



# Report on Working Together to Prevent Suicide

Date: 10<sup>th</sup> September 2019

Place: Golden Hall, GHBC

Organized by: Psychology  
Department & Counselling, Career and  
Placement Cell, Govt Hrangbana College

No of Participants: 53

In commemoration of World Suicide Prevention Day, the Department of Psychology in collaboration with Counselling, Career and Placement Cell of Govt Hrangbana College organized a program focused on the theme- "Working Together to Prevent Suicide."

- ♦ The event aimed to raise awareness about suicide prevention, reduce the stigma surrounding mental health, and emphasize the importance of collaborative efforts in saving lives.
- ♦ The program sought to educate the students about the signs, risk factors, and available resources related to suicide prevention. By disseminating information and raising awareness, the event aimed to empower the participants with the knowledge needed to identify warning signs and intervene to prevent suicides.

Addressing the stigma surrounding mental health was another significant objective of the program. By promoting open discussions and providing a safe space for dialogue, the event aimed to reduce misconceptions and promote acceptance and support for individuals facing mental health challenges.

The program, "Working Together to Prevent Suicide," commemorated World Suicide Prevention Day by raising awareness and reducing stigma. By facilitating crucial discussions, sharing personal stories, the event aimed to empower the participating students in preventing suicide. The program highlighted the significance of collective action and emphasized that each person has a role to play in saving lives and supporting those struggling with mental health challenges.

