Dr. C. Lalnunmawia, Asst Prof, Dept of Economics, GHBC 11. Dr. Lalnunpuia Sailo & Dr. Binod Murmu, Asst Profs, Dept of Commerce, GHBC
	No of Participants	297
	Organisers	Research and Consultancy Cell and IQAC, Govt Hrangbana College

Context of the Webinar: The webinar is an attempt to study the effect of Covid-19 Pandemic in Mizoram from different disciplines. The interdisciplinary research was put together by a team of dedicated faculty members and student researchers from each department.

- i) The Department of Public Administration has made remarkable research on the working of the Department of Disaster Management and Rehabilitation for Covid-19 Pandemic and its collaboration with the health and police department and the problems and challenges faced.
- ii) The Department of Psychology aims to examine the nature of mental health condition of the Mizo people during the Pandemic.
- iii) The Department of Political Science looks into the roles and functions of administrators, the government and civil societies working together harmoniously to conduct an election during the Pandemic.
- iv) The Department of Mizo attempts to highlight the impact of Covid-19 Pandemic on Mizo literature.
- v) The Department of History attempts to highlight some of the indigenous knowledge practiced by the Mizos in the past in order to combat the epidemic and the relevance of those practices in today.
- vi) The Department of Geography has conducted a national level research on the state wise performance on Covid-19 Pandemic and their correlation with physiographic divisions of each state and UTs.




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- vii) The Department of English aims to study the problems and challenges faced by college teachers during the pandemic and how they handle the sudden need to learn digital technology and the new methodology of teaching.
- viii) The Department of Education looks into the perceptions and challenges faced by academic stakeholders specifically the college community brought about by the Covid-19 Pandemic.
- ix) The Department of Economics presents the study on the impact of Covid19 Pandemic on the informal sector with special reference to informal workers in Aizawl.
- x) The Department of Commerce has made an attempt to study the effect of the Covid -19 Pandemic on the consumer's buying behaviour, impact on manufacturers, entrepreneurs, businessmen and government officials in coping with the pandemic.

Outcome of the Webinar: The webinar has brought together interdisciplinary reflections dealing with the Covid-19 pandemic. In spite of the shortcomings of numerous social behaviours and failures of government departments social amenability have saved numerous lives during the Pandemic. Until Covid-19 vaccines are discovered the latest approach is to manage it instead of eliminating it. The webinar instilled a mindset where all have to continuously live and make necessary adjustments with a drive for constant innovation. The papers presented in the webinar were made into a book form and published as an original publication of Govt Hrangbana College.




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10	NAME OF PROGRAM	Webinar on Role of Youth in Combatting Climate Change
	Date	24th September 2021, 7 p.m
	Place	Online via Zoom
	Resource Person	K. Lalmuansanga, President, Association for Environmental Preservation (ASEP)
	No of Participants	222
	Organisers	Eco Club, Govt Hrangbana College in collaboration with Research and Development Cell, GHBC

Context of the Webinar: Climate Change is an environmental challenge confronting every citizen, every city, and every nation. The webinar aims to empower young minds to take the role of making an impact in combatting climate change. It appeals to the youth to take charge, to be strong leaders, to become educators, and to be advocates of environment protection.

The Webinar: Webinar on Role of Youth in Combatting Climate Change in Observance of Ozone Day was held on 24th September 2021 and was attended by 222 participants. The programme started at 7:00 p.m under the chairmanship of Dr. Malsawmi Pachuau, Secretary, Eco Club. Pu Lalrochuanga Pachuau, Principal, Govt Hrangbana College delivered the welcome address. The resource person K. Lalmuansanga addressed how Mizoram has been affected drastically by climate change and is evident from the degradation of flora and fauna, depletion of land and water. The presentation was followed by a question-and-answer round which was hugely productive. The webinar ended with a vote of thanks from Lalhmingawia, 6th Semester student and Leader of the Eco Club.

Outcome of the webinar: The participants made commitment to take action in environmental conservation in their homes, in the college, at the church, at every event and most importantly to make it their lifestyle. The 'Eco Warrior Project' was launched shortly after as an outcome of the webinar. They were dedicated to making greater efforts to planting more trees, conservation and cleaning the tributaries of water sources, save energy and to adopt eco-friendly lifestyle.




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11	NAME OF PROGRAM	Research Proposals and Projects Mobilisation
	Date	28 th September 2021
	Place	Golden Hall, GHBC
	Resource Person	Dr James LT. Thanga, Associate Professor, Department of Economics, MZU
	No of Participants	84
	Organisers	Research and Consultancy Cell, GHBC

Context: The seminar was organised to refresh all participants on the need and purpose of taking up academic researches. The resource person Dr. James LT. Thanga has extensive knowledge and experiences (national as well as international) on project mobilisation, he shared valuable information and gave insights on how to go about seeking funding from various sources and agencies. The resource person shared valuable information on the how to write research proposal, choosing topics and the whole procedure for project writing and implementation. The presentation was followed by question-and-answer session.

Outcome: At the end of the seminar, all participants understood clearly the process of research proposal writing, and the importance of choosing the right project and funding/sponsoring agency.

- The college immensely gained insights from the resource person as to how to go about in project mobilisation.
- The participants were greatly impressed with the knowledge and expertise of the resource person and appreciated his willingness to help all those interested in undertaking projects in the future.
- The seminar gave new motivation for all participants to carry out researches in the future.




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12	NAME OF PROGRAM	SoftSkills for Entrepreneurship
	Date	14 th October 2021
	Place	Online via Zoom
	Resource Person	Ms. Jacinta Colney, Former Softskill and Communication Trainer, Microsoft Master Trainer, EDS_Medmoc
	No of Participants	82
	Organisers	Department of Commerce, GHBC

Context: During the Zoom meeting, Ms. Jacinta Colney covered various aspects related to soft skills for entrepreneurship. Her presentation focused on the following key areas:

- ~Introduction to soft skills and their significance in entrepreneurship
- ~Effective communication skills for building strong business relationships
- ~Leadership and teamwork skills for managing and motivating a team
- ~Adaptability and resilience in the face of challenges and uncertainty
- ~Problem-solving and critical thinking skills for entrepreneurial decision-making
- ~Time management and organizational skills to enhance productivity
- ~Networking and interpersonal skills for business growth and opportunities

Outcome: Ms. Jacinta Colney shared real-life examples, interactive activities, and practical tips to help participants understand and develop these essential soft skills. The session also included a Q&A segment, allowing participants to seek clarification and further insights from the resource person. The Zoom meeting on with Ms. Jacinta Colney provided participants with valuable knowledge and strategies to enhance their soft skills for entrepreneurial success. The session was informative, engaging, and well-received by the attendees.




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13	NAME OF PROGRAM	Career Awareness
	Date	29th October, 2021 (Friday) 8:00 Pm
	Place	Online via Zoom
	Resource Person	K. Lalhruitluangi, MCS
	No of Participants	41
	Organisers	Dept. of English, GHBC in Collaboration with Career Guidance & Counselling Cell GHBC

The Department of English in collaboration with Career Guidance & Counselling Cell organised a webinar on Career Awareness on 29th October, 2021 for the V Semester English core students where in Mrs K. Lalhruitluangi, MCS was the resource person. The Webinar was organized with a view to help the students in making meaningful career selection and preparation for an entry into it in order to have a fulfilling and rewarding career. Thus, webinar on Career Awareness was organised in order that students make judicious career choice.

A Questionnaire was conducted to ensure the success or failure of the event.




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14	NAME OF PROGRAM	Folk Dances of The Mizo: Preserving and Vitalizing Mizo Folk Dances
	Date	26th January, 2022 (7 P.M)
	Place	Online, held through Zoom Platform
	Resource Person	1. Dr. Melody Laltanpuii, Mentor, Cultural Club, GHBC, Assistant Professor, Department of Psychology) Session 2. Mr. John Vanlalchuanga, Mentor, Cultural Club, GHBC, Assistant Professor, Department of Mizo
	No of Participants	36
	Organisers	Cultural Club and Sports and Socio- Cultural Cell, GHBC

Context: Tantamount to other folk dances of India, the Mizo has a huge number of Folk Dances that, in their own unique styles, reflect the ways the people they originate from live, think and express themselves.

- People familiar with folk dances can often determine what country a dance is from even if they have not seen that particular dance before. Some countries' dances have features that are unique to that country, although neighbouring countries sometimes have similar features.
- It was expected that the webinar would help in preserving the knowledge associated with Mizo Folk Dances. It would facilitate in creating more awareness about the history, traditions and artistry of the Mizo dances.
- Hence, the webinar aimed to highlight the uniqueness of Mizo folk dances and it was conducted in English, so that our students could pass on oral information not only to Mizo but people from other places as well,

K. Lalawmpuia, Leader, Cultural Club GHBC chaired the meeting, Dr. Lalzuithangi, Associate Professor, Department of Political Science delivered Key Note address, Dr. Melody Laltanpuii accosted on the origins and roots of the 7 big Folk dances of the Mizo, in the second session Mr. John Lalrotluanga delivered a speech on vitalising Mizo Folk Dances.

Outcome: The webinar bolstered readiness and capability to address Mizo Folk dances to non Mizo language speakers so that our folk dances would be appreciated and admired all over the world as was obvious from the question and answer round which followed the first and second sessions.

- The attendees discovered that folk Dances form a part of our nation's unique identity.
- From the interactive sessions of the webinar, the participants gained new skills and techniques related to Mizo folk dances and the interactive sessions helped them refine their abilities and learn from the experts.




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15	NAME OF PROGRAM	International Mother Language Day
	Date	21st February, 2023
	Place	Mizo Core Room, GHBC
	Resource Person	Dr Darchuailova Renthlei Associate Prof, Dept of Mizo, GHBC
	No of Participants	71
	Organisers	Mizo Department, Govt. Hrangbana College

Context: One of the important objectives of the webinar was to educate the participants about the significance of mother languages and the need to protect and preserve them. The webinar aimed to celebrate linguistic diversity by highlighting different mother languages spoken in the state. It would also particularly highlight the unique features of the Mizo language and the cultural heritage it represents.

The webinar was expected to create a platform for discussion and exchange of ideas on how to protect and promote the Mizo language.

Outcome: Through the webinar, the participants were reminded of the importance of understanding and respecting different languages and cultures.

→ The webinar also served as a reminder to the participants that knowledge and fluency in one's own mother tongue is crucial in understanding one's identity better and a source of pride and connection to a person's cultural heritage.

→ The participants have gained new knowledge of the various aspects of mother languages, their cultural significance, linguistic diversity, historical context and also the challenges they may face.

→ The webinar met its objective of providing a platform for discussion, exchanging ideas and sharing experiences related to mother languages, particularly the Mizo language.




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16	NAME OF PROGRAM	Opportunities in Education for People with Disabilities in Higher Studies
	Date	8th March 2022
	Place	Online via Zoom
	Resource Person	Mr Lalbuatsaiha, Assistant Professor, Dept of Political Science, Govt J Thankima College & Advisor, Mizo Blind Society
	No of Participants	201
Organisers	Equal Opportunity Cell, GHBC, Dept of Political Science & Dept of Geography GHBC	

Context: The webinar was organized to raise awareness about the rights and potential of people with disabilities in higher education and sought to promote inclusive attitudes towards individuals with disabilities. • It aimed to increase awareness about the challenges and barriers faced by people with disabilities in accessing higher education and the importance of creating equal opportunities.

- The webinar wished to provide the participants with information about the existing resources and services available to students with disabilities in higher education.
- By featuring a resource person who has succeeded in higher education despite being blind, the webinar hoped to inspire and motivate the participants.
- The webinar would be an instrument for empowering individuals with disabilities and for fostering an inclusive environment in the institution.

Outcome: The resource person, Mr Lalbuatsaiha, an Asst Professor and Adviser of Mizo Blind Society, who himself is blind shared his experiences, his success stories and the challenges he faced in education. The participants were inspired and motivated and had a very interactive session where they discussed ideas, strategies and possible solutions to address the barriers and challenges faced by people with disabilities in accessing and succeeding in higher education

- Through the elaborative speech of the well-informed resource person, participants gained knowledge about the opportunities available for people with disabilities in higher education and the legislation policies that support inclusive education.




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17	NAME OF PROGRAM	International Webinar on 'Break the Bias'(Theme for International Women's Day)
	Date	8 th March 2022
	Place	YouTube
	Resource Person	Ms Hahat Melchier, Corporate Communication Leader, Switzerland
	No of Participants	106
Organisers	IQAC, GHBC in collaboration with Women Development Cell and Internal Complaints Committee, GHBC	

Context: The objective of organising a webinar on International Women's Day with the theme 'Break the Bias' was to educate the participants about the discrimination and biases that women face in various aspects of life.

- The webinar would aid in promoting gender equality and empowering women to pursue their ambitions without fear and prejudice.
- With a view to emphasize the importance and value of equal opportunities and inclusivity, the webinar aimed to highlight the need of creating inclusive environment for women to thrive.
- The webinar had the intention of inspiring the participants to take action against gender biases and encouraging them to be advocates of change in their communities.

Outcome: The resource person who has had the experience of working in international projects and start-ups for more than twenty years and the opportunity of living in a number of places across the globe shared the experiences she had regarding the existence of gender bias, stereotyping and discrimination. Highlighting such biases that exist and the various steps that one could take to break the biases and discrimination against women, the webinar increased the participants' knowledge about the issue and their understanding of the challenges that women face was enhanced. They have gained a deeper understanding of the need to bring change, fight against bias in their personal and professional lives.

- The resource person stressed on the need to embrace diversity and promote inclusivity and the participants were encouraged to become agents for promoting inclusivity and practices that advocate gender equality. The webinar concluded with a lively discussion among the participants sharing their experiences, strategies for breaking the bias against women and a determination to promote inclusivity in their lives while embracing diversity.




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18	NAME OF PROGRAM	Studying Abroad
	Date	17 th March 2022
	Place	Alumni Arena, GHBC
	Resource Person	Mrs Lianzami Khiangte, Associate Prof, GHBC & Coordinator, North East Educational Consultancy
	No of Participants	104
	Organisers	Career and Counselling Cell, GHBC

Context: The main objective of the seminar 'Studying Abroad' was to create awareness in the students about further studies and job opportunities abroad, especially in countries like Japan and others where there is extreme man power shortage. The working conditions are very worker-friendly and the salary is good.

- The seminar was expected to make the students who are soon graduating from the college aware about the benefits of studying abroad such as gaining international exposures, enhancing language skills and broadening career opportunities that are in plenty and quite easily accessible if they are willing to try
- It also aimed at addressing apprehensions that students might have about studying abroad such as financial concerns, homesickness and academic challenges.

Outcome: The resource person has helped and guided more than 45 Mizo youth to pursue their studies and get jobs abroad, especially in Japan. The knowledge, insights and experiences she shared, especially the stories of the successful students sent abroad was a source of inspiration and motivation for the participants.

- The students were very receptive and were eager to learn more about how they can pursue further studies abroad. The resource person effectively responded to their queries and also commented how studying in a country like Japan makes the students self sufficient since they are allowed to work part- time for 28 hours a week while studying
- The seminar brought a clearer understanding to the participants about the application process, visas, admission requirements, scholarships and more and gained insights and guidance on how to make informed decisions regarding studies abroad.




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19	NAME OF PROGRAM	Interview and Communication Skill
	Date	22 nd March 2022
	Place	Alumni Arena, GHBC
	Resource Person	Prof Zothanzami, Dept of Psychology, GHBC
	No of Participants	63
	Organisers	Career and Consultancy Cell, Govt Hrangbana College

Objectives:

- To enhance the skill of the students and prepare them for future job interviews
- To provide knowledge needed for job searching
- Enhance communication skills

Outcome: The students gained knowledge about interviews skills

- Helped them to showcase their personality, highlight strengths and leave a positive impression
- Gained interviewing skills like a positive attitude, honesty, communication and active listening skill.
- The skills gained would help them to highlight the best features that can differentiate them from other candidates with similar qualification and work experience.




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20	NAME OF PROGRAM	National Webinar on E Waste Management
	Date	24th March 2022
	Place	Zoom and You Tube
	Resource Person	Mr Benjamin Laltanpuia, Collection Centre Executive, Karo Sambhav, Mizoram Centre
	No of Participants	143
	Organisers	Eco Club and Weber Club, Govt Hrangbana College

CONTEXT • The webinar was organized with the main objective of inculcating awareness among the students and the teaching and non-teaching the hazardous effects that e-waste can pose to human health and the environment

- It aimed to show the participants the need for appropriate management of e-wastes, their proper disposal and recycling in order to reduce the dangers that such wastes create on the environment and health of people.
- The webinar expected to motivate the participants to reduce e-waste generation and promote responsible e-waste management practices.

Outcome: The webinar was held through Zoom and was broadcasted live on the College's You Tube Official Channel and the participants were mostly members of the Eco Club, Weber Club and some teaching faculty members.

- The resource person gave a thorough presentation on the meaning of e-waste, sharing interesting facts about e-waste which was followed by a very interactive session where the students and teachers asked questions and shared their own views. The speaker clarified their doubts and addressed their concerns effectively
- The participants have been provided valuable information regarding e-waste management practices and were encouraged to adopt responsible e-waste management practices in future.




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21	NAME OF PROGRAM	One Day Workshop on Archaeology: With Special Reference to Mizoram
	Date	5th April, 2022
	Place	Conference Hall, GHBC
	Resource Person	1. Prof. Malsawmliana .Department of History Govt. T. Romana College. 2. Lalhminghlua Research Scholar .Post Graduate and Research Institute Deccan College, Pune
	No of Participants	55
	Organisers	Department of History, Govt. Hrangbana College in collaboration with Mizo Archaeological Society

Aims: To study the meaning and importance of archaeology. • To identify the area of archaeological sites in Mizoram. • In Mizoram, there are numbers of menhirs, with pictographic forms of writing, stone engrave and curving. It is an historian task to identify the importance of Megalith Culture for reconstructing Mizo History. • To identify our ancestors' nature of habitats, lifestyles, tools and weapons, hunting scenes.

Outcome: Participants asked a lot of questions related to archaeological excavation, megalith sites, menhirs etc • Participants are now fully aware of the importance of artefacts, megaliths site etc for reconstructing history. • Students learnt where to pursue further studies in archaeology and the job prospects.




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22	NAME OF PROGRAM	Awareness Campaign on Cyber Crime
	Date	5th April 2022
	Place	Golden Hall, GHBC
	Resource Person	Zonunsanga, MPS, Addl SP, CID Crime
	No of Participants	150
	Organisers	Department of Political Science and Dept of English, Govt Hrangbana College

Context: The programme aimed at creating awareness among the participants about cyber-crimes such as hacking, uploading obscene content on the internet, hacking into a person's e-banking account to withdraw money etc.

The programme was held in the Golden Hall of The College and 150 students from the Department of Political Science and English including six faculty members participated in it.

- The resource person explained how cyber-crime has become one of the most threatening and challenging problems for law enforcement, judicial system and the public. While explaining the different types of cybercrime, the resource person shared his own experiences, a number of cyber-crime cases he has dealt in the past and also gave suggestions on how one can safeguard himself while using internet and social media.

Outcome: The awareness campaign provided the participants insights about the vulnerabilities of the cyber world, the different threats, frauds, the current increase in cyber-crimes and the precautions that can be taken to remain safe and secure.

- The participants had a very interactive session with the resource person and are now much more aware of the various types of cyber-crimes and ways of keeping themselves safe.




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23	NAME OF PROGRAM	Financial Management Organized by Career and Consultancy Cell, Govt. Hrangbana College
	Date	6th April 2022
	Place	Golden Hall
	Resource Person	Mr Lalrochuanga Pachuau
	No of Participants	54
Organisers	Career and Consultancy Cell, Govt. Hrangbana College	

Aims: To enable students to have knowledge about financial management

To help in planning, directing and organizing and controlling financial activities.

Outcome: • The program provides insights on making critical financial decisions.

- Enable to cut down financial costs
- Knowledge about financial Planning
- The students will have better financial decision-making ability.




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24	NAME OF PROGRAM	Payment System for Import and Export
	Date	7 th April 2022
	Place	Golden Hall, GHBC
	Resource Person	1. Pu Lalduhthiana Ralte, IFS(Rtd) 2. Pu Lalngaizuala Colney, AGM(Rtd)SBI
	No of Participants	268
	Organisers	International Trade Initiative Forum(ITIF) and IQAC & Event Management Committee Govt. Hrangbana College.

Context: The emergence of illegal trade activities in the National borders has given rise to numerous unwarranted speculations about trade related issues.

- The International Trade Initiative Forum(ITIF) is an organisation of eminent and influential citizens who have taken the cause of navigating the recent emerging trends to trading opportunities for the future generations.
- The aim of the seminar was to sensitise and motivate the youth into understanding the payment system for import and exports, taking the expertise of Pu Lalngaizuala, who has had professional experiences at a global level on the various aspects of EXIM processes.

Outcome •The seminar was a huge success in making the participants understand the intricacies of EXIM policies and procedures.

- The participants were impressed with various eminent members of ITIF , their zeal to make impact for good and their passion to ignite progressive thinking in young minds.




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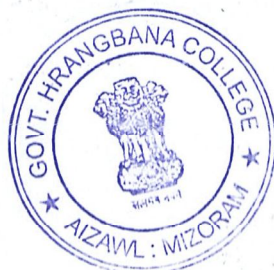
25	NAME OF PROGRAM	One Day Awareness Generation Programme on Drug Abuse Prevention
	Date	11th April 2022
	Place	Golden Hall, GHBC
	Resource Person	<ol style="list-style-type: none"> 1. Mr Benjamin Laltanpuia, DO, SLCA 2. SLCA Ms Lalfakawmi, Coordinator, SLCA 3. Ms Vanlalhruii, Field Staff, SLCA 4. Mr Lalrindika, Field Staff
	No of Participants	156
	Organisers	Mizoram Social Defence and Rehabilitation Board, Social Welfare and Tribal Affairs Dept, Govt of India in collaboration with Govt Hrangbana College

CONTEXT • Drug abuse among the youth is of a serious concern and studies show that initiation into drugs begins often during teenage years and usually peaks between 18 to 25 years and since college students fall within this range, it is therefore essential to generate awareness on the prevention of the use of drugs among the college students.

- The programme had the important objective of creating awareness and educating the students on the necessity of preventing the use and misuse of drugs and of motivating them to make the right choices.
- As tasting any drugs inculcates a habit which soon leads to addiction, the programme had the core objective of preventing the students from trying or tasting any sort of drugs
- It would create awareness and educate the students about the ill effects of drug abuse on the individual, the family and the society at large.

Outcome: The students were shown the importance of making informed decisions related to use of alcohol and other drugs.

- The programme threw light on the many consequential risks of drug abuse like violence, discontinuation of studies, risky sexual behaviour, etc.
- The programme emphasized on the awareness of choice, personal responsibility, and understanding of consequences. in deciding to use alcohol and other drugs.
- The students were enlightened with facts regarding the dangers of drug abuse and were encouraged to take the responsibility of preventing alcohol and drug-related incidents in the premises of the college.




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26	NAME OF PROGRAM	Positioning Oneself for Career Success
	Date	12th April, 2022 (Tuesday) 8:00 Pm
	Place	Online
	Resource Person	Saidingpuii Chhakchuak, IAS
	No of Participants	275
	Organisers	Dept. of English & Dept. of Economics, GHBC & Career Guidance & Counselling Cell GHB

Context of the Webinar: The Webinar was organised in view of the fact that we live in a highly complex and rapidly changing world, students need more help in making meaningful career selection and preparation for an entry into it in order to have a fulfilling and rewarding career. Thus, webinar on career guidance was organised in order that students make judicious occupational/career choice.

Outcome: A questionnaire was conducted in order to ensure the success or failure of the events organised by the Departments and the feedback received from the participants are shown through a histogram.




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27	NAME OF PROGRAM	Fitness and nutrition – Personality Development Program
	Date	12th April 2022
	Place	Alumni Arena
	Resource Person	Ms Zodinpuii (Kukui) Fitness Trainer /Gym Instructress, Kuku Fitness Club, Zarkawt
	No of Participants	55
	Organisers	Career and Counselling Cell, GHBC

Context: -To increase awareness about the important role that physical fitness and nutrition play in a person's health and development and wealth.

-To pay more attention to the needs of one's body and take action to improve overall health


-To develop consciousness of the evidence that integrating both nutrition and physical activity produces greater benefits than focusing on one or the other

-To challenge and motivate the participants to be more physically active every day and thereby gain more confidence.

Outcome: The resource person, Miss Kukui shared her own experiences, the struggles and challenges she had gone through with diet and exercise and answered the queries of the participants. She showed and taught some basic steps of exercise on the spot.

- The programme has helped the participants to better understand the role of food, nutrition and physical fitness in maintaining one's overall health
- The importance of having a balanced diet and exercise were the main highlights of the programme and the participants are now more conscious that combining dietary changes and regular exercise are the keys to achieving health, fitness and confidence




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28	NAME OF PROGRAM	Commerce Conclave
	Date	19th April 2022 at 10:30 am
	Place	Golden Hall, GHBC
	Resource Person	Mr Lalrochuanga Pachuau
	No of Participants	234
	Organisers	Commerce Department, GHBC

The programme started with a welcome speech delivered by the Head of Department Prof.Kalyan Adak. Thereafter, different groups of sixth semester students competed by giving a presentation on the topic "Doing Business with Ethics". Then, Red House Dance Crew performed their special number which made everyone sat glued to the show. The principal of the college, Mr.Lalrochuanga Pachuau delivered a speech and launched the GHBC Commerce Association.

At the end of the programme, a vote of thanks was delivered by Mr.Lalchangliana, faculty of Commerce Department. The programme was then dispersed with a decision that Commerce Conclave will be organized annually in the College.




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29	NAME OF PROGRAM	Webinar on Talk on Career Opportunities
	Date	20th April, 2022
	Place	Online via Zoom
	Resource Person	David Lalrinsanga, IPS
	No of Participants	100
Organisers	Department of Economics & Department of English In collaboration with Career & Counselling Cell, GHBC	

The Department of Economics, Department of English and Career & Counseling Cell, GHBC, organized a webinar on the 20th April, 2022 through online mode with 100 participants.

Context: The resource person, David Lalrinsanga, a senior IPS officer, having vast knowledge and experience in government services shared his experiences, provided valuable information and gave insights on the various career opportunities and prospects available to the young aspirants specifically, the final year students of English and Economics.

Outcome: Encouraging the young aspirants and giving them a fresh new perspective was the prime and centered discussion in this webinar. The questions and answer session was very productive. This webinar addressed the common problems and issues that under graduate students who are about to enter into the job market may face on a regular basis. The Webinar was in fact, resourceful, interesting, challenging, fruitful and informative. It offered substantial benefits to both students and faculties.




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30	NAME OF PROGRAM	Banking Career Awareness
	Date	22 nd April, 2022 2:00 PM - 4:00 PM)
	Place	Golden Hall, GHBC
	Resource Person	Pu Lalramdinpuia Khiangte , Pu Samuel Rodailova
	No of Participants	197
	Organisers	Department of Economics and Commerce in collaboration with Career and Counseling Cell, GHBC

Context: The Department of Economics and Commerce, in collaboration with Career and Counseling Cell, Govt. Hrangbana College, organized a one-day seminar on "BANKING CAREER AWARENESS" on April 22, 2022, at the Golden Hall, GHBC. The seminar aimed to provide students with valuable insights and information about career opportunities in the banking industry.

The seminar had the following objectives: • To raise awareness among students about career prospects in the banking sector. • To provide information about the skills and qualifications required for a successful banking career. • To facilitate interaction between industry professionals and students.

Outcome: The seminar attracted a diverse group of participants, including 6 th and 4th Semester students from Economics and Commerce, Faculty members from the Department of Economics and Commerce

• The one-day seminar on "Banking Career Awareness" successfully accomplished its objectives of providing students with a better understanding of banking careers and fostering interaction between students and industry professionals. The event facilitated the exploration of potential career paths, equipped participants with essential skills, and helped bridge the gap between academia and the banking industry.




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31	NAME OF PROGRAM	Two day Workshop on Quality Initiatives
	Date	28th & 29th April 2022
	Place	GHBC Conference Hall
	Resource Person	1. Prof. Lalbiakdiki Hnamte, Director-CDC on "Quality Teaching in Higher Education" 2. Prof. Sanny Tochwawng on "Administrative & Academic Audit" 3. Dr. Lalbiakzuali on "Organizational Culture as an indicator for Success/Failure"
	No of Participants	73
	Organisers	Internal Quality Assurance Cell (IQAC), GHBC

CONTEXT: The institution has undertaken various quality initiatives during the academic session(2021-2022), the workshop was organized to report, review, evaluate and discuss on the activities undertaken and thereby decide on the future plan of action based on the discussion and suggestions.

- The workshop first session was to revisit what quality teaching is in higher education, the resource person being aptly Prof. Lalbiakdiki Hnamte, Director-CDC.
- The second session on the first day was on Administrative & Academic Audit, presented by Prof. Sanny Tochwawng, who was the chairperson for the composition of AAA contents in the early stages and talked vastly on the intent and means of attaining a favourable grade.
- The second day of the workshop started with presentation on organizational culture by Dr. Lalbiakzuali, IQAC Coordinator in an attempt to motivate and inspire the feeling togetherness and communicate the thoughts and theories supporting strong and weak culture in an organization. The next session was dedicated to the presentation of the various departments based on specified criteria, which were subjected to peer assessment.

OUTCOME: The workshop was hugely successful in rejuvenating the need and benefits of quality teaching amongst the teachers.

- The AAA presentation gave insights into the purpose and methodology of the audit, it was extremely beneficial as we were preparing for the same in the coming academic session.
- The departmental presentations showed the various activities and concerted efforts of each Department. They were accordingly graded and the Department of Economics scored the highest and was awarded the Best Department.




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32	NAME OF PROGRAM	College Level Poetry Festival
	Date	27th May, 2022
	Place	
	Resource Person	
	No of Participants	75
	Organisers	Mizo Department, GHBC & Literature Club, GHBC
	Sponsorship	Human Resource Development Board, Govt. of Mizoram.

Context: The main aim of the event was to bring together student poets from all the colleges within the state, give them a platform to share their works, read their own poetries, reflect on and evaluate their texts

It would provide a platform for poetry lovers and writers to come together and celebrate the power and beauty of poetry reading.

It was expected that the festival would promote reading, writing, publishing and teaching of poetry in the community

Outcome: This festival provided a platform for student-participants to demonstrate their knowledge, creativity, and skills, and to share their poetry with the wider community.

The platform provided writers, poets, and other literary artists coming to this festival to showcase their work and have a fruitful lively interaction with the audience.

It was an occasion to celebrate the diverse voices of the society through the student community

A collection of poems called 'Zirlaite Hril-Hla (Anthology of Poetry) written by students from various colleges within the state was released during the festival.




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**INTERNAL QUALITY ASSURANCE CELL
GOVT HRANGBANA COLLEGE
AIZAWL: MIZORAM**

**SEMINAR- WORKSHOP- WEBINAR
ANNUAL REPORT 2020-2021**

1	NAME OF PROGRAM	Webinar on Mental Health
	Date	10 th , 17 th & 24 th October 2020 14 th & 22 nd November 2020
	Place	Zoom
	Resource Person	a) Mrs. Malsawmtluangi, Lecturer, Women Polytechnic, Aizawl b) Mrs. Malsawmtluangi, Lecturer, Women Polytechnic, Aizawl c) Mr. C.Lalruatsanga, CEO,BIONEST, MZU d) Mr. Vanlalhruaizela, Former S.U. GHBC e) Mr. T. Lalnunsiana, Advocatae, Former S.U f) Dr. Zoengpari, Associate Professor, Department of Psychology, Mzu g) Fr. Emmanuel Ralte, CSC h) Prof. Lalfamkima Varte, Department of Psychology, MZU
	No of Participants	200
	Organisers	Department of Psychology, GHBC

Objectives:

The impact of the COVID-19 pandemic on the mental health of populations and mental health systems and services was profound and will likely endure long after the pandemic. In order to address the increased need for mental health services during and after the pandemic, the webinar was organised.

Report of the events:

Department of Psychology, GHBC observed mental health month and conducted six (6) series of Mental Health Webinar on various topics and with different Resource persons. Many people have faced serious challenges to their mental health. Along with the health impacts of the disease, COVID-19 has led to, self and social isolation, disconnection from family and friends, quarantine and lockdowns on movement resulting in more people than ever experiencing feelings of helplessness, isolation, grief, anxiety and depression. To address these many issues and psychological suffering, The holistic webinar was conducted to give our participants a means to provide support that looks at the whole person, not just their mental health needs but also their physical, emotional, social and spiritual wellbeing.

Outcomes:

We had a worthwhile, productive and beneficial time with more than 200 participants in each of our Webinar Series




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2	NAME OF PROGRAM	Five day International Webinar on "A critical Study of Mizo Rap music"
	Date	29 th October – 2 nd November 2020
	Place	Zoom
	Resource Person	a) Dustin Lalkulhpuia, Research Scholar, Dept.of English, MZU b) Dr.J.Khuma, CEO & Principal, BEA, Tahan, Myanmar c) Dr.Lalnunpuia Renthlei, Asst.Professor, PUC d) Dr.Kristina Z.Zama, Asst.Professor, Dept.of English, MZU
	No of Participants	300
	Organisers	Literature club, GHBC

Objectives:

The webinar aimed to explore and analyze the evolution, impact, and significance of Mizo rap within the context of Mizoram.

Reports of the events:

- Five Day International Webinar on 'A Critical Study on Mizo Rap Music' was organized by the Literature Club, Govt. Hrangbana College during 29th October – 2nd November 2020 with the financial support of the College Faculty.
- The participants approximately exceeded 300 every night.
- Mizo rap music has witnessed significant growth and popularity over the past decade, with artists using it as a means of expression to address social issues, cultural identity, and social commentary. Recognizing the need to delve deeper into the critical aspects of this emerging genre, the webinar was organized to provide a platform for local and international researchers, artists, and enthusiasts to engage in meaningful discussions and exchange knowledge.
- The five-day online event featured a range of sessions, including keynote speeches, academic paper presentations, discussions and interactive sessions with prominent rappers, providing diverse perspectives on various aspects of Mizo rap music.
- The discussions on the emergence of Mizo rap, its evolution over time, and the impact it has had on contemporary Mizo society proved to be fruitful for the participants.
- The five-day international webinar on the critical study of Mizo rap music successfully created a platform for meaningful discussions, analysis, and appreciation of this emerging genre.

Outcomes:

- They gained a deeper understanding of the historical, cultural, and socio-political significance of Mizo rap, fostering an environment for collaboration and networking among researchers, artists, and enthusiasts.
- The outcomes of the webinar are expected to contribute to further research, collaboration, and appreciation of Mizo rap music in the years to come.




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3	NAME OF PROGRAM	Reflection on US Presidential Election 2020 and American Political System
	Date	6 th November 2020
	Place	Zoom
	Resource Person	a) Noel Lalthangliana, Secretary, Mizo Society of America, Lowa Branch, USA b) Zoramchhana, Entrepreneur, USA
	No of Participants	340
	Organisers	Department of Political Science, GHBC

Objectives:

To let the students know on how election had been done in United States.

Report of the events:

The dept. of Political Science conducted an International Webinar on 6th Nov 2020. The Resource persons were Noel Lalthangliana and Zoramchhana. Since the topic was part of the Political Science Curriculum (Major Political System Paper-3), the webinar gave a different and practical observation on the US Election. 340 students attended this webinar. This webinar was conducted during the 2020 US election where Donald Trump was the Presidential candidate for the Republican Party and Joe Biden for the Democratic Party. The resource persons gave a presentation on the American Electoral System in general. They analysed the going election which gave the students a direct information on the situation.

Outcomes:

They had a demonstration of how indirect election is conducted in US, showing the ballot paper. There was question and answer session where they students asked all their queries. This webinar was very enlightening as well as educational for all the attendees.




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4	NAME OF PROGRAM	Women's Mentoring Programme
	Date	10th & 11th November 2020
	Place	Zoom
	Resource Person	a) Dr Juliet Lalremmawii, Associate Professor, Dept of Psychology b) Dr Zothanzami, Associate Professor, Dept of Psychology
	No of Participants	50
	Organisers	Equal Opportunity Cell, GHBC

Objectives:

The Programme aimed to increase awareness among the women their obligation to mentor and support each other, to aid each other in professional development and to empower them toward academic, personal and professional success by engaging themselves in mentoring partnerships.

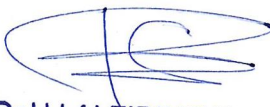
Outcomes:

The Equal Opportunity Cell , GHBC conducted Women's Mentoring Programme on 10th & 11th Nov 2020 for the women staff of the College- both the teaching as well as non-teaching staff. The resource person for the first day was Dr Juliet Lalremmawii, Associate Professor Dept of Psychology. She explored the idea of mentor and mentee in depth and shared her own experiences as a mentee as well as a mentor and pointed out the important strategies and resources needed to enhance active listening, empathy and effective communication skills. The second day had Dr Zothanzami, Associate Professor from the Dept of Psychology as a resource person, sharing her experiences and providing tips on emotional well being and conflict resolutions and coping with stress and pressures at workplace. She also stressed on the importance of building confidence to face challenges in one's career to reach full leadership potential. The programme had 50 participants 43 from teaching faculty and 7 from non teaching staff.

Outcomes:

It was a very interactive, enjoyable and rewarding programme with the participants sharing their own experiences and giving suggestions.




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5	NAME OF PROGRAM	Technology and Its Impact on Accounting
	Date	11th November 2020
	Place	Zoom
	Resource Person	CA Partho Sathi Ghosh, New Delhi
	No of Participants	200
	Organisers	Department of Commerce, GHBC

A National Level Webinar on the topic "Technology and its Impact on Accounting" was organised by Department of Commerce, Govt.Hrangbana College on 11th.Nov.2020

Resource Person : CA Partho Sathi Ghosh, New Delhi

The Webinar was attended by around 200 participants including students, 10 teaching and 5 non-teaching staff of the College.




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6	NAME OF PROGRAM	Career Guidance for Students: Preparation for Life
	Date	25 th November 2020
	Place	Zoom
	Resource Person	Dr. Lalzarliana Bawitlung, Asst. Professor, Deptt. of Sociology, MZU
	No of Participants	180
	Organisers	Department of Education, GHBC

Objectives:

. The objective of this webinar was to familiarise the students of Government Hrangbana College with personality skills, required to equip themselves while entering the employment field, either public or private.

Report of the events:

A Webinar on "Preparation For Life", as part of the ongoing Personality Development Programme was organised on 25th November 2020 by the Department of Education. Dr. Lalzarliana Bawitlung, Asst. Professor, Deptt. of Sociology, MZU was the resource person for this webinar. The webinar received very positive and active participation from the students. It was attended by about 180 education Core and non education core students.




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7	NAME OF PROGRAM	Workshop on Competence and Capacity Building
	Date	26 th – 28 th November 2020
	Place	Zoom
	Resource Person	Zoramawii Ralte and Esther Laltanpuii Khiangte, Mizoram Consultancy Group
	No of Participants	84
	Organisers	Department of Public Administration, GHBC

Objectives:

The workshop was targeted for the final semester students to equip themselves with skills and knowledge and enable them to transition smoothly to their post graduate endeavors.


Report of the events:

Workshop on Competence and Capacity Building was organised by the Department of Public Administration on 26th to 28th November 2020 in collaboration with Research and Consultancy Cell, Govt Hrangbana College. The workshop was attended by eighty four (84) students from sixth semester and fourth semester, Department of Public Administration. Two highly qualified professionals with extensive experience, Zoramawii Ralte and Esther Laltanpuii Khiangte from Mizoram Consultancy Group were engaged as resource persons for the workshop. Zoramawii Ralte completed her Masters from Stony Brooks University, New York and Esther Laltanpuii Pachuau had graduated from Brock University, Ontario, Canada and has completed her Masters in Business Administration in Entrepreneurship. The workshop started with a welcome address from the Head of Department, Miss Lianchhingpuii. The first day of the workshop (26th November) oriented the students to an introduction to the techniques, approaches and skills of capacity building. It was followed by topics on the importance of emotional well being and mental alertness, the need to develop digital literacy, how to use information technology and learning new courses focused on computer skills. A self assessment test was conducted through which the participants were categorized into driven/ambitious individuals and low achievement need individuals. They were then divided into break up rooms and were given mini projects on how to reflect on their own feelings, explore themselves and understand their true potential. The second day (27th November) centered on training and familiarizing the participants on developing resilience at the time of adversity. It covered topics on coping strategies in stressful situations, solving problems, improving abilities at different levels, utilizing strengths, performing functions and achieving objectives. Importance of EQ (emotional quotient) was highly stressed upon and steps to enhance EQ were discussed in detail. The participants were again divided into groups and asked to make a note of the challenges and limits they face in achieving objectives. The challenges were analysed by the resource persons and solutions were presented. The resource persons highlighted the need to strike a balance between being open to change and experience while at the same time not pushing oneself beyond limit. It was followed by a question and answer session where queries from participants were resolved and answered. The workshop ended with a vote of thanks from Miss Theresa Zothanpuii, Associate Prof of Dept of Public Administration.

Outcomes:

On the final day of the workshop (28th November), the focus was on time management, stress management, communication skills, enhanced empathy, emotional health and nurturing confidence.




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8	NAME OF PROGRAM	Parents-Teachers Meet cum webinar on Effective Parenting
	Date	29 th November 2020
	Place	Zoom
	Resource Person	Dr. Juliet Lalremmawii Ralte, Associate Professor, GHBC
	No of Participants	250-300
	Organisers	Department of Psychology, GHBC

Objectives:

To inform the parents of our students about the effective parenting skills, and the different approaches they can take while taking care of their children not only in times of pandemic.

Report of the events:

Parents-Teachers Meet cum webinar on Effective Parenting was organized on 29th.11.2020, the exact numbers of participants could not be known since many of our students and their parents joined our webinar from the same device, we assumed the participants to be around 250-300. Keeping in mind that COVID-19 has amplified the needs of families in crisis and stress is rising in both our students as well as their parents, this webinar was organized to inform the parents of our students about the effective parenting skills, and the different approaches they can take while taking care of their children not only in times of pandemic. Also giving much importance especially in these stressful situations for parents to remember that a sense of love and connection to their children is critical in mitigating the effects of stress.

Outcomes:

Parents were given information about positive parenting including an awareness of emotions, connecting with your child, listening to your child, naming emotions and helping them find solutions etc.




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	NAME OF PROGRAM	Certificate Course on Personality Development
9	Date	1 st to 3 rd December 2020
	Place	Zoom
	Resource Person	Dr. Juliet Lalremmawii Ralte, Associate Professor, GHBC
	No of Participants	250-300
	Organisers	Department of Psychology, GHBC

Objectives:

Certificate Course on Personality Development aims to inculcate positive attitude in life, develop self-confidence, be a good human being, and learn to lead and face the challenges of life amongst English core students.

Report of the events:

Due to Covid-19 pandemic, the course was undertaken via online mode and Zoom application was utilised for the same. The course lasted for three days (1st – 3 rd December, 2020) and 107 English Core students attended the course and certificates were given to all participants. Three distinguished resource persons namely, 1) Dr B. Lalarliana, Assistant Prof., Department of Sociology, Mizoram University; 2) Frederick Lalrindika, Speaker of Bethel Ministry and 3) Julie Lalrinzami, Senior Civil Judge, Aizawl were invited. Our resource persons stressed on the importance of the above mentioned aim and objective of the Course. Each session was followed by an absorbing interactive session where our core students interacted with the speakers clarifying their doubts and asking interesting questions.

Outcomes:

The course was very informative and beneficial as it provided the students with enormous knowledge on various aspects of personality development.




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	NAME OF PROGRAM	COVID 19 AND HIGHER EDUCATION: ONLINE TEACHING
10	Date	7 th -11 th December, 2020
	Place	Zoom
	Resource Person	Prof. V. Madhurima, Dept. of Physics, CUTN Prof. Laldinpui Fente, Dept. of Psychology, MZU Prof. Kalpana Sarathy, Director, TISS, Guwahati Prof. Lalnundanga, Registrar, MZU Mr Lawmnakima, Data Scientist, AI & Cloud Cognizant Technology Solution, Bangalore
	No of Participants	150
	Organisers	Department of English and Research & Consultancy Cell, GHBC

Objectives:

The Department of English felt the need to organise webinar on Covid 19 and Higher Education: Online teaching as Covid 19 has drastic effects on the education system where it upended the existing pattern of education, taking both students and teachers by surprise. As teaching through a medium that is virtual and technology based is our immediate reality which is an unthought-of, far-fetched idea in the pre-pandemic world and as this paradigm shift has not been easy for all the parties involved, the webinar aims and focusses to acquaint and equip the teaching faculties of Mizoram Colleges with the new and unfamiliar mode of online teaching.

Report of the events:

The webinar lasted for five days. There were 150 participants (120 teaching faculties and 30 students). 7th December, 2020, Prof. V. Madhurima, Dept. of Physics, CUTN graced the first day of the webinar. She is one of the leading panellists of DFOT (Discussion Forum for Online Teaching): Finding Collective Solutions to Common Problems. She rendered interesting and insightful parameters on Challenges of Online Teaching. 8th December, 2020, Prof. Laldinpui Fente, Dept. of Psychology, MZU delineated the importance of emotional, psychological and social well-being in the context of Covid 19 pandemic. 9th December 2020 The speaker of the third day, Prof. Kalpana Sarathy, Director, TISS, Guwahati stressed on how to engage students in online class. 10th December, 2020 Prof. Lalnundanga, Registrar, MZU engaged the participants on the challenges and opportunities in balancing teaching and research during Covid 19 pandemic. 11th December, 2020 Mr Lawmnakima, Data Scientist, AI & Cloud Cognizant Technology Solution, Bangalore gave an insightful lecture on Instructional strategies in virtual classroom. Each session was followed by an absorbing interactive session where the participants interacted with the speakers clarifying their doubts and asking interesting questions.

Outcomes:

The webinar was very informative and beneficial as it provided the participants with enormous knowledge on various aspects of effective online teaching.




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11	NAME OF PROGRAM	Training on Inclusive Leadership
	Date	24 th and 25 th February 2021
	Place	Zoom
	Resource Person	Dr.Lalbiakzuali, Coordinator, IQAC, GHBC
	No of Participants	63
	Organisers	The Equal Opportunity Cell, GHBC

Objectives:

The aim of the programme was to orient the staff towards creation of better inclusive environment for the students coming from diverse backgrounds and to equip the them with strategies needed for becoming effective inclusive leaders.

Report of the events:

The Equal Opportunity Cell, Govt Hrangbana College organized a Training on Inclusive Leadership for the teaching and non-teaching staff of the College which lasted for two days, 24-25 Feb 2021. Dr Lalbiakzuali, Coordinator, IQAC was the resource person. The resource person presented insightful information on the meaning and importance of inclusive leadership in the College where leadership responsibility is actually shared. The role that both teaching and non-teaching play, the elements that they need to focus on to practice inclusive leadership and the various ways in which they could provide each and every student with inclusive opportunities to learn and grow were clearly pointed out by the resource person during the training. The training had 63 participants.

Outcomes:

From the positive responses and feedback received from the participants, the Cell believes that the Workshop has proved to be very fruitful and beneficial for the participants and hopes that it increases awareness on the importance of inclusive leadership and the ways of becoming better inclusive leaders for the students.




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12	NAME OF PROGRAM	Awareness of Women's Rights
	Date	8 th March 2021
	Place	Zoom
	Resource Person	Dr H. Lalzuithangi, Associate Professor, Dept of Political Science, GHBC
	No of Participants	214
	Organisers	The Equal Opportunity Cell, GHBC

Objectives:

The main objective of the webinar was to create awareness of the various provisions of the constitutional rights provided to women and the measures that have been adopted by the state in counteracting disadvantages faced by women socially, economically and politically.

Report of the events:

The Equal Opportunity Cell of Govt. Hrangbana College organized a webinar on "Awareness of Women's Rights" for the final year students and teaching as well as non-teaching staff on 08.03.2021. The programme was effectively conducted though the zoom platform and 214 participants attended the webinar. Dr H. Lalzuithangi, Associate Professor, Dept of Political Science, GHBC was the resource person.

Outcomes:

It was a very informative and fruitful session which ended with a lively interactive discussion of the several aspects presented by the resource person.




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 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF PROGRAM	Twentieth Century Mizo Literature
13	Date	15th – 19th March 2021
	Place	Zoom
	Resource Person	a) Lal̄thumliana, Ph.D Scholar, University of Manchester b) Dr. Zothanliana. DIET, Aizawl c) Dr. Rosy Lalmalsawmi Khuma. Baku, Azerbaijan d) Darchuailova Renthlei, GHBC e) RC Jongte, PhD Scholar, Princeton Theological Seminary f) Lalzarzova, Dept. of Mizo, Mizoram University g) Zonunsangi. GTRC h) Dr. Zoramdinthara, PUC i) VLC Vanlalhriatrenga, Illinois, Chicago, USA j) Dr. B. Lalzarliana, MZU - Zikpuii pa leh Post Colonialism
	No of Participants	214
	Organisers	The Equal Opportunity Cell, GHBC

Objectives:

- The main objective was to provide a comprehensive understanding of the writer and poet's impact on Mizo literature and their contribution to the literary world at large.
- The webinar aimed to critically study and draw out the spirit of the works of the Mizo Century Awardee- Zikpuii pa and Rokunga. In pursuance of this webinar, a book 'Daingul I & II', a compilation of research papers about the century awardee was published in 2021.
- The five-day international webinar on twentieth century Mizo Literature aimed to provide a platform for scholars, researchers, and literature enthusiasts to delve into the rich literary heritage of the Mizo community. With a specific focus on the works of the writer and poet of the century, the webinar intended to celebrate their contributions and shed light on the significance of Mizo literature in a broader context.
- The webinar aimed to explore various topics related to Mizo literature such as the historical and cultural background of the Mizo people, the socio-political influences on Mizo literature, the literary techniques employed by the writer and poet of the century, and the themes and motifs prevalent in their works.

Report of the events:

Five Day International Webinar on 'Twentieth Century Mizo Literature (with special reference to the works of Writer of the Century and Poet of the Century)' was organized by Mizo Department in collaboration with the Research and Consultancy Cell, Govt. Hrangbana College during 15th – 19th March 2021. For the webinar, the writer-poet's family contributed RS, 10,000/- and the Department faculty contributed Rs. 7,000/-. The number of participants exceeded 150 every day. The Resource Persons and their topics were

- 1) Lal̄thumliana, Ph.D Scholar, University of Manchester - Zikpuii Pa Theology
- 2) Dr. Zothanliana. DIET, Aizawl - Rokunga Hla: Eco-Criticism Hmanga Thlirna
- 3) Dr. Rosy Lalmalsawmi Khuma. Baku, Azerbaijan - Zikpuii pa Inspirations
- 4) Darchuailova Renthlei, GIIBC - Rokunga Hlaa Ram leh Hnam Hmangaihna
- 5) RC Jongte, PhD Scholar, Princeton Theological Seminary - Rokunga Hla "Kan Zotlang Ram Nuam"



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- 6) Lalzarzova, Dept. of Mizo, Mizoram University - Zikpuii pa leh Literary Criticism
- 7) Dorothy Zonunsangi. GTRC - Reflection of Rambuai in Zikpuiipa Novels
- 8) Dr. Zoramdinthara, PUC - Rokunga Hlaa Thilsiam Dangte
- 9) VLC Vanlalhriatrenga, Illinois, Chicago, USA - Ren Tin Daih Rokunga
- 10) Dr. B. Lalzarliana, MZU - Zikpuii pa leh Post Colonialism

The five-day international webinar turned out to be a resounding success.. Scholars, researchers, writers, students, and literature enthusiasts gathered virtually to engage in lively discussions and presentations on Mizo literature.

The works of the writer of the century- KC Lalvunga aka Zikpuii Pa and poet of the century- Rokunga took center stage during the webinar. Presenters provided compelling analyses of their literary techniques, discussing the innovative ways in which they explored themes such as identity, tradition, love, loss, and social change, making them truly deserving of their titles.

Outcomes:

As a result of this international webinar, the works of the writer and poet of the century gained wider recognition and appreciation. Their writings were acknowledged as valuable contributions to Mizo literature, encouraging further exploration and study of Mizo literature




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	NAME OF PROGRAM	Perspective for Civil Aspirants
14	Date	31 st March 2021
	Place	Conference Hall, GHBC
	Resource Person	Mr M. Lalmanzuala IAS (rtd) Former Chief Secretary of Mizoram & Former Chairman, Mizoram Public Service Commission
	No of Participants	126
	Organisers	Weber club, GHBC

Objectives:

- The one-day seminar on Perspective for Civil Service Aspirants was organized with the purpose of providing aspiring civil servants among the students, with valuable insights and guidance in their pursuit of a career in the civil service.
- The seminar aimed to equip student-participants with the necessary knowledge and skills to navigate the complex and competitive world of civil service examinations. It aimed to provide them with a comprehensive understanding of the various aspects of civil service, including the examination process, the qualities and competencies desired in civil servants, and the broader socio-political landscape in which civil servants operate.

Report of the events:

- The seminar was chaired by Mr. Lalenkawla Leader, Weber Club, GHBC. After a brief introduction, Prof. Sanny Tochwang, Chairperson, Research & Consultancy Cell gave a welcome speech which was followed by a report from the Secretary of the Weber Club, Mr. Lalrempuia, informing the audience about the aims and objectives of the Club.
- The resource person, Mr. M. Lalmanzuala gave an inspiring speech with regard to preparation for Civil Service examination, including exam preparation strategies, time management techniques, effective study skills, current affairs and general awareness, and the ethics and values expected of civil servants. The objective was to provide aspirants with a well-rounded understanding of the challenges they may face and the skills they need to cultivate in order to succeed in the civil service examination process.
- The resource person spent 45 minutes for his presentation after which a Q&A round continued for 20 minutes. 120 students and 6 faculty members attended the seminar. The seminar was published in the local newspaper and local cable network.

Outcomes:

- The one-day seminar on Perspective for Civil Service Aspirants proved to be highly beneficial and informative, with participants showing great enthusiasm and engagement. The seminar provided a valuable platform for aspiring civil servants to gain insights and acquire the necessary tools for their journey towards civil service examinations.
- By the end of the seminar, the participants gained a broader perspective on the Civil Service and its significance in society, as well as a better understanding of the roles and responsibilities of civil servants. They also developed a strong sense of the ethical values and integrity expected of civil servants, which will serve as a foundation for their future careers.
- The seminar acted as a stepping stone for the participants' journey towards the civil service. The knowledge gained and the strategies learned during the seminar will continue to benefit participants in their pursuit of a career in the civil service, enabling them to make valuable contributions to public service and governance.




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	NAME OF PROGRAM	Strategy for Managing Personal Finance
15	Date	19 th May, 2021
	Place	Conference Hall, GHBC
	Resource Person	Shri Suryakant Sharma, Sr. Consultant – North India AMFI (Former DGM SEBI) Shri Nitin Joshi, Vice President , NSDL
	No of Participants	330
	Organisers	Department of Commerce Govt.Hrangbana College in collaboration with Association of Mutual Fund in India (AMFI)

Report of the events:

A National Level Webinar on the topic “Strategy for Managing Personal Finance Including Mutual Funds During and After Covid-19” was organised by Department of Commerce Govt.Hrangbana College in collaboration with Association of Mutual Fund in India (AMFI) on 19th May, 2021.

Patron: Lalrochuanga Pachuau, Principal & IQAC chairman, Ghbc

Convener: Lalchangliana, Associate Professor, Head Dept of Commerce, Ghbc

Keynote Speaker: Shri Suryakant Sharma, Sr. Consultant – North India AMFI (Former DGM SEBI)

Invited Speaker : Shri Nitin Joshi, Vice President

NSDL Co-Convener: Dr. Lalbiakzuali, Associate Professor & IQAC Coordinator, Dept of Commerce, Ghbc

The programme started with an opening remark delivered by Co-convener Dr. Lalbiakzuali, Associate Professor & IQAC Coordinator, Dept of Commerce, Ghbc, followed by Welcome address from Prof. Kalyan Adak, Dept of commerce, Ghbc .The session ended with a round of discussion and vote of thanks by Convener Lalchangliana, Associate Professor, Head Dept of Commerce, GHBC Besides 15 faculty and 5 non-teaching staff of the College, the Webinar was attended by around 300 students.




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	NAME OF PROGRAM	Challenges of Urbanization in Developing Countries
16	Date	21 st May, 2021
	Place	Google meet
	Resource Person	Dr. Benjamin L. Sailo
	No of Participants	233
	Organisers	Department of Geography, GHBC

Report of the events:

Webinar on the topic of “Challenges of Urbanization in Developing Countries” was organized by the Department of Geography, Govt. Hrangbana College Council under the chairmanship of Head of Department, Mr. Lalmalsawma Ralte, invited speaker Dr. Benjamin L Sailo, Professor, Department of Geography and Resource Management, School of Earth Science in Mizoram University on 21st May, 2021.

It was convened by Mr. Lalhumbika and Mrs, F. Vanlalhmangaihsangi, the webinar commenced with Mr. Lalmalsawma giving an inspiring keynote address and introducing various remarkable academic contribution of our reputed resource person Dr. Benjamin L. Sailo and also highlighting various issues of urbanisation and its impact on the millennial. He illustrated various urban planning, development programs and impact run by various government and non- government organisations.

233 participants actively participated by listening, questioning which led to productive session at the end of the webinar. The organizers are thankful for this successful webinar and plans to conduct more in future for the enrichment of academic community.

Outcomes:

Geography students, researcher scholars and faculties from various College gained insightful knowledge in urbanization implications and ways of improvement for brighter tomorrow.




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17	NAME OF PROGRAM	Financial Education Program Indian Securities Market
	Date	15 th June, 2021
	Place	Zoom
	Resource Person	Raghunandan Pattnaik
	No of Participants	200
	Organisers	Department of Commerce, GHBC

A National Level Webinar on the topic "Financial Education Program Indian Securities Market" was organised by Department of Commerce Govt.Hrangbana College in collaboration with NSE and CAFÉ MUTUAL on 15th June, 2021 Chair Person : Lalrochuanga Pachuau, Principal , Govt.Hrangbana College Convener : Prof. Kalyan Adak, Govt. Hrangbana College Resource Person : Raghunandan Pattnaik The programme started with an opening remark delivered by convener Prof. Kalyan Adak, Dept of Commerce, Govt. Hrangbana College. The session ended with a round of discussion and vote of thanks by Lalchangliana, Associate Professor, Head Dept of Commerce, Ghbc The Webinar was attended by around 200 participants.




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	NAME OF PROGRAM	INTELLECTUAL PROPERTY RIGHTS
18	Date	25 th June, 2021
	Place	Google meet
	Resource Person	GC Lalremruata, Project Scientist, Patent Information Centre Pu C.Laltlanzuala, Scientist – B, Patent Information Centre
	No of Participants	89
	Organisers	Department of Commerce & Department of Economics, GHBC and Patent Information Centre, MISTIC, DST


Objectives:

- The event aimed to provide participants with a comprehensive understanding of Intellectual Property Rights (IPR) and their profound significance in today's evolving landscape of innovation and creativity.
- This webinar aimed to educate participants about the various dimensions of IPR and their impact on fostering innovation and safeguarding intellectual endeavors.

Report of the events:

- The Webinar on "Intellectual Property Rights" was jointly organized by Hrangbana College, Department of Commerce and Economics in collaboration with the Patent Information Centre, MISTIC, DST on June 25, 2021, from 1:00 pm to 3:00 pm.
- The webinar served as an educational platform for attendees to delve into the complex world of Intellectual Property Rights. IPR play a pivotal role in protecting innovations, creations, and intellectual endeavors, fostering creativity, innovation, and economic growth.
- The event consisted of two keynote addresses and case study presentations that covered various aspects of IPR. Webinar Platform: The event utilized the Google Meet platform for hosting the webinar. Attendees were provided with the video call link (<https://meet.google.com/afc-shrd-vuj>) for easy access.
- In a rapidly evolving world driven by innovation and creativity, the protection of intellectual property has become a crucial aspect of ensuring fair recognition and compensation for creators and inventors. To shed light on the significance of Intellectual Property Rights (IPR) and provide insights into their applications, Hrangbana College's Department of Commerce and Economics partnered with the Patent Information Centre, MISTIC, DST, to organize a webinar on June 25, 2021.
- Overview of Intellectual Property Rights: Pu GC Lalremruata provided a concise overview of Intellectual Property Rights, explaining their significance in protecting original creations. This session highlighted the different types of IPR, including patents, copyrights, trademarks, and trade secrets. Attendees gained insights into how these rights encourage innovation and provide legal protection to creators and inventors.
- Trademark & Copyright Case Study: Pu C. Laltlanzuala presented a case study focusing on trademarks and copyrights, with a special emphasis on the state. This practical session showcased real-world examples to illustrate the application and implications of trademarks and copyrights. The presentation addressed the importance of these rights in branding and protecting creative works.




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Outcomes:

- **Enhanced Understanding:** The webinar succeeded in providing participants with a comprehensive understanding of Intellectual Property Rights. Through the presentations and case studies, attendees gained insights into the different forms of IPR, including patents, copyrights, trademarks, and trade secrets.
- **Real-World Application:** The case study presentation on trademarks and copyrights, with a focus on the state, brought the theoretical concepts to life. Participants were able to connect the dots between theoretical knowledge and practical applications, understanding how IPR impact branding, creative works, and commerce.
- **Promotion of Innovation:** By highlighting the role of IPR in encouraging innovation, the webinar inspired participants to explore new ideas and ventures. The understanding that their intellectual efforts are safeguarded under the law serves as an incentive for individuals and organizations to invest in creative and inventive pursuits.
- **Networking and Collaboration:** The webinar provided a platform for participants from diverse backgrounds to interact, share ideas, and engage in discussions about IPR. This networking opportunity may lead to future collaborations, fostering a community focused on responsible intellectual property management.
- **Awareness:** The event significantly raised awareness about the importance of respecting intellectual property rights. Attendees now possess the knowledge to distinguish between legal and illegal usage of intellectual property, contributing to a more ethical and responsible intellectual environment.




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INTERNAL QUALITY ASSURANCE CELL
GOVT HRANGBANA COLLEGE
 AIZAWL: MIZORAM
SEMINAR- WORKSHOP- WEBINAR
ANNUAL REPORT 2019-2020

1	NAME OF SEMINAR	Investor Awareness Programme on Overview of NSE & Capital Market
	Date	28 th August 2019
	Place	Room No 403
	Resource Person	Department of Commerce, Govt. Hrangbana College
	No of Participants	80
	Organisers	Alumni Association, Govt Hrangbana College

Introduction: To further the understanding of commerce students regarding the capital markets and the role of the National Stock Exchange (NSE), the Department of Commerce at Govt. Hrangbana College organized an investor awareness programme on the 28th of August, 2019.

- Inaugural Session: The event was inaugurated with an opening speech by the Head of the Department, Prof. Kalyan Adak highlighting the importance of capital markets in the modern economic landscape and the need for students to understand its workings. The introduction of the resource person, Mr. Pratyush Bhaskar, emphasized his credentials as a NISM Certified SEBI SMART Ready Trainer, setting the tone for the knowledgeable session ahead.

Keynote Session by Mr. Pratyush Bhaskar:

- Introduction to NSE: Mr. Bhaskar started by elucidating the pivotal role the NSE plays in the Indian capital market. He detailed its history, evolution, and the variety of financial products offered.
- Importance of Capital Market: The significance of the capital market in fueling economic growth, providing investment opportunities, and facilitating capital formation was discussed in depth.
- Investor Awareness: Delving into the crux of the program, Mr. Bhaskar emphasized the importance of investor education and awareness. He highlighted the risks and rewards associated with investing and the need for due diligence.
- Regulatory Framework: He provided insights into the regulatory framework of the NSE and the broader capital market, focusing on SEBI's role in ensuring transparency and investor protection.




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	NAME OF SEMINAR	Motivational empowerment & improvement
2	Date	3RD SEPTEMBER 2019
	Place	Conference Hall, GHBC
	Resource Person	MS. ZOMUANI CHERPOOT, ASSISTANT PROFESSOR, Deptt of English
	No of Participants	EKC Room
	Organisers	DEPARTMENT OF COMMERCE, GOVT HRANGBANA COLLEGE

Introduction: The Department of Commerce, Govt Hrangbana College organised a special seminar focused on the theme "Motivational Empowerment & Improvement" for the students of the 3rd Semester B.com on 3rd September 2019. The seminar aimed to provide students with insights and strategies to stay motivated and empowered in their academic and personal journeys.

Inaugural Session: The seminar began with a welcome address by the Head of the Department, Prof. Kalyan Adak who stressed the importance of continuous learning and the role motivation plays in academic excellence. The introduction of the resource person, Ms. Zomuani Cherpoot, was met with enthusiastic applause.

Objective:

The Department of Commerce, Govt Hrangbana College organised a special seminar focused on the theme "Motivational Empowerment & Improvement" for the students of the 3rd Semester B.com on 3rd September 2019. The seminar aimed to provide students with insights and strategies to stay motivated and empowered in their academic and personal journeys.

Conclusion: The seminar concluded with a vote of thanks from a representative of the 3rd Semester B.com students. They expressed gratitude for the invaluable lessons imparted by Ms. Zomuani and the efforts of the Department of Commerce in organizing such a meaningful event.

Feedback & Reflection: Students were provided with feedback forms, and the overall response was overwhelmingly positive. Many expressed a renewed sense of purpose and motivation, with a clearer understanding of how to stay empowered in their academic journey




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3	NAME OF SEMINAR	Working Together to Prevent Suicide
	Date	10th September 2019
	Place	Golden Hall
	Resource Person	From Department
	No of Participants	53
	Organisers	Psychology Department & Counselling, Career and Placement Cell, Govt Hrangbana College

Report of Event

The FDP was immensely beneficial for all faculty. It helped to revisit the aspiration of being a teacher especially in the present-day context, where classroom teaching is only a fraction of what skill, duties and responsibilities that a college teacher must necessarily have.

In commemoration of World Suicide Prevention Day, the Department of Psychology in collaboration with Counselling, Career and Placement Cell of Govt Hrangbana College organized a program focused on the theme- "Working Together to Prevent Suicide."

σ The event aimed to raise awareness about suicide prevention, reduce the stigma surrounding mental health, and emphasize the importance of collaborative efforts in saving lives. σ The program sought to educate the students about the signs, risk factors, and available resources related to suicide prevention. By disseminating information and raising awareness, the event aimed to empower the participants with the knowledge needed to identify warning signs and intervene to prevent suicides.

Addressing the stigma surrounding mental health was another significant objective of the program. By promoting open discussions and providing a safe space for dialogue, the event aimed to reduce misconceptions and promote acceptance and support for individuals facing mental health challenges.

The program, "Working Together to Prevent Suicide," commemorated World Suicide Prevention Day by raising awareness and reducing stigma. By facilitating crucial discussions, sharing personal stories, the event aimed to empower the participating students in preventing suicide. The program highlighted the significance of collective action and emphasized that each person has a role to play in saving lives and supporting those struggling with mental health challenges

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4	NAME OF SEMINAR	Awareness Campaign on Prohibition of Firecrackers and other Pyrotechnic Materials
	Date	18th January 2019
	Place	The Golden Hall, GHBC
	Resource Person	Members of United for a Purpose
	No of Participants	326
	Organisers	NSS Unit. Govt. Hrangbana College

Report of the Event

The event aimed to raise awareness about suicide prevention, reduce the stigma surrounding mental health, and emphasize the importance of collaborative efforts in saving lives.

The training focused on introducing the participants to the fundamental concepts of self-defense. The trainer presented an overview of personal safety, emphasizing the importance of situational awareness and risk assessment. The students were made aware of common threats and how to identify potentially dangerous situations.

- Practical demonstrations and hands-on exercises were done. The instructor guided students through various techniques, including striking, blocking, and evasive tactics.
- Role-playing exercises helped students develop quick decision-making skills and increased their confidence in applying selfdefense techniques




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	NAME OF SEMINAR	Training Report on Self Defense
5	Date	9 th -11 th October 2019
	Place	The Golden Hall, GHBC
	Resource Person	Vanlalthlamuanpuia, Black Belt in Karate
	No of Participants	150
	Organisers	History Department, Govt Hrangbana College

With this realization, the History Department organized a Self Defense Training for their girl students. The primary objective of this program was to empower the girl students of the college with practical techniques and knowledge to protect themselves in challenging or potentially dangerous situations. The training aimed to enhance their physical abilities, boost confidence, and promote a sense of personal security.

The training focused on introducing the participants to the fundamental concepts of self-defense. The trainer presented an overview of personal safety, emphasizing the importance of situational awareness and risk assessment. The students were made aware of common threats and how to identify potentially dangerous situations. • Practical demonstrations and hands-on exercises were done. The instructor guided students through various techniques, including striking, blocking, and evasive tactics. • Role-playing exercises helped students develop quick decision-making skills and increased their confidence in applying self- defense techniques.

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6	NAME OF SEMINAR	Nationalism and Laying Foundation for a Successful Life
	Date	22nd October, 2019
	Place	Conference Hall, GHBC
	Resource Person	Dr B Lalzarliana, Assistant Professor, Department of Sociology, MZU
	No of Participants	60
	Organisers	Department of History in Collaboration with Career and Counselling Cell, Govt Hrangbana College

The Department of History collaborated with the Career and Counselling Cell of Govt Hrangbana College in organizing a seminar on 'Nationalism and Laying Foundation for a Successful Life'. The seminar aimed to impart among the participants better knowledge on the role of nationalism in the modern world and also emphasize the importance of recognizing identity and cultural differences while also recognizing the need for cooperation and collaboration. It also intended to create awareness of the dangers of extreme nationalism, which can lead to conflict and even war.

The Seminar was divided into two sessions.

The first session began with a keynote address delivered by Dr Robert Lalthlamuana, Assistant Professor, Dept of History who highlighted the different forms of nationalism. The speaker argued that nationalism has been both a unifying and a dividing force, bringing people together in some cases and dividing them in others. The speaker argued that nationalism has been both a unifying and a dividing force, bringing people together in some cases and dividing them in others. The keynote address was followed by paper presentation from the students on the different aspects of nationalism. Overall, the seminar on nationalism was both informative and thought-provoking. It highlighted the complexity of the concept of nationalism and the importance of understanding its history and its role in the world today.

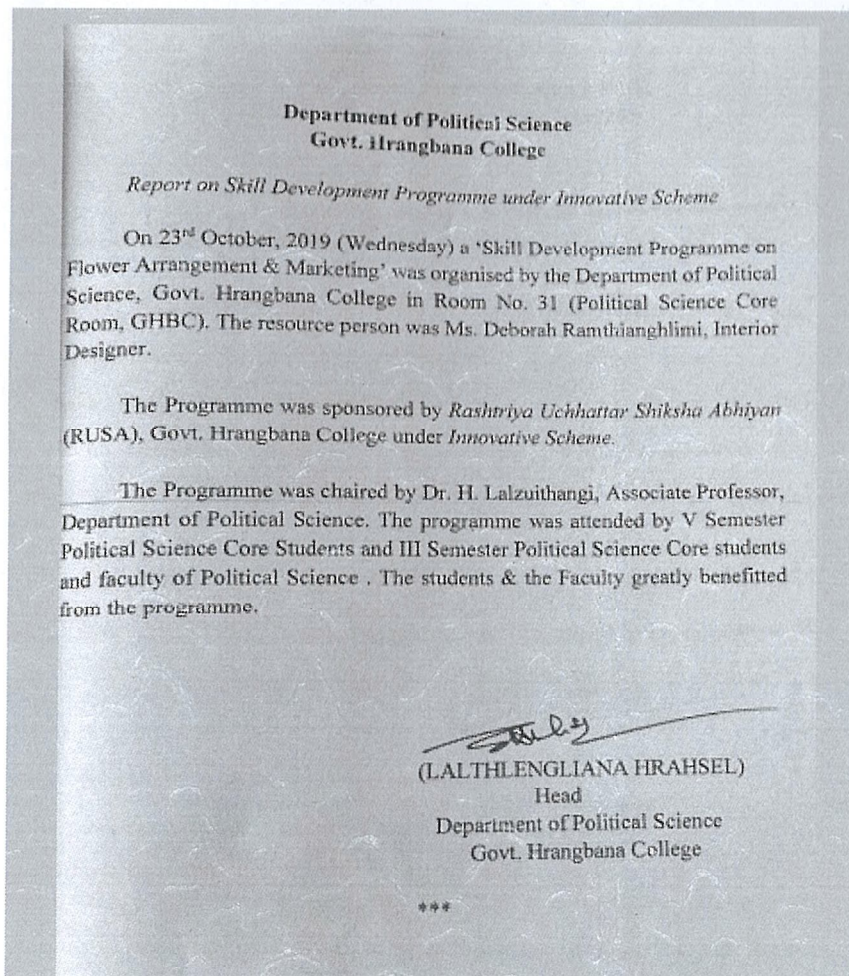
SESSION 2:

Laying Foundation for a Successful Life The second session of the seminar aimed to focus on the importance of laying a solid foundation for a successful life. It had Dr B Lalzarliana as the resource person. The resource person began his presentation by discussing the importance of identifying one's values and passions. He also highlighted the importance of developing a growth mindset, which involves a willingness to embrace challenges and learn from failure. The speaker then moved on to discuss the importance of developing good habits. He emphasized that success is often the result of small daily habits and routines while also providing examples of simple habits such as regular exercise, reading, and meditation and how these can have a significant impact on one's life. Overall, the seminar on "Laying Foundation for a Successful Life" was both practical and inspiring. It provided the participants with valuable insights into the importance of identifying one's values and passions, developing a growth mindset, and developing good habits to achieve personal fulfillment and success




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7	NAME OF SEMINAR	Skill Development Programme on Flower Arrangement and Marketing
	Date	23rd October, 2019
	Place	Room 31
	Resource Person	Ms Deborah Ramthianghlimi
	No of Participants	30
	Organisers	RUSA, GHBC



Some of the topics covered in this program are:

- Learning about flowers
- Learning to source flowers from local floriculturists
- Learning to create unique floricultural designs
- Learning the art of selling floricultural products
- Learning the art of purchasing and distributing flowers for a profitable business
- Learning to market your business




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8	NAME OF SEMINAR	Seminar on Draft National Education Policy-2019
	Date	25th Oct 2019
	Place	Conference Hall,GHBC
	Resource Person	Prof J Lalremruata
	No of Participants	56
	Organisers	Research & Consultancy Cell, Govt Hrangbana College
Sponsored by	RUSA	

Trough the skilled presentation of the well -versed resource person, the seminar offered an in -depth understanding of the various provisions and reforms proposed in the draft National Education Policy - 2019. Faculty members gained valuable insights into the vision and goals of the policy, as well as its potential impact on higher education.

- The seminar facilitated a healthy exchange of ideas, opinions, and perspectives among faculty members. Through discussions and Q&A sessions, participants actively engaged in discussions about the strengths, weaknesses, and challenges of the proposed policy. The seminar encouraged critical thinking and allowed participants to voice their concerns and suggestions regarding its implementation.
- The seminar on the "Draft National Education Policy-2019" provided a valuable opportunity for faculty members to understand and discuss the proposed reforms in the education system. The seminar not only increased awareness and generated critical dialogue but also resulted in valuable recommendations and suggestions for the effective implementation of the policy.
- The outcomes of the seminar will have a significant impact on the teaching and learning practices in our college, fostering a more inclusive, progressive, and student-centered approach to education




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 Aizawl, Mizoram

9	NAME OF SEMINAR	Workshop on Career Advancement : Start Early and Explore
	Date	28th October 2019
	Place	Conference Hall,GHBC
	Resource Person	Ms Saithantluangi, MIS, Govt of Mizoram
	No of Participants	43
	Organisers	Department of Public Administration, Govt Hrangbana College

On 28th Oct 2019, a workshop on "Career Awareness: Start Early and Explore" was organized at the Conference Hall of the college. The objective of this workshop was to provide guidance and insights to students on how to effectively plan and navigate their career paths. The workshop emphasized the importance of starting early and exploring various career options to advance professionally.

- The workshop aimed to highlight the value of exploring multiple career options to broaden one's horizons.

- The workshop would focus on setting realistic and achievable career goals. It was expected that the students would be encouraged to develop a long-term vision and identify short-term objectives to steer their professional growth.

-The resource person highlighted common challenges faced during the career advancement journey and captivated the participants by narrating her own experiences. -The workshop was concluded with an interactive session where participants had the opportunity to seek clarification on any doubts or concerns they had.

-The participants learned the significance of exploring different career options, conducting thorough research and setting clear objectives.

-The workshop was helpful for the students to initiate their journey towards a successful career. It is hoped that the knowledge gained in this workshop will continue to guide them throughout their future endeavors and help them to make informed career decision.




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10	NAME OF SEMINAR	Seminar on A Way to Success
	Date	28th October 2019
	Place	Conference Hall, GHBC
	Resource Person	Lalrammawia Tochwawng, Assistant Professor, Dept of Education, MZU
	No of Participants	68
	Organisers	Mizo Department, Govt Hrangbana College
Sponsored		RUSA

The seminar on "A Way to Success" was organized by the Department of Mizo, GHBC in response to the growing demand for guidance and strategies to achieve success in various areas of life. The event with its renowned motivational speaker aimed to provide the participants with practical insights and actionable steps to overcome obstacles, improve their mindset, set and achieve goals, and ultimately find their own path to success.

- The seminar targeted the students with diverse backgrounds who needed motivation and direction in their personal, academics and future goal pursuits. It would empower them with valuable knowledge and tools to navigate their journey to success.
- The seminar meant to provide the participants with insights into effective goal-setting techniques and strategies for creating actionable plans. From the seminar, the participants were expected to learn how to set specific, measurable, achievable, relevant, and time-bound goals thereby creating detailed action plans that would help them stay on track and make progress towards their objectives.

Seminar Outcomes:

- The seminar successfully achieved its intended outcomes, empowering participants with valuable knowledge and tools to navigate their journey to success.
- The speaker's anecdotes, stories of success, and practical tips instilled a sense of possibility and ignited a fire within the audience to strive for their own success.
- The seminar focused on the importance of continuous personal growth and development. The Participants learned about different avenues and resources available for expanding their knowledge, acquiring new skills, and seeking self-improvement. The seminar prompted participants to embrace a lifelong learning mindset and take proactive steps to enhance their personal and professional capabilities.




 (Dr. H. LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram


11	NAME OF SEMINAR	Workshop on Special Education- People with Disability
	Date	28th October 2019
	Place	Education Core Room
	Resource Person	Prof Lalbiakdiki
	No of Participants	57
	Organisers	Department of Education, Govt Hrangbana College
Sponsored	RUSA	

The Workshop on Special Education for People with Disabilities was organized by the Department of Education for its Core students and faculty with the aim of providing valuable insights and creating awareness and promoting understanding about the needs and rights of individuals with disabilities. The workshop was designed to equip the participants with knowledge and insights that would enable them to create inclusive environments and actively contribute to a more inclusive society. The event intended to increase awareness and understanding of special education, its principles and practices among the participants and enhance their knowledge of inclusive teaching methodologies and support technologies.

The resource person is an expert professional known for her expertise and contribution in the field of special education. Highlights:

- The resource person shared valuable insights and experiences, providing the participants with a deeper understanding of the challenges and opportunities faced by individuals with disabilities.
- The expert emphasized the importance of inclusive education and its positive impact on the lives of individuals with disabilities. The participants were encouraged to recognize the value of creating accessible and inclusive learning environment for everyone.
- Different types of disabilities and their implications on education were addressed. Inclusive teaching practices that can be adopted to ensure equal access and participation for individuals with disabilities were also discussed. The attendees were encouraged to explore strategies that promote a learnercentred approach, accommodation techniques, and assistive technologies to support people with disabilities.
- A question-and-answer session was conducted, allowing the participants to clarify their doubts and seek further information on specific topics. This interactive session facilitated a deeper engagement with the subject matter and provided an opportunity for the participants to learn more.




 (Dr.H.LALZIDINGA)
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 Govt. Hrangbana College
 Aizawl, Mizoram

12	NAME OF SEMINAR	Meet the Entrepreneurs
	Date	30th October 2019
	Place	Conference Hall
	Resource Person	Dr. Samuel Lalnunzira Dingliana Pu. Joseph K Lalhlimpuia Pu. K Lalrosanga
	No of Participants	57
	Organisers	Department of Commerce in collaboration with Career and Counseling Cell, GHBC
Sponsored	RUSA	

• **Introduction:**

• Recognizing the importance of entrepreneurship and its role in shaping the future economy, the Department of Commerce, in conjunction with the Career and Counseling Cell of GHBC, organized a "Meet the Entrepreneurs" programme on 30th October 2019. Funded by RUSA, the event aimed to inspire budding entrepreneurs, providing them a platform to interact and learn from seasoned businesspersons.

• **Inaugural Session:**

• The programme was inaugurated with a speech by the Head of the Department, Prof. Kalyan Adak emphasizing the essence of entrepreneurship in the current economic landscape. Acknowledging the support of RUSA and the collaboration with the Career and Counseling Cell.

Address by Dr. Samuel Lalnunzira Dingliana:

• **Entrepreneurial Insights:** Dr. Dingliana shared his journey into the world of business, stressing the challenges, rewards, and the resilience required.

• **Market Dynamics:** An in-depth discussion on understanding market needs, trends, and adopting innovative solutions marked his session.

• **Advice for Young Entrepreneurs:** Highlighting the significance of mentorship, he urged students to seek guidance and constantly upgrade their skills.




(Dr.H.LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

13	NAME OF SEMINAR	Seminar on Orientation on Guidelines and Ordinances of MZU on UG Examinations
	Date	6th November
	Place	Conference Hall
	Resource Person	Dr Zothanzami, Coordinator, Academic and Examination Committee, GHBC & Other Members of the Committee
	No of Participants	62
	Organisers	Academic and Examination Committee, Govt Hrangbana College

The seminar on Orientation on Guidelines and Ordinances of MZU on UG Examination was conducted by the Academic and Examination Committee of the institution to provide the faculty with a comprehensive understanding of the rules and regulations governing the examination procedures of the university.

- The orientation seminar also aimed to create renewed awareness among the faculty of the institution about the importance of upholding academic integrity during examinations. It intended provide new insights into methods to prevent unauthorized assistance and any form of cheating as well address strategies to detect and mitigate malpractice.

The orientation programme intended to

- familiarize the faculty members with the examination ordinances of Mizoram University
- enhance knowledge about examination-related policies, procedures, and guidelines
- improve assessment methodologies and grading practices
- promote adherence to academic integrity and ethical conduct in examinations and
- foster effective communication and coordination between faculty and examination authorities




 (Dr.H.LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	Professional Development Programme
14	Date	15 th January 2020
	Place	Conference Hall
	Resource Person	1. Pu P.C.Ralliana, Dy. Director, ATI 2. Dr. Lalbiakzuali, IQAC Coordinator
	No of Participants	67
	Organisers	IQAC, Govt. Hrangbana College
	Sponsored	RUSA

The Department of Education organized a seminar- "Emerging Trends in Indian Higher Education on the 27th of January 2020 which aimed to shed light on the evolving landscape of higher education in the country. It focused on highlighting key trends, challenges, and opportunities that are shaping the future of academia and preparing students for the demands of a rapidly changing world.

The Resource Person Prof Lahmasai Chuaungo, Director of HRDC, MZU is an esteemed expert in the field of Higher Education

- The resource person highlighted the accelerating digital transformation in Indian higher education. She explored the integration of technology in teaching methodologies, learning management systems, virtual classrooms, online assessments, and e-resources.
- The seminar emphasized the increasing importance of interdisciplinary studies and how integrating various disciplines allows students to develop a broader perspective and gain the skills needed to tackle realworld challenge.

The importance of equipping students with not just theoretical knowledge but also practical skills, critical thinking abilities, and adaptability was also discussed. Through the expertise of the resource person, the participants explored various approaches to incorporate skill-based education and continuous learning into existing curricula.

- The need to create equal opportunities for students from marginalized communities and promote gender equality was also one of the highlights of the seminar. Emphasis was also laid on the need to ensure that educational spaces are accessible for individuals with disabilities. Strategies for creating inclusive and diverse learning environments were also explored.




 (Dr.H.LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	Emerging Trends in Indian Higher Education
15	Date	27th January 2020
	Place	Conference Hall
	Resource Person	Prof Lalhmasai Chuaungo, Director, Human Resource Development Centre, MZU
	No of Participants	71
	Organisers	Department of Education, GHBC
	Sponsored	RUSA

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 (Dr.H.LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	Special Lecture on the Development of Mizo Literature
16	Date	29th January 2020
	Place	Conference Hall
	Resource Person	B Lalthangliana (National Awardee)
	No of Participants	63
	Organisers	Department of Mizo, GHBC

A special lecture on the Development of Mizo Literature was organized by the Mizo Department of the institution to provide knowledge and insights into the rich literary heritage of the Mizo people. The event aimed to promote cultural awareness and stimulate interest in Mizo literature among the attendees.

The lecture was delivered by a renowned Mizo author and writer and a national awardee and who is also a retired Professor of the college. With extensive knowledge and experience in Mizo literature, Mr B Lalthangliana was the perfect choice to enlighten the participants about the evolution of Mizo literature over the years.

Highlights of the Lecture

The lecture began with an overview of the historical context and oral traditions that laid the foundation for Mizo literature. The speaker delved into the early influences from neighbouring regions and the significance of these influences on the Mizo literary landscape.

The lecture highlighted the contributions of influential Mizo authors throughout history. The speaker shared anecdotes and excerpts from notable literary works, showcasing the diversity and depth of Mizo literature.

The lecture also shed light on recent trends and the ongoing development of Mizo literature. The speaker discussed the incorporation of new themes, writing styles, and genres, reflecting the evolving aspirations and concerns of the Mizo people.

OUTCOME

- The special lecture provided a comprehensive understanding of the development of Mizo literature. Attendees gained knowledge about the historical, cultural, and socio-political influences on Mizo literature, as well as an appreciation for the contributions of Mizo authors of the past and the present.
- The event served as a stepping stone for further engagement and exploration of Mizo literature. It not only celebrated the literary achievements of the Mizo community but also inspired the younger generation to contribute to the ongoing legacy of Mizo literature.




 (Dr. H. LALXIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	Personality Development Program
17	Date	31st January 2020
	Place	Conference Hall
	Resource Person	Father Rev Emmanuel Ralte
	No of Participants	58
	Organisers	Political Science Core Room

Recognizing the significance of personality development for the students, the Department of Political Science organized a Personality Development Programme for its core students with the objective of contributing to their personal and future professional growth.

By engaging Reverend Father Emmanuel Ralte, a motivational speaker, the organizer hoped to bring unique perspectives and spiritual insights to the personality development programme for the students. With his knowledge of theology, ethics, and moral values, the students would be provided valuable guidance to facilitate their growth in character, faith, and emotional wellbeing.

The Personality Development Programme, led by Reverend Father Emmanuel Ralte, proved to be an invaluable experience for the studentparticipants. With the guidance and expertise of such a resource person, the students were equipped with essential tools and techniques for personal growth and character development. The programme not only empowered the students but also inspired them to become confident individuals capable of contributing positively to society.




 (Dr.H.LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	Special Lecture on Indo - Myanmar Relations
18	Date	3rd February 2020
	Place	Conference Hall
	Resource Person	Mr B Lalthangliana
	No of Participants	94
	Organisers	Department of Political Science, Govt Hrangbana College

The Indo-Myanmar relationship holds great significance for both countries due to their geographical proximity, historical ties, and shared interests. A special lecture discussing this relationship sheds light on the bilateral cooperation, challenges, and future prospects between India and Myanmar.

The special lecture aimed to provide a comprehensive understanding of the IndoMyanmar relationship and its importance in terms of political, economic, social, and cultural aspects. It sought to highlight the historical context, current collaboration, and potential areas of growth for both nations..

The resource person of the Programme is a retired Professor of the college, a distinguished person in the field of literature and having numerous publications to his name. He is a renowned researcher and a historian, an expert in the history of Myanmar and Mizoram.

The special lecture on Indo-Myanmar Relations provided an insightful overview of the historical, political, economic, and cultural aspects of the bilateral relationship. It highlighted the potential for growth in various sectors and the importance of addressing challenges together. By strengthening ties, both countries can achieve greater regional stability, economic prosperity, and cultural integration.




 (Dr. H. LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

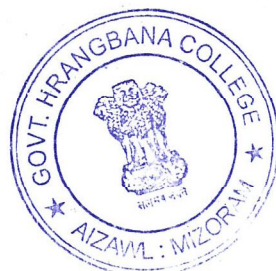
19	NAME OF SEMINAR	Seminar on Energy Conservation
	Date	6th February, 2020
	Place	Conference Hall
	Resource Person	Mr Vansangliana, Project Coordinator, State Designated Agency for Energy Conservation.
	No of Participants	94
	Organisers	Department of Political Science, Govt Hrangbana College

OFFICE OF THE CHIEF ELECTRICAL INSPECTOR
ELECTRICAL INSPECTORATE,
POWER & ELECTRICITY DEPARTMENT, GOVT. OF MIZORAM
(State Designated Agency for Energy Conservation)

Dated Aizawl, the 6th February, 2020

This is to certify that the State Designated Agency for Energy Conservation, Electric Inspectorate, Power & Electricity Department in collaboration with the Department of Political Science, Government Hrangbana College organized a seminar on 'Energy Conservation' at Conference Hall, Government Hrangbana College on 6th February 2020, 1:00 pm.

The resource person was Mr. Vansangliana, Project Coordinator, State Designated Agency for Energy Conservation. There was a fruitful interaction and a lively discussion with the participants.




(Dr. H. LALZIDINGA)
Principal
Govt. Hrangbana College
Aizawl, Mizoram

	NAME OF SEMINAR	Awareness on Accountancy
20	Date	7th February 2020
	Place	Conference Hall, Govt. Hrangbana College
	Resource Person	Mr. F. Malsawmtluanga, Accounts Officer, DRDA
	No of Participants	62
	Organisers	Department of Commerce, Govt. Hrangbana College

Introduction: To enrich the academic experience of commerce students and provide them with real-world insights into accountancy, the Department of Commerce at Govt. Hrangbana College organized a special lecture on "Awareness on Accountancy" on 7th February 2020

• **Inaugural Session:** The program commenced with a warm welcome note by Jenny B Hmangaihzuai, Assistant Professor. The emphasis was laid on the importance of practical knowledge in accountancy and its relevance in today's economic framework. Following this, Mr. F. Malsawmtluanga was introduced, with a brief overview of his accomplishments and role at DRDA.

Lecture by Mr. F. Malsawmtluanga:

- **Foundation of Accountancy:** Beginning with the basics, Mr. Malsawmtluanga detailed the core principles of accountancy and its essential role in organizational structures.
- **Real-World Application:** Drawing from his experience as an Accounts Officer at DRDA, he provided students with real-world examples, highlighting the practical challenges and solutions in day-to-day accountancy operations.
- **Trends & Innovations:** He touched upon the evolving nature of accountancy with the advent of technology, emphasizing the significance of staying updated with the latest tools and software in the field.
- **Career Pathways:** Offering guidance to the budding accountants in the room, Mr. Malsawmtluanga discussed various career avenues available in the domain of accountancy and the requisite skill sets for each.




 (Dr.H.LALZIDINGA)
 Principal
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 Aizawl, Mizoram

21	NAME OF SEMINAR	Programme on Cancer Awareness for Women
	Date	26th February 2020
	Place	Conference Hall, Govt. Hrangbana College
	Resource Person	Dr Cindy Lalthanpuii, Radiation Oncologist, Cancer Institute, Zemabawk
	No of Participants	60
	Organisers	Medical Committee & Women Development Cell, Govt. Hrangbana College

On 26th February 2020 , a Cancer Awareness Programme was conducted at the Conference Hall of the college specifically for girl students. The aim of this program was to increase awareness and understanding of cancer, its prevention, early detection, and available treatment options. Dr Cindy Lalthanpuii, an experienced oncologist served as the resource person, delivering comprehensive information and insights pertaining to cancer-related topics.

- The oncologist expertly discussed the fundamentals of cancer, including what it is, how it develops, and the various types of cancer. The presentation also addressed the risk factors associated with cancer, such as tobacco use, poor lifestyle choices, genetic factors, and environmental exposures.
- The resource person also focused on recognizing common symptoms and warning signs for each type of cancer, as well as the importance of timely medical consultation.
- The resource person emphasized the significance of adopting a healthy lifestyle to reduce the risk of developing cancer. The participants were educated about preventive measures, such as regular exercise, a balanced diet, avoiding tobacco and excessive alcohol consumption, and maintaining a healthy weight. Strategies for early cancer detection, including regular check-ups, self-examinations, and screenings, were extensively discussed.

The programme concluded with an interactive session allowing the participants to seek clarification and ask questions relating to cancer prevention, diagnosis, and treatment. The oncologist expertly addressed the queries, providing valuable insights and dispelling common misconceptions about cancer.

- Through this Cancer Awareness Programme, the participants gained valuable insights, enabling them to spread awareness in their communities and promote healthy living practices. It is hoped that the knowledge gained from this programme will encourage students to prioritize their health and engage in preventive measures, ultimately contributing to a decrease in the burden of cancer on society.




 (Dr. H. LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	Special Lecture on the Development of Mizo Novels
22	Date	28th February 2020
	Place	Conference Hall, Govt. Hrangbana College
	Resource Person	H. Lalngurliani (State Awardee)
	No of Participants	60
	Organisers	Department of Mizo

A special lecture on the development of Mizo novels was organized by the Department of Mizo of the college to shed light on the growth and significance of the novel form within Mizo literature. The event aimed to explore the evolution of Mizo novels and their impact on the literary landscape.

- The lecture was delivered by a distinguished Mizo author, a state awardee in literature. With deep expertise in Mizo literature, particularly in the field of novels, Mrs H Lalngurliani was the perfect choice to provide insights into the progression of Mizo novels over the years.
- The lecture commenced with an introduction to Mizo novels, highlighting their unique characteristics and contributions to Mizo literature. The speaker discussed the origins of Mizo novels and their journey from early influences to their distinct form.
- The lecture delved into the evolving themes present in Mizo novels. The speaker discussed how novels have tackled topics such as identity, cultural shifts, social issues, and the changing dynamics of Mizo society.
- The lecture touched on the current trends in Mizo novels, including the exploration of new genres, experimentation with narrative structures, and the incorporation of modern themes. The speaker provided examples of recent novels that demonstrate the ongoing development and versatility of Mizo literature.




 (Dr.H.LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

23	NAME OF SEMINAR	National Seminar on Recent Trends of Mizo Literature
	Date	11th March 2020
	Place	Conference Hall, Govt. Hrangbana College
	Resource Person	H. Lalngurliani (State Awardee)
	No of Participants	71
	Organisers	Department of Mizo in collaboration with Literature Club, GHBC

The National Seminar on Recent Trends of Mizo Literature aimed to explore and discuss the contemporary developments within Mizo literature and their impact on the cultural landscape of Mizoram. Organized by a collaborative effort of the Literature Club and the Department of Mizo of the college, the seminar brought together students, scholars, writers, and enthusiasts to delve into the evolving trends and themes of Mizo literature. It had 71 participants.

- The seminar intended to focus on the exploration of cultural identity in recent Mizo literature and emphasize the growing trend of literary experimentation within Mizo literature.

The seminar commenced with a thought-provoking keynote address by a prominent figure in the field of Mizo literature, Prof Laitluangliana Khiangte from Mizoram University who is known for his expertise and contributions to Mizo literature. His speech captivated the audience with his insights into the recent trends and emerging themes within the field. He emphasized how authors are pushing the boundaries of traditional storytelling, exploring new narrative structures, and experimenting with different literary forms.

- The keynote address was followed by paper presentation from scholars and students of the college. Participants engaged in discussions on topics such as gender, social inequality, environmental concerns and the impact of globalization. The seminar shed light on how Mizo authors are utilizing literature to amplify marginalized voices and address pressing social issues.
- The seminar concluded with the recognition that Mizo literature continues to evolve, capturing the aspirations, concerns, and cultural richness of the Mizo community. Attendees were encouraged to further explore and engage with recent Mizo literary works, fostering a deeper appreciation and understanding of the evolving trends within Mizo literature.
- The National Seminar on Recent Trends of Mizo Literature provided an enriching platform for scholars, writers, and enthusiasts to exchange ideas and insights on the evolving landscape of Mizo literature. The seminar highlighted the vibrant and dynamic nature of Mizo literature, showcasing the diverse themes, innovative approaches, and the social relevance of contemporary works.




 (Dr. H. LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	State Level Poetry Reading Festival
24	Date	13th March 2020
	Place	Conference Hall, Govt. Hrangbana College
	Resource Person	Lalnunpuia Hrahsel
	No of Participants	65
	Organisers	Literature Club, Govt Hrangbana College

The Literature Club of Govt Hrangbana College organized a state-level poetry reading festival, aimed at showcasing and celebrating the rich literary talent of the region. The festival provided a platform for poets, poetry enthusiasts, and literary connoisseurs to gather and exchange ideas, foster creativity, and promote a deeper understanding and appreciation for the art of poetry.

- The festival aimed to promote and encourage poetic expression, providing poets and budding writers an opportunity to share their work with a wider audience. It sought to nurture a supportive environment that promotes creativity and self-expression, fostering the growth and development of poets.
- By providing a platform for poets of the college as well as of the wider community, the festival aimed to showcase the beauty and vibrancy of local cultures and languages both English and Mizo languages.
- The presence of the resource person, Mr Lalnunpuia Hrahsel, a distinguished poet and writer elevated the festival by providing a unique opportunity for the attendees to witness his talent and expertise. He delivered captivating readings, and shared insights into his own writing processes.
- The event provided a platform for the young poets to share their poetry with a live audience. It allowed them to gain exposure and receive constructive feedback, while creating a dynamic and interactive environment for all attendees.
- The state-level poetry reading festival organized by the Literature Club of Govt Hrangbana College was a resounding success, bringing together a community of poets and literary enthusiasts. The festival achieved its objectives of promoting poetic expression, celebrating the diversity of poetic genres, and encouraging literary collaboration. By providing a platform for both established and emerging poets, the festival fostered an atmosphere of communal learning and artistic growth




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 Aizawl, Mizoram

INTERNAL QUALITY ASSURANCE CELL
GOVT HRANGBANA COLLEGE
 AIZAWL: MIZORAM
SEMINAR- WORKSHOP- WEBINAR
ANNUAL REPORT 2018-2019

1	NAME OF SEMINAR	Students' Interaction with Civil Service, Defence Service and Banking Service Officers
	Date	31st July
	Place	The Golden Hall
	Resource Person	1. Mr VL Zahawma, Sr Manager, Mizoram Rural Bank 2. Mr J Lalthafamkima, MPS, AIG 3. Lt Col Clement Lalhmingthanga, CO 20th NCC, Mizoram 4. Mr H Lianzela, MCS, Deputy Secretary, Govt of Mizoram
	No of Participants	325
	Organisers	Alumni Association, Govt Hrangbana College

The Alumni Association of Govt Hrangbana College organized a programme on "Students' Interaction with Civil Service, Defence Service and Banking Officers which aimed at facilitating interactions between students and professionals from diverse fields. The event primarily focused on creating awareness and providing insights into the civil service, defence service, and banking service sectors.

Objective:

- The key objective of this programme was to provide students with an opportunity to interact with professionals from civil service, defence service, and banking service sectors. It sought to broaden students' horizons by providing valuable insights into these career paths and fostering a deeper understanding of the roles and opportunities within these sectors.
- By engaging directly with professionals from these sectors, students would gain a realistic understanding of the roles, responsibilities, opportunities, challenges and rewards associated with these career paths.
- The program intended to encourage the students to explore various career options and empower them to make informed decisions about their future pursuits.

OUTCOMES

- The program featured the participation of officers from fields like civil service, defence service, and banking services. Experts from these fields shared their experiences, knowledge, and expertise, providing valuable insights into their respective roles and career trajectories.
- Students had the opportunity to engage in direct conversations with the officers. These sessions allowed for a comprehensive and meaningful exchange of information, wherein students gained a deeper understanding of the day-to-day responsibilities, challenges, and rewards associated with these professions.
- The program included dedicated sessions focusing on career guidance, where officers provided valuable advice and guidance to the students. This assistance included information about the necessary qualifications, skills, and aptitudes required for different roles within civil service, defence service, and banking services.




 (Dr. H. LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

2	NAME OF SEMINAR	National Workshop on Awareness Meditative Relaxation (AMR)
	Date	21st November 2018
	Place	Conference Hall, GHBC
	Resource Person	Rev Father Emmanuel Lalropuia Ralte
	No of Participants	45
	Organisers	Psychology Department, Govt Hrangbana College

Objective:

The Workshop was organized with the aim of introducing participants to the practice of mindfulness and providing them with techniques to achieve deep relaxation and reduce stress. It was designed to promote well-being and enhance participants' ability to manage their mental and emotional states effectively.

The resource person shared valuable insights into the benefits of mindfulness and its impact on stress reduction, focus, and overall mental health. The session addressed the importance of cultivating awareness and being present in the moment. • The workshop comprised interactive sessions that allowed participants to engage in practical exercises and learn various techniques for awareness meditative relaxation.

The workshop on Awareness Meditative Relaxation was a great success in educating participants about the benefits of mindfulness and equipping them with practical techniques to promote relaxation and reduce stress in their lives. Participants left the workshop with a greater understanding of mindfulness and a toolbox of techniques that they could continue to practice independently. It is hoped that the attendees will apply the knowledge gained to lead healthier and more fulfilling lives.

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 (Dr.H.LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	Faculty Development Programme
3	Date	15TH JANUARY 2019
	Place	Conference Hall, GHBC
	Resource Person	Prof. Margaret Ch. Zama Department of English, MZU
	No of Participants	64
	Organisers	IQAC. Govt. Hrangbana College

Report of Event

The FDP was immensely beneficial for all faculty. It helped to revisit the aspiration of being a teacher especially in the present day context, where classroom teaching is only a fraction of what skill, duties and responsibilities that a college teacher must necessarily have.

Prof. Margaret Ch. Zama is the assigned NAAC mentor for the college by the Mizoram University. She was the IQAC Coordinator of the MZU for their first cycle of assessment. She is reputed as one of the most competent and committed professors. She delivered a presentation on the "Quality of a teacher" giving insights on what a teacher is to be and not. She outlined the need for sincerity, hard work and dedication that a teacher must have. She gave valuable inputs for quality aspects of education as well.

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 (Dr. H. LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

4	NAME OF SEMINAR	Awareness Campaign on Prohibition of Firecrackers and other Pyrotechnic Materials
	Date	18th January 2019
	Place	The Golden Hall, GHBC
	Resource Person	Members of United for a Purpose
	No of Participants	326
	Organisers	NSS Unit. Govt. Hrangbana College

Report of the Event

Prof. Margaret Ch. Zama is the assigned NAAC mentor for the college by the Mizoram University. She was the IQAC Coordinator of the MZU for their first cycle of assessment. She is reputed as one of the most competent and committed professors. She delivered a presentation on the "Quality of a teacher" giving insights on what a teacher is to be and not. She outlined the need for sincerity, hard work and dedication that a teacher must have. She gave valuable inputs for quality aspects of education as well.

The program aimed to promote the use of alternative, eco-friendly ways to celebrate festivals and special occasions while reducing the adverse impact of fireworks on the environment and public health

The awareness campaign on the prohibition of firecrackers and other pyrotechnic materials was a success, which contributed to a more eco-friendly and safer way of celebrating festivals. The campaign created awareness and educated the students about the harmful effects of fireworks and their alternatives. The success of this campaign provides valuable insights for similar awareness campaigns for other environmental and health issues.




 (Dr. H. LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	Workshop on Financial Freedom in Networking Industry
5	Date	7 th February 2019
	Place	The Golden Hall, GHBC
	Resource Person	-
	No of Participants	222
	Organisers	Career Counselling & Placement Cell in collaboration with Students' Self Support Union GHBC

The workshop on "Financial Freedom in the Networking Industry" was a transformative event that aimed to provide valuable insights and strategies for individuals seeking financial independence within the networking industry. Organized by Career Counselling & Placement Cell in collaboration with Students' Self Support Union GHBC and held on 7th February 2019 at the Golden Hall of the college, the workshop had as its resource persons, accomplished professionals of Sunrider Company- a privately owned multi-level marketing company headquartered in Torrance, California. The Company lists thousands of franchise stores and tens of thousands of distributors internationally.

- The workshop aimed to provide the participants a deeper understanding of the concept of financial freedom and its significance in today's dynamic economic landscape.
- The workshop intended to show how networking can be a powerful tool for wealth creation and how one can leverage this industry to achieve their financial goals.
- The workshop was expected to show the importance of personal growth and mindset in achieving financial independence.

The participants gained a stronger foundation in financial literacy and learned practical money management skills • The attendees of the workshop have developed a better understanding of networking techniques, learned effective ways to build a strong network, and discovered how to leverage their connections for financial growth. • The importance of cultivating a growth mindset and embracing positive habits for financial success was emphasized throughout the workshop.

The workshop on Financial Freedom in the Networking Industry served as a catalyst for students seeking to attain financial independence now and in the future. By providing insights, lessons, and inspiration, the event empowered them to take control of their financial future and showed them ways to unleash their full potential within the networking industry.




 (Dr. H. LAZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	Personal Development Programme on Management Skills
6	Date	11 th February 2019
	Place	Conference Hall, GHBC
	Resource Person	Dr.Lalbiakzuali,Coordinator,IQAC
	No of Participants	32
	Organisers	Department of Economics

As per notification received from the Principal, the department organized the first Personality Development Programme (PDP) on the 11th of February, 2019 (Monday) at the College Conference Hall. Dr. Rohmingliani (HoD) Department of Economics, delivered inaugural speech by addressing students about the programme and how it's going to benefit them. In this seminar, the resource person inculcates students - the importance of management skills in diverse directions. It is, of course, resourceful, interesting, entertaining and informative speech which we hope and believe to have desirable impacts to all participants.

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 (Dr.H.LALZIDINGA)
 Principal
 Govt. Hrangbana College
 Aizawl, Mizoram

	NAME OF SEMINAR	PDP on Why Entrepreneurship
7	Date	14 th February 2019
	Place	Conference Hall, GHBC
	Resource Person	Joseph L. Ralte, Expert member- MEDMOC, Centre Director, MFPRTC
	No of Participants	32
	Organisers	Department of Economics

In pursuance of the action plan set, the department organized the third Personality Development Programme (PDP) on the 14th of February, 2019 (Thursday) at the College Conference Hall. Dr. Rohmingliani (HoD) Department of Economics, delivered a welcome speech by addressing students about the programme. In this seminar, the resource person inculcates students - the importance of entrepreneurship in diverse directions, the vast opportunities being available to become an entrepreneur if ones dare to face so. Life lessons from the successful entrepreneurs discussed were very much influential. It is, in fact, resourceful, interesting, challenging, fruitful and informative speech which we hope and believe to have desirable impacts to all participants.

Theme : "Why Entrepreneurship?"

Date : 14th February, 2019

Time : 12:00 pm

Place : Conference Hall Resource person : Joseph L. Ralte,

Expert member- MEDMOC, Centre Director, MFPRTC




 (Dr.H.LALZIDINGA)
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	NAME OF SEMINAR	Awareness on Traffic Rules and regulations
8	Date	15 th February 2019
	Place	The Golden Hall, GHBC
	Resource Person	Mizoram Police Department (ADSP Traffic)
	No of Participants	96
	Organisers	Political Science Department & Career Counselling Cell, Govt Hrangbana College


With the increasing number of road accidents and traffic violations among college students, our college organized an awareness program on traffic rules and regulations. The objective was to educate and create awareness among students about the importance of following traffic rules, promoting road safety, and acting as responsible citizens.

- The program aimed to bring about a positive change in students' behavior towards road safety and encourage them to reflect on their own driving habits and adopt responsible practices.
- The awareness program strived to instill a long-term impact by creating a culture of responsible driving among college students. The knowledge gained and the values imbibed during the program will continue to influence their behavior even after they leave college.
- The program aimed to create responsible citizens who contribute to reducing the number of accidents and fatalities on the roads by promoting safe driving practices.

Outcome

- The speakers were representatives from the Traffic Police Department of the state government. They skilfully gave their presentation, captivating the audience by sharing their experiences in the field through videos and speeches. They disseminated vital information about the various traffic rules and regulations to the participating students.
- Through interactive sessions, presentations and informative videos, students gained a comprehensive understanding of the rules related to speeding, helmet usage, seat belt usage, drunk driving and other road safety protocols. This helped them comprehend the significance of adhering to these rules to ensure their safety and the safety of others on the road.
- Students were urged to recognize the consequences of their actions and the impact it could have on themselves and the community. The program emphasized the importance of taking personal responsibility and sharing the roads in a considerate manner.
- The interaction with the professionals offered students a chance to clarify doubts, obtain real-life insights, and engage in meaningful discussions about road safety.




 (Dr. H. LALZIDINGA)
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	NAME OF SEMINAR	Seminar on Energy Conservation
9	Date	18 th February 2019
	Place	Conference Hall, GHBC
	Resource Person	Mr. Lalremruata, Junior Engineer, Power & Electricity Department, Eastern Circle, Govt of Mizoram
	No of Participants	47
	Organisers	Department of Economics

In pursuance of the action plan set, the department organized a seminar on Energy Conservation on the 18th of February, 2019 (Thursday) at the College Conference Hall. Dr. Rohmingliani (HoD) Department of Economics, delivered a welcome speech by addressing students about the programme. In this seminar, the resource person inculcates students - the importance of energy conservation, the role of ones to conserve energy, incorporating the practical applications of resources to the maxim, sustainability of resources is the prime and centred discussion in this seminar. It is, in fact, resourceful, interesting, challenging, fruitful and informative speech which we hope and believe to have desirable impacts to all participants.




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 Aizawl, Mizoram

10	NAME OF SEMINAR	Awareness Campaign on Voting Rights and Election Process
	Date	7th March 2019
	Place	The Golden Hall, GHBC
	Resource Person	Mr H. Lianzela, Joint CEO & Mr Malsawmzuala, Assistant CEO, Govt of Mizoram.
	No of Participants	85
	Organisers	Department of Political Science, Govt Hrangbana College (GHBC) in collaboration with the Election Department, Govt of Mizoram.

The awareness campaign on "Voting Rights and Election Process" was a thoughtprovoking event that aimed to deepen the participants' understanding of the importance of democratic participation, voting rights, and the electoral process. Held on the 7th of March 2019 at the Golden Hall of the institution, it had two important civil servants of the Election Department of the state as its resource persons- Mr H. Lianzela, Joint CEO & Mr Malsawmzuala Assistant CEO, Govt of Mizoram. The event had 304 participants.

The event intended to provide the participants with a comprehensive understanding of the significance of voting rights as a cornerstone of democracy and encourage active participation in the democratic process, addressing obstacles to voting and exploring ways to increase voter turnout.

- It aimed to provide insights into the intricacies of electoral systems, the importance of fair and transparent elections, and the role of different stakeholders in the process.
- By disseminating accurate and accessible information, the campaign sought to dispel myths and misconceptions about voting rights and the election process, promoting informed decision-making.

OUTCOME:

- Multiple dedicated question -and -answer sessions provided an opportunity for participants to seek clarifications, further explore key topics, and benefit from the knowledge and experiences of the speakers .
- The programme provided a platform for the participants to deepen their understanding of the importance of voting rights and the electoral process . By fostering dialogue, sharing knowledge, and exploring strategies for increasing voter engagement, the event served to empower the attendees to take an active role in strengthening democracy




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	NAME OF SEMINAR	Programme on Drug Abuse Prevention
11	Date	18th March 2019
	Place	The Golden Hall, GHBC
	Resource Person	Vanlalsailova, Malsawmi
	No of Participants	300
	Organisers	Department of Political Science, Govt Hrangbana College (GHBC) in collaboration with the Election Department, Govt of Mizoram.

The NSS Unit of Govt Hrangbana College organized a highly impactful drug abuse prevention programme in collaboration with a renowned group called "United for a Purpose"- a group comprising of Mizo youth celebrities. Held on 18th March 2019 at the Golden Hall of the college, this joint initiative aimed to raise awareness and educate the students about the consequences of substance abuse. The programme was attended by more than 300 students including teaching staff and non-teaching staff of the college.

The primary objective of the programme was to educate and empower the youth regarding the dangers of drug abuse through influential young celebrities. By leveraging their popularity and appeal, the event aimed to create a significant impact on the target audience, encouraging them to make informed choices and reject the path of substance abuse.

The event brought together a group of talented young celebrities, including popular singers, artists, models and entertainers, who were passionate about spreading awareness against drug abuse. Their involvement ensured a diverse and engaging platform for addressing the issue. To captivate the audience further, the event showcased performances from the singers. These performances served as powerful mediums to convey poignant messages, leaving a lasting impact on the participants.

The drug abuse prevention programme organized by the NSS Unit in collaboration with "United for a Purpose" left a profound impact on the participants. By utilizing the influence and charisma of young celebrities, the event successfully educated, empowered, and motivated participants to lead a drug-free lifestyle. It fostered a sense of community and instilled a desire to contribute positively to society, ultimately paving the way towards a healthier future. The NSS Unit of Govt Hrangbana College expresses its gratitude towards "United for a Purpose" and the participating youth celebrities for their invaluable contributions and support in making this programme a resounding success. Additionally, heartfelt appreciation is extended to the college administration for facilitating and endorsing this event that aimed to safeguard the well-being of the student community and beyond.




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