

Name of the Seminar

World Suicide Prevention Day

Date and Duration

10th September, 2022

Resource Person(s)

Prof. Zothanzami

Sponsorship

Department of Clinical Psychology, MZU

In Collaboration with

Department of Clinical Psychology, MZU

Number of Participants

153



WORLD SUICIDE PREVENTION DAY 2022

**Creating Hope
Through Action**



YOU ARE CORDIALLY INVITED TO
PARTICIPATE IN THE EVENT

SEPT
SATURDAY 10 AT 11 AM
2022

AT HRANGBANA COLLEGE

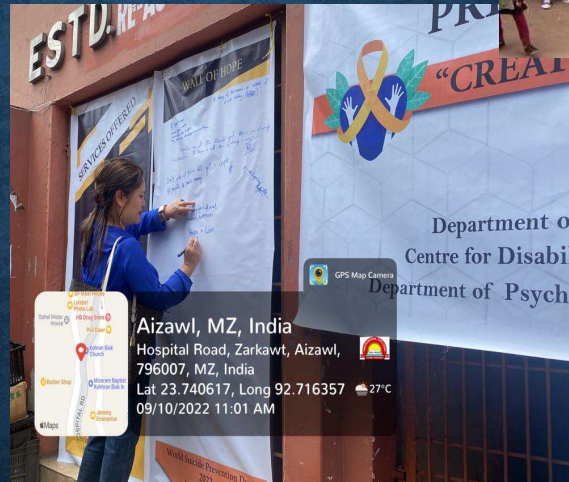
Jointly organised by:

Department of Clinical Psychology, Mizoram University
Centre for Disability Studies (CDS), Under NILD, MZU Campus
Department of Psychology, Govt. Hrangbana College, Aizawl



CONTEXT

- On 10th September, 2022, the Department of Psychology GHBC, in collaboration with Department of Clinical Psychology, Mizoram University, Centre for Disability Studies (CDS) organized an awareness programme in regards to World Suicide Prevention Day at Chanmari.
- The programme was to raise awareness about suicide prevention worldwide. The theme of WSPD 2022 is “Creating hope through action”.



OUTCOME

- Through this programme the participants were informed of the reason and need of observing the Day and learned to recognize the warning signs of a suicidal person.
- The programme was broadcasted in all media outlets in Mizoram thereby raising awareness on a much larger scale.
- The theme acted as an umbrella over the detailed campaign to remind people that suicide is no solution and there are better ways to tackle problems and live a happy life.