



Seminar Report: "A Way to Success"

Organized by Mizo Department, Govt Hrangbana College

Date: 28th October 2019

Venue: Conference Hall, Govt Hrangbana College

Resource Person: Lalrammawia Tochwawng, Assistant Professor, Dept of Education, MZU

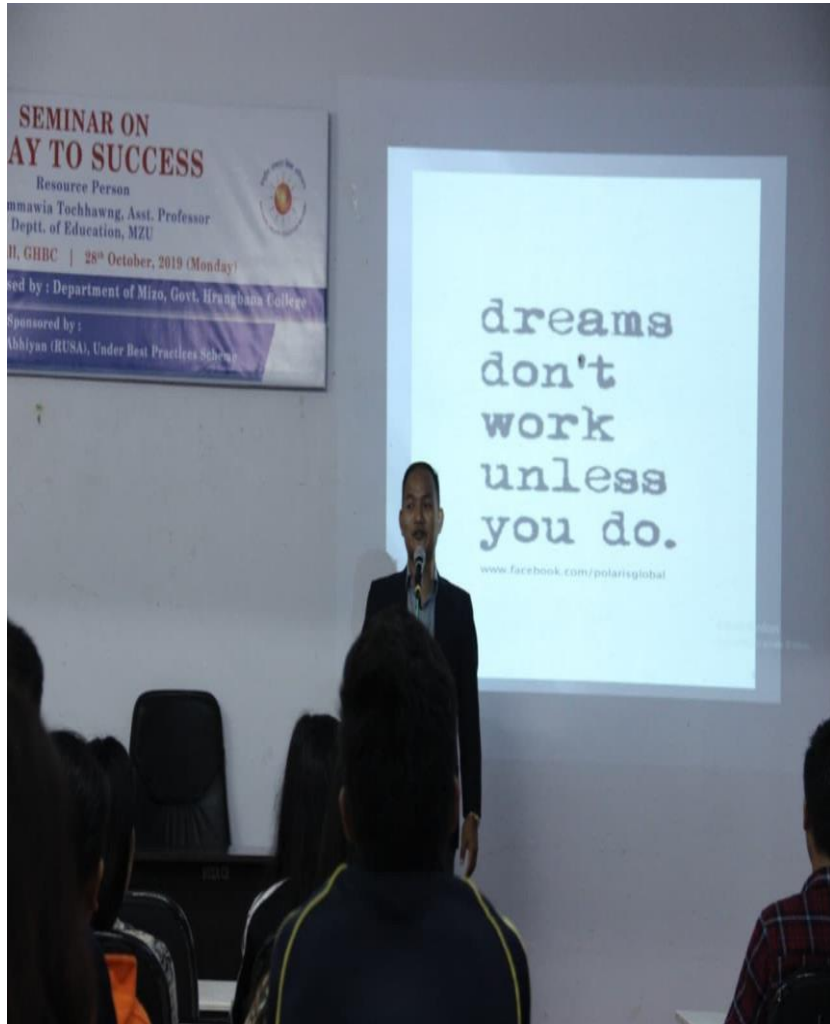
No of Participants: 68

Sponsorship: RUSA





- The seminar on "A Way to Success" was organized by the Department of Mizo, GHBC in response to the growing demand for guidance and strategies to achieve success in various areas of life. The event with its renowned motivational speaker aimed to provide the participants with practical insights and actionable steps to overcome obstacles, improve their mindset, set and achieve goals, and ultimately find their own path to success.
- The seminar targeted the students with diverse backgrounds who needed motivation and direction in their personal, academics and future goal pursuits. It would empower them with valuable knowledge and tools to navigate their journey to success.
- The seminar meant to provide the participants with insights into effective goal-setting techniques and strategies for creating actionable plans. From the seminar, the participants were expected to learn how to set specific, measurable, achievable, relevant, and time-bound goals thereby creating detailed action plans that would help them stay on track and make progress towards their objectives.



Seminar Outcomes:

- The seminar successfully achieved its intended outcomes, empowering participants with valuable knowledge and tools to navigate their journey to success.
- The speaker's anecdotes, stories of success, and practical tips instilled a sense of possibility and ignited a fire within the audience to strive for their own success.
- The seminar focused on the importance of continuous personal growth and development. The Participants learned about different avenues and resources available for expanding their knowledge, acquiring new skills, and seeking self-improvement. The seminar prompted participants to embrace a lifelong learning mindset and take proactive steps to enhance their personal and professional capabilities.



- The seminar highlighted the significance of maintaining a healthy work-life balance. Participants gained insights into the detrimental effects of burnout and the importance of self-care, setting boundaries, and nurturing personal relationships. It focused on ensuring holistic success involving both academics and work achievements and personal well-being.
- Overall, the seminar on "A Way to Success" provided the participants with valuable insights and practical strategies to strive for success in life. It emphasized the importance of mindset, goal-setting, personal growth, perseverance, and maintaining a healthy work-life balance. The seminar served as a motivation for attendees to take proactive steps towards achieving their goals and realizing their fullest potential.