

Name of the Seminar

Special Lecture on Competitive Exam

Organized by

Dept of Psychology, GHBC

Date and Duration

31st October, 2022

Resource Person(s)

Lalthasangkima (MF & AS)

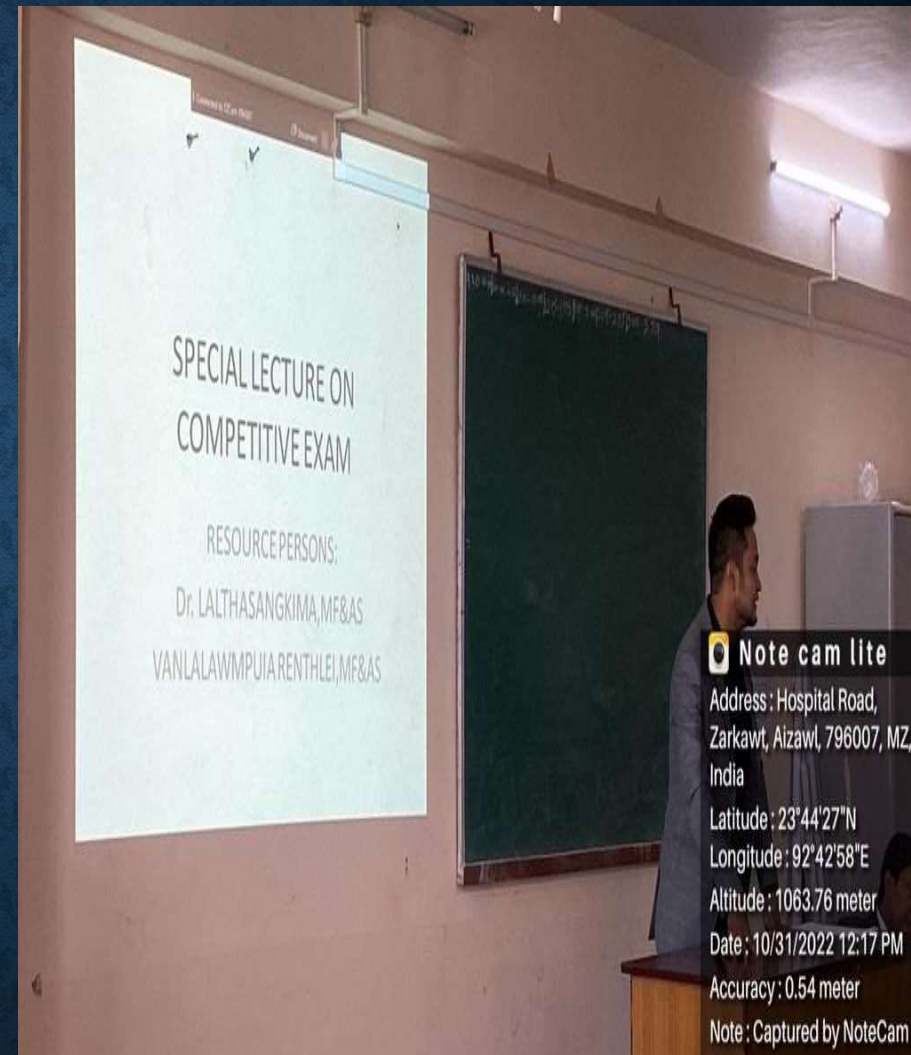
Vanlalawmpuia Renthlei (MF & AS)

Sponsorship

Institutional

Number of Participants

50



- The programme focusses on competitive examinations and what measures are needed to be taken in order to succeed. One of the Resource persons of the programme, Lalthasangkima, Officer (MF & AS) is an alum of the Dept of Psychology. Through the lectures of both the resource persons, the participants are expected to gain better knowledge of the various strategies of facing competitive exams, the struggles and challenges that can come on the way, the ways of managing time etc. It would provide insights into ways of managing stress, frustration and desperation as well. Through the experiences shared by the resource persons, it is expected that the participants are motivated and encouraged to face challenges ahead.



Note cam lite
Address : Hospital Road,
Zarkawt, Aizawl, 796007, MZ,
India
Latitude : 23°44'27"N
Longitude : 92°42'58"E
Altitude : 1066.87 meter
Date : 10/31/2022 12:18 PM
Accuracy : 0.31 meter
Note : Captured by NoteCam

OUTCOME

- The speakers identified trends, strengths, weaknesses, and areas that aspirants in general need to address.
- **Cut-off Scores:** The lectures discussed the cut-off scores or qualifying marks for different categories, helping candidates understand the minimum score required to pass competitive exams.
- **Subject-wise Analysis:** For exams with multiple subjects or sections, the lectures delved into in each subject, identifying which areas were more challenging and which ones were easier.
- **Success Stories:** The lectures included success stories of individuals thereby inspiring the participants to strive for excellence.
- **Common Mistakes:** The speakers highlighted common mistakes made by candidates, helping the audience avoid them in future exams.
- **Preparation Strategies:** Valuable insights and strategies for preparation was shared, such as time management tips, study techniques, and recommended resources.
- **Q&A Session:** An interactive Q&A session was included, allowing participants to seek clarifications, advice, and personalized guidance from the speaker.