

## Seminar Report @ 11<sup>th</sup> April 2022

*Name of the Programme*

**One Day Awareness Generation Programme on Drug Abuse Prevention**

*Date and Duration*

**One Day Programme held on 11<sup>th</sup> April 2022 at the Golden Hall of Govt Hrangbana College**

*Resource Person*

**Mr Benjamin Laltanpuia, DO, SLCA**

**Ms Lalfakawmi, Coordinator, SLCA**

**Ms Vanlalhruii, Field Staff, SLCA**

**Mr Lalrindika, Field Staff**

*Sponsorship*

**National Institute of Social Defence, Ministry of Social Justice and Empowerment,**

**Govt of India**

*Organized by*

**Mizoram Social Defence and Rehabilitation Board, Social Welfare and Tribal Affairs Dept,**

**Govt of India in collaboration with Govt Hrangbana College**

*No of Participants*

**156 Participants**

### **CONTEXT**

- Drug abuse among the youth is of a serious concern and studies show that initiation into drugs begins often during teenage years and usually peaks between 18 to 25 years and since college students fall within this range, it is therefore essential to generate awareness on the prevention of the use of drugs among the college students.
- The programme had the important objective of creating awareness and educating the students on the necessity of preventing the use and misuse of drugs and of motivating them to make the right choices.

- As tasting any drugs inculcates a habit which soon leads to addiction, the programme had the core objective of preventing the students from trying or tasting any sort of drugs
- It would create awareness and educate the students about the ill effects of drug abuse on the individual, the family and the society at large.

## OUTCOME

- The students were shown the importance of making informed decisions related to use of alcohol and other drugs.
- The programme threw light on the many consequential risks of drug abuse like violence, discontinuation of studies, risky sexual behaviour, etc.
- The programme emphasized on the awareness of choice, personal responsibility, and understanding of consequences. in deciding to use alcohol and other drugs.
- The students were enlightened with facts regarding the dangers of drug abuse and were encouraged to take the responsibility of preventing alcohol and drug-related incidents in the premises of the college.

